



Mahatma Education Society's
Pillai HOC College of Arts, Science and Commerce
Pillai HOCL Educational Campus, Rasayani
NAAC Accredited with A+ Grade in Cycle 2
(ISO 9001: 2015 Certified)



7.1.1 QLM.

Gender Equity

(A.Y. 2023-24)



Calau
Principal
Mahatma Education Society's
Pillai's HOC College of Arts,
Science and Commerce
HOC Educational Campus,
Rasayani, Tal. Khalapur,
Dist. Raigad, Pin-410 207.

Facilities for Women on Campus

WATER COOLER - CLEAN DRINKING WATER



AIR CONDITIONER



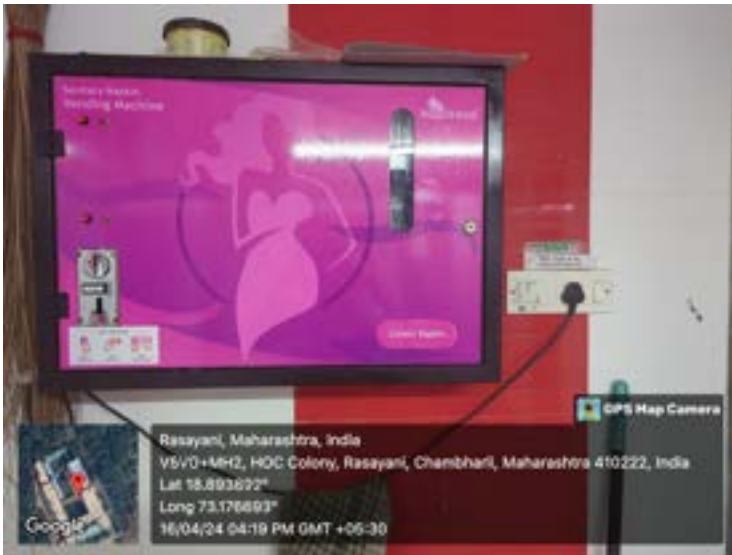
STUDENT'S WASHROOM FOR GIRLS



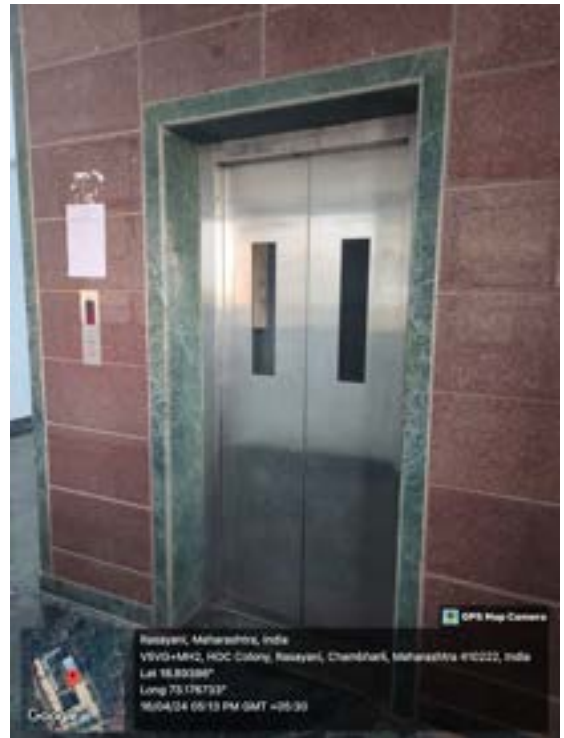
CCTV SURVEILLANCE



SANITARY NAPKIN VENDING MACHINE



LIFT



AMBULANCE SERVICE



GIRLS COMMON ROOM



BOY'S COMMON ROOM



DAY CARE FACILITY



COUNSELING ROOM



TrackAct - Activity Tracker

Name of the event :-	A Workshop on Exploring Mental Health of Females
Conducted by:-	Soroptimist Welfare Association (SWA) and Women Development Cell (WDC)
Date:-	March 11, 2024
Venue/ Online Platform:-	Conclave I, 1st floor, Architecture Building
Mapping with Vision/Mission:-	<ol style="list-style-type: none">1. To create awareness about the mental health of women.2. To help women de-stress.
Mapping with PO:-	It aims to produce graduates who will produce innovative solutions to problems, apply research skills to business challenges and communicate effectively.
Mapping with CO:-	To create awareness on basic principles of human rights through the constitutional changes and to protect the same.
Activity Falls under Criterion/Criteria: -	Criterion V
Convenor:-	Ms. Sharadha Kadam/Ms. Jyoti Shivade
Co-Convenor: - (if any)	Ms. Arushi Dube
Number of participants benefited:-	100

Report:-

**"You are more powerful than you know, you are beautiful just as you are"
— Melisa Etheridge**

The Soroptimist Welfare Association (SWA) and the Women Development Cell (WDC) of Pillai HOC College of Arts, Science and Commerce, Rasayani jointly organised a workshop titled "Exploring Mental Health of Females" on March 11, 2024 on the occasion of International Women's Day. The resource person for this event was Ms. Bushra Ansari (Assistant Professor, Motivational Speaker, Soft Skills Trainer). This workshop was a fun and interactive attempt at discussing the factors resulting in stress. This workshop was joined by both faculty members and students. It focused on societal pressures affecting women's mental health in order to stand up to societal expectations, which leads to unnecessary stress. The workshop began with understanding that "Learning" is a combination of the 3A's (Attendance, Attention, Absorption). It also compelled the participants in exploring their identities and personalities, further suggesting that we all have a kid, a teenager and an adult inside us. And how each one of us suppresses their needs and desires based on where and who we are with. It also dwelled in the realms of first impression and expression and how one focuses on others perceptions and that can hamper their thought processes and mental well being. It puts a spotlight on how one can become a great individual when they refrain from doubting their abilities.

Lastly the workshop addressed crisis management with 3Ps (Patience, Positivity, Problem Solving), feeling confident and satisfied with oneself. The session was interactive and encouraged all the members to acknowledge themselves for their abilities without succumbing to societal pressures and expectations. The session aligned with goal three (Good Health and Well-being) of the UN's Sustainable Development Goals.


Photos:-





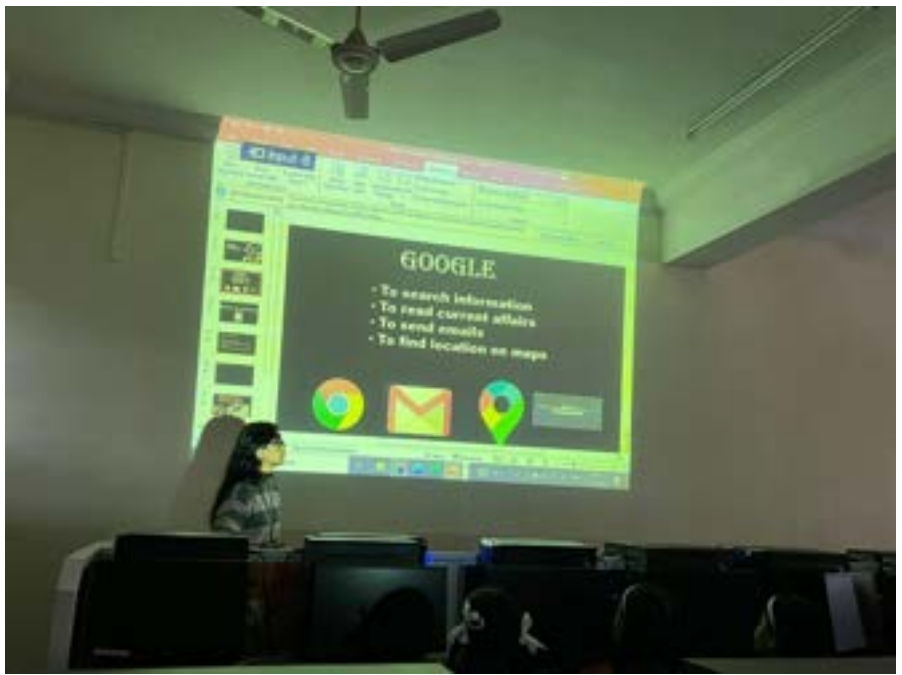
TrackAct - Activity Tracker

Name of the event:-	Digital Generation Our Generation.
Conducted by:-	Soroptimist Welfare Association (SWA) and Women Development Cell (WDC)
Date:-	October 11, 2023
Venue/ Online Platform:-	Computer lab 1, 1st floor, PHCASC Building
Mapping with Vision/Mission:-	<ol style="list-style-type: none"> 1. to provide education to all, irrespective of region, religion, caste, economic strata and academic performance thereby becoming the real catalyst for change in the society. 2. To help the students enhance their skill sets 3. To work for the personality development of the students
Activity Falls under Criterion/Criteria: -	Criterion V
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Arushi Dube
Number of participants benefitted:-	36
Report:-	<p>“To save a girl is to save generations” — Gordon B. Hinckley</p> <p>On account of International Day of the Girl Child, the Soroptimist</p>

	<p>Welfare Association (SWA) and the Women Development Cell (WDC) of Pillai HOC College of Arts, Science and Commerce, Rasayani jointly organized a guidance session titled “Digital Generation Our Generation” on October 11, 2023.</p> <p>A hands-on session was conducted for Grade VI students from Shishu Vikas Balmandir, Parade, led by enthusiastic NSS (National Service Scheme) students who volunteered to impart their knowledge. The session covered fundamental computer components, word processing skills, creative graphic design in Paint, typing proficiency, basic Excel usage for spreadsheets, digital design tools, handling PDF files, and essential internet safety practices, particularly on platforms like YouTube.</p> <p>The "Digital Generation Our Generation" event was a resounding success, offering young girls essential digital literacy skills and inspiring them to embrace technology with confidence. In alignment with the spirit of the International Day of the Girl Child, this event emphasized the importance of equipping young girls with the skills necessary for success in the digital age.</p> <p>The session aligned with goal four & five (Quality Education & Gender Equality) of the UN’s Sustainable Development Goals.</p>
<p>Photos:-</p>	









TrackAct - Activity Tracker

Name of the event :-	Minithon
Conducted by:-	SWA in collaboration with WDC of Pillai HOC College of Arts, Science & Commerce, Rasayani
Date:-	February 10, 2024
Venue/ Online Platform:-	Offline
Mapping with Vision/Mission:-	<ol style="list-style-type: none">1. To help the students enhance their skill set2. To inculcate scientific temper and civic sense
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Arushi Dube
Number of participants benefitted:-	122

Report:-

The Soroptimist Welfare Association (SWA) and the Women Development Cell(WDC) of Pillai HOC College of Arts Science and Commerce (Rasayani), jointly organised Minithon on 10th February 2024.

The event was flagged off from Pillai HOC Sports ground , Rasayani by Dr Lata Menon , Deputy CEO and Principal of PHCASC along with the esteemed guest in attendance. It was a 5 km run that took place on Saturday morning of 10th February 2024. The event aimed at building a fine cultural blend of healthy mind as well as healthy body. A total of 122 participants made the event a grand success. The enthusiastic participation of volunteers and faculty members also helped in making the event successful.

The session was aligned with Goal 3(Good health and well being) and Goal 5(Gender Equality) of the UN's sustainable goals

Photos:-






Track Act - Activity Tracker

Name of the event :-	Movie Screening(Child Marriage)
Conducted by:-	Institutional Social Responsibility, Women Development Cell & IQAC
Date:-	December 11, 2023
Venue/ Online Platform:-	Conclave II
Mapping with Vision/Mission:-	Vision- To provide education to all , irrespective of region , religion, caste,economic strata and academic performance thereby becoming the real catalyst for change in the society. Mission - To inculcate scientific temper and civic sense in students
Mapping with PO:-	Students must be able to appreciate literary text and analyse the social, economic and political factors behind the production and reception of the texts.
Mapping with CO:-	To understand different stages for social movement
Activity Falls under Criterion/Criteria :-	VII
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	--
Number of participants	210

Report:-	<p>The Institutional Social Responsibility cell, *Soroptimist Welfare Association (SWA)* and the *Women Development Cell (WDC)* of *Pillai HOC College of Arts, Science, and Commerce, Rasayani*, jointly organized a movie screening on *December 11, 2023*. This event is in accordance with the *"16 Days of Activism,"* highlighting our commitment to addressing issues related to human rights and promoting awareness and remedies within the college community.</p> <p>The Netflix film *"Sitara: Let Girls Dream"* by director *Sharmeen Obaid-Chinoy* was screened for students, telling the story of Pari navigating challenges associated with child marriages in Pakistan. The event prompted reflective discussions on girls' aspirations, empowerment, and the impact of child marriages. Overall, it served as a thought-provoking platform, emphasizing the influential role of storytelling in fostering awareness and social change. The session aligned with goal five & sixteen (Gender Equality & Peace, Justice and Strong Institutions) of the UN's Sustainable Development Goals.</p>
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Photos:-	
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Winners(if any):-	NA
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Track Act - Activity Tracker

Name of the event :-	Seminar on Human Rights Violation and its Remedies on the occasion of Human Rights Day
Conducted by:-	Institutional Social Responsibility, Women Development Cell & IQAC
Date:-	December 11, 2023
Venue/ Online Platform:-	Conclave II
Mapping with Vision/Mission:-	Vision- To provide education to all , irrespective of region , religion, caste, economic strata and academic performance thereby becoming the real catalyst for change in the society. Mission - To inculcate scientific temper and civic sense in students
Mapping with PO:-	Realized that pursuit of knowledge is a lifelong activity and in combination with untiring efforts and positive attitude and other necessary qualities leads towards a successful life.
Mapping with CO:-	To create awareness on basic principles of human rights through the constitutional changes and to protect the same
Activity Falls under Criterion/Criteria :-	VII
Convenor:-	Dr. Sheeba Rajan
Co-Convenor: - (if any)	Dr. Babita Panda -
Number of participants	210

Report:-

The Institutional Social Responsibility (ISR) and the *Women Development Cell (WDC)* of *Pillai HOC College of Arts, Science, and Commerce, Rasayani*, jointly organized a seminar titled *"Human Rights Violation and Its Remedies"* on *December 11, 2023*. This event is in accordance with the *"16 Days of Activism,"* highlighting our commitment to addressing issues related to human rights and promoting awareness and remedies within the college community.

Dr. Amitabh Sampatrao Gawale led a seminar on "Human Rights Violation and Remedies," exploring global and Indian contexts. Illustrating the universal nature of human rights, he connected them with specific constitutional articles and relevant sections of the Indian Penal Code. Real-life case studies were discussed, fostering an interactive session that empowered participants to understand the complexities of human rights challenges and their legal remedies. The seminar successfully bridged the gap between theory and practical application, providing a holistic view in a concise format. The session aligned with goal five & sixteen (Gender Equality & Peace, Justice and Strong Institutions) of the UN's Sustainable Development Goals.

Photos:-







Winners(if any):-

NA

TrackAct - Activity Tracker

Name of the event:-	Guidance Session- Empowering Minds: Strategies of Suicide Prevention and Mental Well-being
Conducted by:-	Soroptimist Welfare Association (SWA) and Women Development Cell (WDC)
Date:-	September 11, 2023
Venue/ Online Platform:-	Auditorium, 9th floor, PHCASC Building
Mapping with Vision/Mission:-	<ol style="list-style-type: none"> 1. To work for the personality development of the students 2. To inculcate in them scientific temper and civic sense
Activity Falls under Criterion/Criteria: -	Criterion V
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Priyanka Sorte
Number of participants benefitted:-	427
Report:-	<p>“Your mental health is everything — prioritize it. Make the time like your life depends on it because it does.” — Mel Robbins</p> <p>On account of World Suicide Prevention Day, the Soroptimist Welfare Association (SWA) and the Women Development Cell (WDC) of Pillai HOC College of Arts, Science and Commerce, Rasayani jointly organized a guidance session titled “Empowering Minds: Strategies of Suicide Prevention and Mental Well-being” on September 11, 2023.</p>

Ms. Ipsita Chatterjee, founder/CEO of “Thehraav....ठेहराव” and a psychologist was the speaker at the event. She has been a practitioner and researcher in the area of psychotherapy and mental health for about 7 years.

The event opened with an introduction to the theme, emphasizing the importance of addressing mental health issues within the college community. The event's goal was to provide students with practical strategies to support their mental well-being and that of their peers. Attendees were encouraged to make personal commitments to prioritize their mental health and take proactive steps in supporting their peers. The event emphasized the role of college students in advocating for improved mental health services on campus. The event concluded with a call to action, encouraging students to apply the strategies and knowledge gained during the event in their daily lives. Participants left with a deeper understanding of suicide prevention and mental well-being and a sense of empowerment to make a difference within their college community.

The session aligned with goal three (Ensure healthy lives and promote well-being for all at all ages) of the UN’s Sustainable Development Goals.

Photos:-





TrackAct - Activity Tracker

Name of the event:-	Training programme on Prevention of Sexual Harassment
Conducted by:-	Soroptimist Welfare Association (SWA) and Women Development Cell (WDC)
Date:-	December 04, 2023
Venue/ Online Platform:-	Conclave II, 3rd floor, PHCASC Building
Mapping with Vision/Mission:-	<ol style="list-style-type: none">1. to provide education to all, irrespective of region, religion, caste, economic strata and academic performance thereby becoming the real catalyst for change in the society.2. To help the students enhance their skill sets3. To work for the personality development of the students
Activity Falls under Criterion/Criteria: -	Criterion V
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Arushi Dube
Number of participants benefitted:-	193
Report:-	“To save a girl is to save generations” — Gordon B. Hinckley

The Soroptimist Welfare Association (SWA) and the Women Development Cell (WDC) of Pillai HOC College of Arts, Science and Commerce, Rasayani jointly organized a training programme titled "Prevention of Sexual Harassment" on December 04, 2023. The program aligns with our commitment to fostering a safe and inclusive college environment, coinciding with the "16 Days of Activism Against Gender-Based Violence.

The "Prevention of Sexual Harassment" training aimed to instill awareness and understanding among students. Focusing on gender equality, the program elucidated that both males and females can be victims of harassment and underscored the importance of recognizing and addressing such behavior. Legal frameworks, including the Sexual Harassment of Women at Workplace Act, were explained to highlight the protection afforded to individuals of all genders.

The training delved into the nuances of welcoming and unwelcoming behavior, promoting workplace etiquette to maintain a respectful environment. Practical examples were provided to help participants identify various forms of harassment. The Internal Complaints Committee (ICC) rules and regulations, emphasizing a three-month window for complaints and outlining the entire resolution process, were elucidated. Consequences for offenders were detailed, and case studies were presented to underscore the severity of sexual harassment and the importance of timely reporting. The training proved instrumental in equipping participants with the knowledge needed to prevent and address instances of sexual harassment within the college community.

The session aligned with goal five & sixteen (Gender Equality & Peace, Justice and Strong Institutions) of the UN's Sustainable Development Goals.

Photos:-





GPS Map Camera
Rasayani, Maharashtra, India
V5VG+6J7, HOC Colony, Rasayani, Chambharli, Maharashtra
410222, India
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GPS Map Camera
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Google

GPS Map Camera

Rasayani, Maharashtra, India

V5VG+6J7, HOC Colony, Rasayani, Chambharli, Maharashtra

410222, India

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Long 73.176662°

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TrackAct - Activity Tracker

Name of the event:-	Guidance Session- Creating Hope Through Action
Conducted by:-	Soroptimist Welfare Association (SWA) and Women Development Cell (WDC)
Date:-	September 11, 2023
Venue/ Online Platform:-	Auditorium, 9th floor, PHCASC Building
Mapping with Vision/Mission:-	<ol style="list-style-type: none">1. To work for the personality development of the students2. To inculcate in them scientific temper and civic sense
Activity Falls under Criterion/Criteria: -	Criterion V
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Priyanka Sorte
Number of participants benefitted:-	709
Report:-	<p>“There is hope, even when your brain tells you there isn’t.” — John Green</p> <p>On account of World Suicide Prevention Day, the Soroptimist Welfare Association (SWA) and the Women Development Cell (WDC) of Pillai HOC College of Arts, Science and Commerce, Rasayani jointly organized a guidance session titled “Creating Hope through Action” on September 11, 2023.</p>

Ms. Komal Haware, Clinical Psychologist, RCI Certified Counsellor with over 12 years of experience was the speaker of the session. The event commenced with an introduction to World Suicide Prevention Day and its global significance. The theme, "Creating Hope Through Action," was introduced to set the tone for the session. Participants were made aware of the critical role they play in addressing this pressing issue. The concept of hope as a driving force for change was explored. Participants learned how hope can play a crucial role in recovery and healing. The importance of seeking professional help and the role of counselling and therapy in restoring hope was emphasized. Participants were encouraged to take action at the individual level through self-care practices and seeking help when needed. The significance of building strong community support networks and reducing the stigma around mental health was highlighted. Advocacy efforts for mental health awareness, improved access to mental health services, and supportive policies were discussed as essential actions. Information about local and national mental health resources, crisis helplines, and support organizations was provided to participants. They were equipped with knowledge on how to help someone in crisis and how to access professional assistance. The session concluded with a summary of key takeaways, emphasizing the ongoing efforts required for suicide prevention and mental well-being. The session aligned with goal three(Ensure healthy lives and promote well-being for all at all ages) of the UN's Sustainable Development Goals.

Photos:-





Rasayani, Maharashtra, India

VSVG+JGV, HOC Colony, Rasayani, Chambhari, Maharashtra 410222, India

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Rasayani, Maharashtra, India

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Lat 18.894°
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Mohpada Alias
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India
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Note: Captured by GPS Map Camera

TrackAct - Activity Tracker

Name of the event :-	Yoga Shivar
Conducted by:-	SWA in collaboration with WDC of Pillai HOC College of Arts, Science & and Commerce, Rasayani
Date:-	June 20, 2023
Venue/ Online Platform:-	Auditorium, 9 th Floor, PHCASC Building
Mapping with Vision/Mission :-	1. To help the students enhance their skill set 2. To work for the personality development of the students.
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Arushi Dube
Number of participants benefitted:-	335

Report:-

To commemorate International Yoga Day 2023, **The Soroptimist Welfare Association (SWA)** in association with the Women Development Cell (WDC) of Pillai HOC College of Arts,

Science, and Commerce, Rasayani successfully organized Yoga Shivar for all the students.

Every year on June 21, the globe celebrates International Yoga Day to bring attention to this age-old discipline and to recognise the benefits yoga has had on people's physical and spiritual well-being. Yoga is a practise that is effective for calming the body and mind and enhancing one's immune system.

The event's resource person was chief yoga instructor Mr. Ram Palat Yadav, a former navy officer who is currently employed by Patanjali. At 10:30 am, the event began with the lighting of the lamp by Dr. Lata Menon, the principal and the resource person.

All of the students participated in warm-up activities and practised both sitting and standing asanas while simultaneously hearing explanations of their significance. The event concluded by 12:30 pm with a formal vote of thanks. This event was attended by 335 students across all streams thereby making it a grand success.

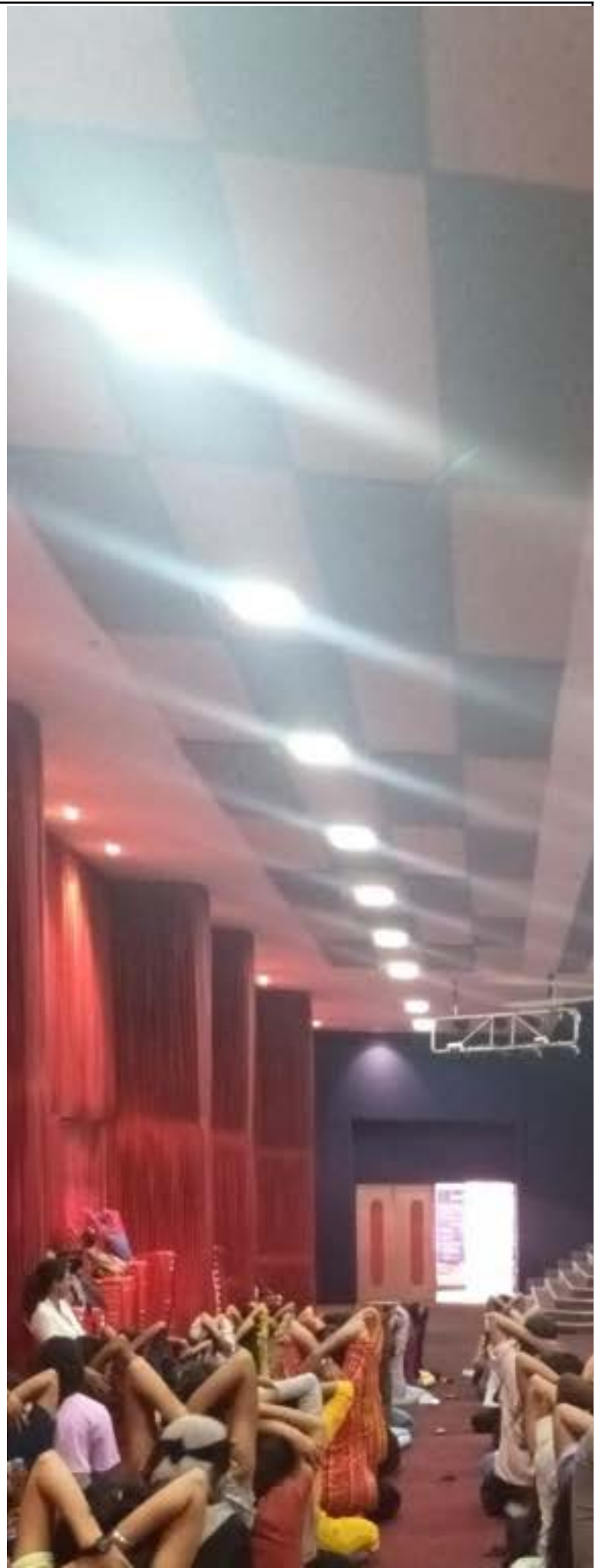
Photos:-



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Raigad, Maharashtra, India
V5VG+FGH, HOC Colony, Raigad, Maharashtra 41
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Long 73.176776°
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Mahatma Education Society's
Pillai HOC College of Arts, Science and Commerce
Pillai HOCL Educational Campus, Rasayani
Re-accredited 'A+' Grade by NAAC (CGPA 3.26, 2nd Cycle)
(ISO 9001: 2015 Certified)



Annual Gender Sensitization Action Plan 2023-24

Pillai HOC College of Arts, Science and Commerce, Rasayani is one of the affiliated colleges to the University of Mumbai and is also regarded as one of the best colleges in Raigad district. Our college treats the safety and security of its students, faculty and staff as a very serious responsibility and shoulders it ably and with no compromise.

The commitment:

1. Gender equality on campus for all activities.
2. Equal participation and opportunity for all genders.
3. Zero tolerance on the issues of sexual discrimination and abuse.
4. Establishment of formal mechanism to deal with the issues related to sexual discrimination and abuse.
5. Conduct of gender awareness and sensitization activities on a regular basis.

Action and related bodies:

Involved bodies in gender sensitization:

1. Women Development Cell
2. Internal Complaint Committee
3. College Grievance Redressal Cell
4. Counseling Cell
5. National Service Scheme
6. Youth Red Cross
7. Institutional Social Responsibility cell



C. D. Saw

Principal

Mahatma Education Society's
Pillai's HOC College of Arts,
Science and Commerce
HOC Educational Campus,
Rasayani, Tal. Khalapur,
Dist. Raigad. PIN-415 207.



Mahatma Education Society's
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Gender Sensitization Plan of AY 2023-24

Sr. No.	Name of the Event	Date
1	Yog Shivr	June 22, 2023
2	World Suicide Prevention Day - Creating hope through action & Empowering minds- Strategies for Suicide Prevention & Mental Well BEing	September 11, 2023
3	International Day of the Girl Child - Digital Generation Our Generation	October 11, 2023
4	Prevention of Sexual Harassment	December 04, 2023
5	Child Marriage - Movie Screening	December 11, 2023
6	Human Rights Day	December 11, 2023
7	Minithon	February 10, 2024
8	International Women's Day - Exploring Mental Health of Females.	March 11, 2024



Lata Menon
Dr. Lata Menon

Principal
Mahatma Education Society's
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