Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani (Accredited by NAAC and ISO 9001:2015 Certified)

7.1.4 QIM. Inclusion, Situatedness, Human values & professional ethics

(From A.Y. 2017-18 to A.Y. 2021-22)

Rasayani a

Principal
Mahatma Education Society's
Pillal's HOC College of Arts
Science and Commerce
HOC Sducarional Campus,
Rassyani, Tal. Khalapur,
Dist Raigad, PM - 410 207

Track Act - Activity Tracker	
Name of the event:	KARGIL VIJAY DIWAS
Conducted by:	Research and Innovative Cell and UBA Team
Date:	26 July 2022
Venue / Online	7th Floor, PHCASC Building
Platform:	11001, 1 Heriot Building
Activity Falls under	Criterion VII
Criterion/Criteria:	
Convenor:	Ms. Archana Bhagwat
Co-Convenor (If	Mr. Shreejith Nair
Any):	,
Number of	Students from DIICASS and families
participants benefitted:	Students from PHCASC and faculty
benefitted.	On July 26,2022, To Commemorate India's victory, Institutional Social
Report:	Responsibility(ISR) under the banner of Unnat Bharat Abhiyan(UBA) in association with Internal Quality Assurance Cell (IQAC) of Pillai HOC College of Arts, Science & Commerce, Rasayani Jointly organize 75 Azadi ka Amrit Mahotsav and celebrated Kargil Vijay Diwas. To commemorate Kargil Vijay Diwas, All the students and faculty members of PHCASC, Saluted and Paid their heartfelt homage to the martyrs of Indian Armed Forces who sacrificed their lives and won the war at Kargil on 26 July 1999. It was done with the view to salute the real heroes of the nation and inspire the students for a patriotic cause. 'Remembering their sacrifice', 'Rejoicing the victory' and 'Renewing the pledge', The National Anthem brought the event to a close at 2:40 P.m.
Photos:	CPS Map Camera

Raigad, Maharashtra, India

Lat 18.894495°

Long 73.176816°

26/07/22 01:50 PM

V5VG+FGH, HOC Colony, Raigad, Maharashtra 410207, India

SBL

Google

Pillai HO

Of Engine







Winner (If Any):

	Tracivity Tracker
Name of the event :-	Rangoli Making Competition under Unnat Bharat Abhiyan
Conducted by:-	ISR & IQAC
Date:-	August 5, 2022
Venue/ Online Platform:-	8 th Floor, AV Room
Activity Falls Under Criterion/Criteria:	Criterion VII
Convenor:-	Ms. Archana Bhagwat
Co-Convenor: -(if any)	Ms. Kranti Vartak
Number of Participants:-	6
Report:-	On 8 August 2022, Institutional Social Responsibility under the banner of Unnat Bharat Abhiyan in association with Internal Quality Assurance Cell jointly organizes Rangoli Making Competition. Our Students Made wonderful rangolis. The students expressed their views and thoughts about the great leaders as well as on Independence day by drawing, writing slogans and quotes. One could see and feel the enthusiasm that the students had in their presentation. This activity kept the student engaged and it was organized to Explore and encourage creativity in students and offer them a platform to showcase their skills. It inspired them to think and work creatively in order to promote artistic excellence. We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.





Winners(if any):-

- 1) Ms. Rutuja Ramesh Kurangale (TY BAF) 2) Mr. Shruti Gajarmal and Ms. Aditi Parange (SY BAMMC) 3) Ms. Aachal Kashiprasad Gaud (SY BSC)

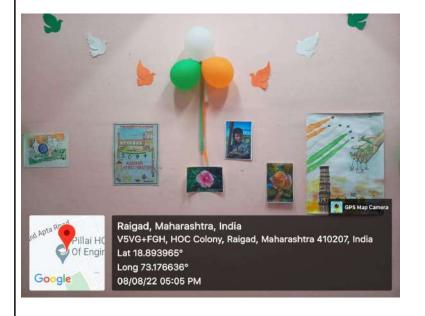
Name of the event :-	Poster Competition under Unnat Bharat Abhiyan
Conducted by:-	ISR & IQAC
Date:-	August 8, 2022
Venue/ Online Platform:-	8 th Floor, AV Room
Activity Falls under Criterion/Criteria:	Criterion 7
Convenor:-	Ms. Archana Bhagwat
Co-Convenor: - (if any)	Ms. Kranti Vartak
Number of participants	8
Report:-	On 8 August 2022, Institutional Social Responsibility under the banner of Unnat Bharat Abhiyan in association with Internal Quality Assurance Cell jointly organizes Poster Making Competition. Our Students Presented their art through beautiful posters. The students expressed their views and thoughts about the great leaders as well as on Independence day by drawing, writing slogans and quotes. One could see and feel the enthusiasm that the students had in their presentation. This activity kept the student engaged and it was organized to Explore and encourage creativity in students and offer them a platform to showcase their skills. It inspired them to think and work creatively in

order to promote artistic excellence.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

Photos:-







Report_Track act

Name of the event :-	One Day Trek to 'Sondai Fort' on Mountain Climbing Day
Conducted by:-	Nature's Club
Date:-	August 01, 2022
Venue/ Online Platform:-	Sondaiwadi Village
Activity Falls under Criterion/Criteria:	Criterion 7
Convener:-	Ms.Neethumol K G
Co-Convener: -	Mr.Ravi Bari
Number of participants benefitted:-	85
Report:-	<u>Report</u>
	The Nature's Club in association with Internal Quality Assurance Cell(IQAC) of Pillai HOC College of Arts, Science and Commerce, Rasayani, successfully organized One day Trek to "Sondai Fort" for students of PHCASC on August 01, 2022. Total 85 students from various departments participated in this activity. This competition intends to encourage students to observe "Mountain Climbing Day". Team left the college campus at 10:30 am and reached the Sondaiwadi around 11:30 am. Trekking activity began at 11:45 and

students reached at the top around 1:00 pm. After having refreshments team started descending and reached the base at 2:45 pm from there team left for college and reached around 3:45 pm. Overall this was an amazing activity and all the students enjoyed the beautiful views.

Photos:-





11	ackact - Activity Tracker
Name of the event :-	KARGIL: A Tribute To Soldiers, A Message To Youth
Conducted by:-	NSS & IQAC
Date:-	July 26, 2021
Venue/ Online Platform:-	Zoom
Activity Falls under Criterion/Criteria: -	Criterion 7
Convenor:-	Ms.Kalavati Upadhyay (NSS) & Ms.Remaya Madangopal(IQAC)
Co-Convenor: - (if any)	Hardik Dave(NSS)
Number of participants	244
Report:-	Mahatma Education Society's
	Pillai HOC College of Arts, Science and Commerce, Rasayani
	<u>REPORT ON KARGIL VIJAY DIWAS</u>
	The following Report is based on the Webinar conducted by the IQAC and NSS unit of Pillai HOC College of Arts, Science and Commerce on 26 th July, 2021. We would like to express our gratitude towards our keynote speaker for webinar Col.Gaurav Chaturvedi (Retired Colonel -7 th Battalion The Regiment Commission 1991). Kargil Vijay Diwas is commemorated every 26th July in India, to observe India's victory over Pakistan in the War of 1999 for the liberation of sections of Kargil District in Ladakh from Pakistanis on 26th of July. On this

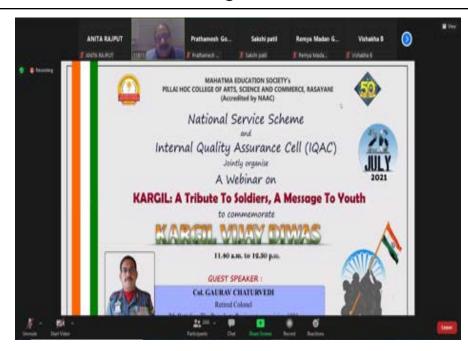
date, India successfully took command of the high outposts.

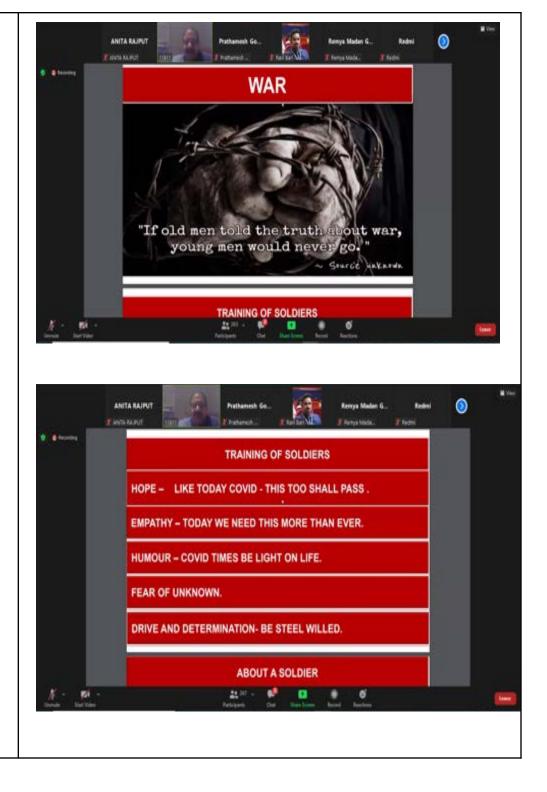
Kargil Vijay Diwas is celebrated on 26 July every year in honour of the Kargil War's Heroes. This day is celebrated in the Kargil—sector and the national capital, New Delhi, where the Prime Minister of India pays homage to the soldiers at Amar Jawan Jyoti at India Gate every year. Functions are also organized all over the country to commemorate the contributions of the armed forces.

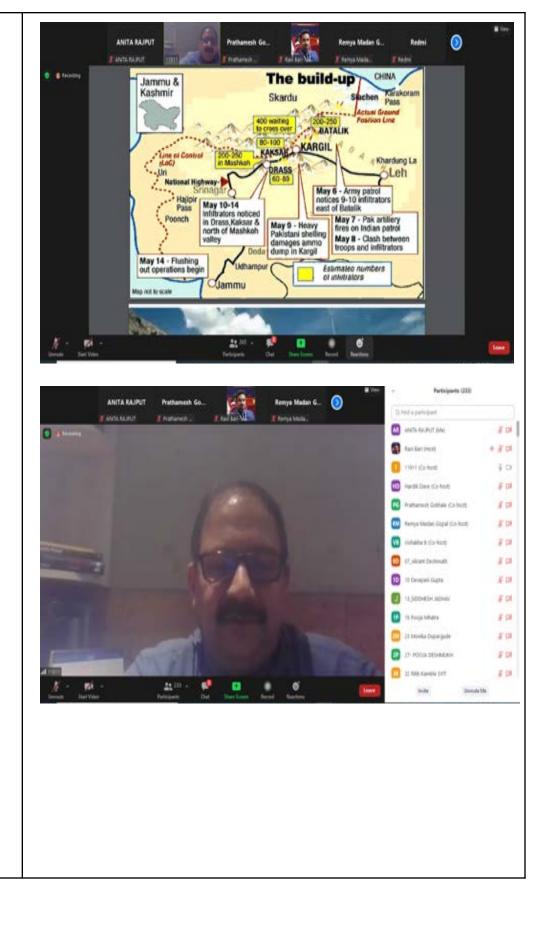
We thank all the faculty members for their constant support to make this event successful. We also thank our Principal Dr Lata Menon Ma'am for her support and guidance. We would like to place on record our appreciation to our Vice-Principal.

Total Registration: 322

Photos:





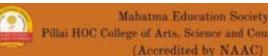


Name of the event:-	Constitution Day of INDIA
Conducted by:-	Departments of B.Sc. IT & CS
Date:-	26-11-2021
Venue/ Online Platform:-	Google Form
Activity Falls under Criterion/Criteria:	Criterion VII
Convenor:-	Ms. Ashwini Khillari
Co-Convenor: -	-
Number of participants benefitted:-	15
Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani Departments of Bsc IT & CS of Pillai HOC College of Arts, Science and Commerce, Rasayani had organized an essay writing competition on 26 November, 2021. The objective mentioned in the preamble of our constitution which are justice, liberty, equality to all citizens. A total 15 students participated in this event. E- Certificates were issued to all participants and Winners.

We owe a great deal of gratitude to Dr. Lata Menon, Principal, PHCASC for her constant support and guidance. We would like to place on record appreciation towards our Vice-Principal Mr. Binit Kumar.

Thanks & Regards, Departments of Bsc IT & CS, PHCASC

Photos:-



Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani



Departments of Information Technology and

Computer Science in association with Internal Quality Assurance Cell (IQAC)

organise

An **Essay Writing Competition** to observe

Constitution Day of India

Friday, November 26, 2021 TIME: 10:00 AM - 10:00 PM

For further details, please contact:

Ms. Ashwini Khillari (+91 9860809283)

Rules for submission

- 1. The essay should be an original one.
- 2. The essay should be written in English.
- Word limit is between 300 to 500 words.

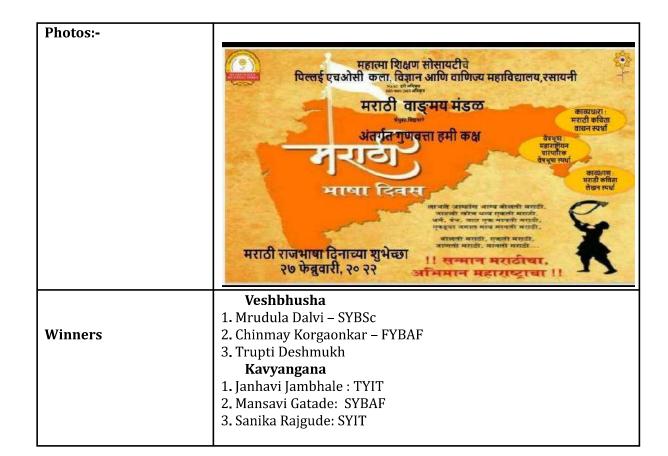




Winners(if any):-

Rutuja More (FY Data Science) 1st Position Jyoti Patel (FY BAF) 2nd Position Abhishek Pandey (FY MSCIT) 3rd Position

Name of the event :-	Kavyangana: Marathi Poem Writing competition Veshbhusha: Marathi Traditional Dress competition Kavydhara: Marathi poem recitation competition
Conducted by:-	Marathi Vangmay Committee
Date:-	February 27,2022 to March 5 ,2022
Venue/ Online Platform:-	Online
Activity Falls under Criterion/Criteria:-	Criteria VII
Convenor:-	Dr Vishakha T
Co-Convenor: - (if any)	
Number of participants benefitted:-	Kavyangana : 6 Veshabhusha : 8 Kavyadhara : 0
Report:-	Report on Marathi Bhasha Diwas The Marathi Vangmay Committee of Pillai HOC College of Arts Science and Commerce, Rasayani celebrated Marathi Bhasha Diwas on February 27, 2022. Marathi Language Day is celebrated on February 27 every year across all of Maharashtra and Goa after the required regulations implemented by the respective state governments to observe the birth anniversary of the eminent Marathi poet Vishnu Vaman Shirwadkar. He wrote a lot about freedom, justice, and social evils like poverty, social injustice, etc. The following events were conducted to celebrate this day: Kavyangana: A Marathi Poem writing competition Veshbhusha: A Maharashtrian traditional dress competition Kavyadhara: Marathi Poem recitation competition Students from various streams participated in all the activities. A total of six participants submitted Marathi poems in handwriting. Moreover, 8 participants registered themselves for Veshabhusha.



	TrackAct - Activity TrackCr
Name of the event :-	Human Rights Day
Conducted by:-	NSS & IQAC
Date:-	December 11 , 2021
Venue/ Online Platform:-	PHCASC
Activity Falls under Criterion/Criteri a: -	III
Convenor:-	Ms. Kalavati Upadhyay
Co-Convenor: - (if any)	Hardik dave
Number of participants	08
Report:-	NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a Activity on Human Rights day on December 10, 2021. Human rights are the basic rights every human being is entitled to. Every year, Human Rights Day is celebrated across the world on December 10 'to commemorate the adoption of the Universal Declaration of Human Rights (UDHR)'. The theme for this year was 'Reducing inequalities and advancing human rights. Many volunteers participated enthusiastically in the activity. The activity was organised by the NSS Program Officer, the overall supervision and guidance of NSS members at College campus. To sensitise and educate the NSS volunteers about the importance of human rights and the need to protect and promote them, NSS unit ask students to make signages based on equality and do awareness about reducing in inequalities. We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to

students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

Photos:-





Winners(if any):-

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<u>TrackAct - Activity Tracker</u>

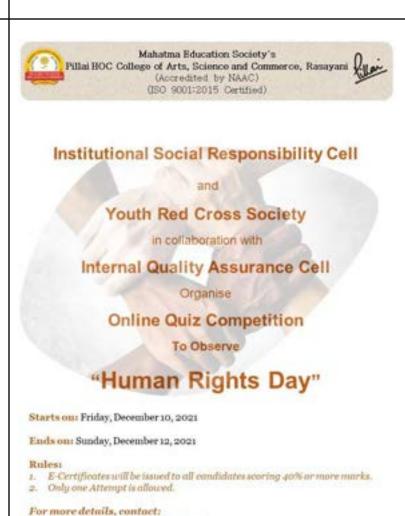
Name of the event:-	An Online Intercollegiate Quiz Competition
0111	Institutional Description in the Call Venth Ded Cores Cosister and
Conducted by:-	Institutional Responsibility Cell, Youth Red Cross Society and IQAC, PHCASC
Date:-	10 to 12 December 2021
YY	
Venue/ Online Platform:-	Google form
Flauoi III	
Activity Falls under	Criterion VII
Criterion/Criteria:-	
	Dr. Archana Bhagwat
Convenor:-	Di. Archana Bhagwat
Gonvenori	
	Mr. Ravi Bari
Co-Convenor: -	
	197
Number of	
participants	
benefitted:-	
Demonts	Mahatma Education Society's
Report:-	Pillai HOC College of Arts, Science and Commerce, Rasayani
	Donost on "An Online Intercellegists Online Commetition"
	Report on "An Online Intercollegiate Quiz Competition"
	To mark and observe the Human Rights Day, Institutional Social
	Responsibility Cell and Youth Red Cross Society in association with Internal Quality Assurance Cell (IQAC) of Pillai HOC
	College of Arts, Science and Commerce, Rasayani had organized
	an Online Quiz Competition for students from 10 to 12 December 2021 through Google form.
	The objective of this quiz is to bring awareness about the importance of human rights.
	A total of 197 participants attempted this quiz. The participants who scored 40% and above were awarded with E-Certificate.

We owe a great debt of gratitude to Dr. Lata Menon, Principal, PHCASC for her constant support and guidance. We would like to place on record our appreciation of efforts always poured in by our Vice-Principal, Mr. Binit Kumar.

Also we would like to acknowledge the coordinators, the entire organising team of event as well as our faculty members of PHCASC for making it a grand success.

Regards, ISR Cell, YRC & IQAC

Photos:-





Dr. Archana Bhagwat (+91 7977628390) Mr. Ravi Bari (+91 9594596460)

Certificate of Barticipation

The extraorgy that, ((Yull Name))

of Pillal HOC College of Arts Science and Commune, Rassigned has reconfully participated in an Online Quiz Competition (seeing ryanized by The Institutional Social Responsibility (ISBN Cell and South Red One Society in cellularation with The Internal Quality Assertory Coll (IQAC) to shorter Human Rights Day on \$564c)

Winners(if any):-	NA

<u>TrackAct - Activity Tracker</u>

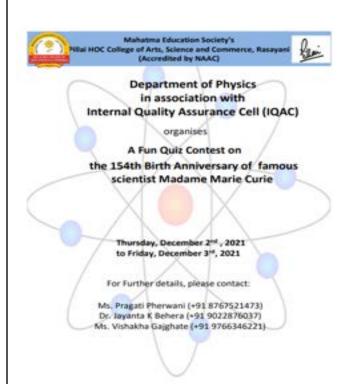
Name of the event:-	A fun Quiz Contest on the 154th Birthday celebration of Famous Scientist Madam Marie Curie
Conducted by:-	IQAC and Department of Physics
Date:-	2nd to 3rd December 2021
Venue/ Online Platform:-	Google form
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Pragati Mukesh Pherwani
Co-Convenor: -	Dr. Jayanta Kumar Behera Ms. Vishakha Ghjghate
Number of participants benefitted:-	51
Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani
	Report on "A Fun Quiz on te 154 th Birth Anniversary Celebration of famous scientist Madame Curie"
	To mark and observe the Birth Anniversary of Madame Curie, Internal Quality Assurance Cell (IQAC) and Department of Physics of Pillai HOC College of Arts, Science and Commerce, Rasayani had organized a Fun Quiz Competition for students from 2 nd to 3 rd December 2021 through Google form.
	The objective of this quiz was to spread awareness and inspire students from the life and times of the remarkable scientist Madame Curie.

A total of 51 participants attempted this quiz. The participants were awarded an E-certificate for participation.

We owe a great debt of gratitude to Dr. Lata Menon, Principal, PHCASC for her constant support and guidance. We would like to place on record our appreciation to our Vice-Principal.

Also, we would like to thank our coordinators and the entire organising team of the event and all faculty members of PHCASC for their support and encouragement that made the event successful.

Photos:-





Name of the event:-	An Online Quiz Competition
	IOAC - J. L. L. C. D. D. L. L. C. D. DUCACC
Conducted by:-	IQAC and Institutional Responsibility Cell, PHCASC
Date:-	26 to 28 November 2021
Venue/ Online Platform:-	Google form
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Dr. Archana Bhagwat
Co-Convenor: -	Ms. Remya Madan Gopal
Number of participants benefitted:-	137
Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani
	Report on "An Online Quiz Competition" To mark and observe the Constitution Day, Internal Quality Assurance Cell (IQAC) and Institutional Social Responsibility Cell of Pillai HOC College of Arts, Science and Commerce, Rasayani had organized an Online Quiz Competition for students from 26 to 28 November 2021 through Google form. The objective of this quiz was to spread awareness and encourage students to understand the importance of constitution. A total of 137 participants attempted this quiz. The participants who scored 40% and above were awarded with E-Certificate.

We owe a great debt of gratitude to Dr. Lata Menon, Principal, PHCASC for her constant support and guidance. We would like to place on record our appreciation to our Vice-Principal. Also we would like to acknowledge the coordinators, the entire organising team of event as well as our faculty members of PHCASC for making it a grand success. Regards, ISR team Photos:-Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani (Accordant by NAAC) Institutional Social Responsibility Cell and Internal Quality Assurance Cell (IQAC) Jointly organize An Online Quiz Competition To observe The Constitution Day Duration of the Competition - 26 to 28 November 2021. Mahatraa Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani (Accredited by NAAC) Certificate of Participation {{Full Name}} of ((Other identified) has municipally participated in an Online Quiz Computition juntily equation by Institutional Social Appointfulty Cell and Internal Quality Assurance Cell (1026C) to observe the Constitution Day from 26 to 28 November, 2021. Dr. Lata Menoe

Winners(if any):-

NA

<u>TrackAct - Activity Tracker</u>

Name of the event:-	An Online Quiz Competition to observe Zero Discrimination Day
Conducted by:-	Institutional Responsibility Cell, PHCASC
Date:-	01 to 03 March 2022
Venue/ Online Platform:-	Google form
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Dr. Archana Bhagwat
Co-Convenor: -	Ms. Remya Madan Gopal
Number of participants benefitted:-	202
Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani Report on "An Online Quiz Competition to observe Zero Discrimination Day"
	To mark and observe the Zero Discrimination Day, Institutional Social Responsibility Cell and Internal Quality Assurance Cell (IQAC) of Pillai HOC College of Arts, Science and Commerce, Rasayani had organized an Online Quiz Competition for students from 01 to 03 March 2022 through Google form.
	On this day, we celebrate everyone's right to live a fully productive life coupled with dignity and honour. Zero Discrimination Day highlights on how people can become well informed and promotes inclusion, compassion, peace and, above all, a movement for change.

Theme of this year: Remove laws that harm, create laws that empower

A total of 202 participants attempted this quiz. The participants who scored 40% and above were awarded with E-Certificate.

We owe a great debt of gratitude to Dr. Lata Menon, Principal, PHCASC for her constant support and guidance. We would like to place on record our appreciation to our Vice-Principal.

Also we would like to acknowledge the coordinators, the entire organising team of event as well as our faculty members of PHCASC for making it a grand success.

Regards, ISR team

Photos:-





Winners(if any):-

NA

	Trackact - Activity Tracker
Name of the event :-	Constitution Day
Conducted by:-	NSS & IQAC
Date:-	November 26, 2021
Venue/ Online Platform:-	PHCASC
Activity Falls under Criterion/Criteri a: -	VII
Convenor:-	Ms. Kalavati Upadhyay
Co-Convenor: - (if any)	Hardik Dave
Number of participants	All Students of institution Present that day
Report:-	NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a Activity on Constitution Day. Constitution day is celebrated through NSS on the 26/11/2021 in Pillai HOC College of Arts, Science and Commerce, Rasayani. The Preamble to the Constitution read out by CR of Each Class . All the students and staff followed the Preamble.Constitution Day (or Samvidhan Divas), also known as National Law Day, is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950. We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and teaching staff. We are also grateful to our Vice Principal, Prof. Binit

Kumar and to all our colleagues for their cooperation to make the event successful.

Photos:-







<u>TrackAct - Activity Tracker</u>

Name of the event :-	Independent India @ 75: Self-Reliance with Integrity (Vigilance Awareness Week 2021)
Conducted by:-	Internal Quality Assurance Cell (IQAC)
Date:-	October 27 to November 1, 2021
Venue/ Online Platform:-	Google Form
Activity Falls under Criterion/Criteria: -	Criterion 7
Convenor:-	Ms. Vishakha Telgote
Co-Convenor: - (if any)	Ms. Remya Madan Gopal
Number of participants benefitted:-	
Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce , Rasayani
	Report on Vigilance Awareness Week 2021 Independent India @ 75: Self-Reliance with Integrity
	The Internal Quality Assurance Cell (IQAC) of Pillai HOC College of Arts, Science and Commerce, Rasayani organised a six-day contest for undergraduate and post-graduate students between October 27, 2021 to November 1, 2021.

A total of three contests were conducted. The main objective of the contests was to promote integrity, transparency and accountability within the nation and also help students become aware of the gravity of corruption and the threat it is to the society.

The contests received active responses from various students across all the streams.

Mentioned below are the contests conducted:

Quiz Competition

The quiz competition was held with the theme 'corruption'. All the questions asked were related to the same. A total of 11 students attempted the Quiz competition.

Poster Making Competition

This competition was held under themes 'Satark Bharat' and 'Samariddh Bharat'. Various topics were suggested for inspiration to the students. They are mentioned below:

- a. Social Welfare
- b. Fight against Social Evil
- c. Covid-19 Prevention
- d. Corruption a Major Hindrance
- e. Women's Security
- f. Make in INDIA

Essay Writing Competition

The essay writing competition was held under the theme of the above mentioned event. Students could submit their essay in English, Hindi and Marathi.

A document containing instructions for participation was shared with the student through Whatsapp by faculty members.

E-certificates were shared with the winners and participants.

The names of the Winners are mentioned below:

- a. Nikita Chafekar (SYBSC-IT)- Winner for Essay Writing Competition (Marathi).
- b. Aniruddha Chavan (FYBSC-Data Science)-Winner for Poster Making Competition (Digital Poster).

Photos:-Mahtatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani [Accredited By NAAC] INTERNAL QUALITY ASSURANCE CELL [IQAC] ORGANISES Contests for Undergraduates & Post Graduate students TO OBSERVE "Vigilance Awareness Week 2021" Theme: "Independent India @ 75 Self Reliance with Integrity" · Poster Making Competition · Start Date: October 27, 2021 · Quiz Competition · End Date: November 1, 2021 · Essay Writing Competition For further quries, please contact us on: Dr. Vishakha Telgote 9867142709 Mr. Ravi Bari 9594596460 MS. Remya Madan Gopal 9958624503 Winners(if any):-1st -2nd -

3rd -

Name of the event	Essay Writing Competition 2020-21
:-	
Conducted by:-	IQAC and English Literary Association in collaboration with the Departments of English and History
Date:-	March 20, 2021
Venue/ Online Platform:-	G meet Webinar
Activity Falls under Criterion/Criteria:-	VII
Convenor:-	Mrs. Pallavi Shantanu Patil
Co-Convenor: - (if any)	
Number of participants benefitted:-	15

Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani Report on Essay writing Competition The departments of English in collaboration with the English Literary Association and IQAC organised Essay writing Competition 2020-21 on March 20, 2021. The topics competition were Effects of competition in education and career growth, Substitution for paper money and a perspective on technological development. Around 15 students participated in this event in which three winners were awarded. All the participants were awarded with certificate of participation and winners were awarded with Certificated of Achievement. The essay were evaluated based on originality, uniqueness, creativity.
Photos:-	Essay Competition 2020-21 - Google Drive
Winners(if any):-	1st –Irfan Hiba 2nd –Ruksar Mulla 3rd -Vaishnavi Budhkar and Shroti Barik

	<u></u>
Name of the event: -	Independence Day 2020
Organised by: -	Internal Quality Assurance Cell (IQAC)
Date: -	August 15, 2020
Venue/ Online Platform: -	Google Meet and google meet Live Streaming
Activity Falls under NAAC Criterion/Criteri a: -	Criterion VII
Convenor: -	Ms. Remya Madan Gopal
Co-Convenor: - (if any)	Mr. Deepesh Jagdale
Number of participants benefitted: -	45 participants on Google meet and all students on google meet live streaming

Report:-

Internal Quality Assurance Cell (IQAC) of Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani, celebrated 74th Independence Day on 15 August 2020 on a virtual platform for faculty members and students.

The theme of the event was "defining new perspective to freedom". The guest for the day was our alumnus, Mr. Karthikey Singh, who works as a senior executive - trading Operations and Commodity analysis, NCDEX. The event flagged off at 8:00 am with a prayer recited by our student, Ms. Divya from TYBAF. It was followed by playing a video of flag hoisting ceremony by our Prime Minister Narendra Modi at Red Fort. Later our Principal, Dr. Lata Menon addressed all the participants. Mr. Karthikey Singh took over and spoke about his journey as an entrepreneur and also sent out a message that each one of us should appreciate India's efforts for whatever we have achieved after independence. It was followed by a dance performance and a song performance by our students. Our Vice-Principal, Prof. Binit Kumar addressed the participants and a collage which was prepared by teachers displaying the message – Happy Independence Day was flashed. Prof. Remya Madan Gopal, on behalf of IQAC, proposed vote of thanks to the speaker, entire team of staff members and students for their participation and cooperation to conclude the session.

The event was organized on Google Meet platform for faculty members and was streamed live for students.



Address by principal, Dr. Lata Menon



Address by alumnus, Mr. Karthikey Singh



Collage by faculty members



Name of the event :-	Kavyavata : Marathi Poem Writing competition Veshbhusha : Marathi Traditional Dress competition
Conducted by:-	Marathi Vangmay Committee in association with Internal Quality Assurance Cell
Date:-	February 27,2021 to March 1 ,2021
Venue/ Online Platform:-	Online
Activity Falls under Criterion/Criteria:-	Criteria VII
Convenor:-	Dr .Vishakha T
Co-Convenor: - (if any)	Sumit Kokane
Number of participants benefitted:-	Kavyavata : 12 Veshabhusha : 14

Domost	Mahatura Education Conintral
Report:-	Mahatma Education Society's
	Pillai HOC College of Arts, Science and Commerce, Rasayani
	Report on Kavyavata: Marathi Poem Writing competition
	Veshbhusha : Marathi Traditional Dress competition
	vesilonusna. Maratin Trauntional Dress competition
	Marathi Vangmay Committee of Pillai HOC College of Arts
	Science & Commercein association with Internal Quality
	Assurance Cell celebrated Marathi Bhasha Diwas on
	February 27, 2021.
	Marathi Bhasha Divas was celebrated in honour of the
	Marathi language and in keeping with the birth anniversary
	of Dyanpeeth award winner poet late V.V. Shirwadkar alias
	Kusumagraj.
	indodinagraj.
	Marathi being the official language of the State of
	Maharashtra, the main focus of this celebration is to
	, ,
	promote the Marathi culture among the students.
	To celebrate this day Kavyavata A Marathi Poem writing
	competition & Veshbhusha A Maharashtrian traditional
	dress competition were conducted .
	Students from various streams have participated in both
	activities.
	Total 12 participants have sent Marathi poems in their
	handwriting and 14 participants have registered themselves
	for Veshabhusha.
	The evaluation of poem writing competition was done on
	relevance to theme, creativity and originality. The criteria
	for Veshbhusha competition was costume, make up,
	adherence to theme.
Dlastas	
Photos:	

Winners	Veshbhusha 1. Mrudula Dalvi – FYBSc 2Trupti Deshmukh –FYBCom
	Kavyavata 1. Rutuja Patil : TYBSc 2. Ritesh Bailmare -FYBA

Name of the event :-	Meraki: A Poem Writing Competition Theme: HOPE
Conducted by:-	Literary Association in collaboration with Internal Quality Assurance Cell (IQAC)
Date:-	March 10, 2021 - March 13, 2021
Venue/ Online Platform:-	Google
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Linu George
Co-Convenor: - (if any)	Ashvini Satve
Number of participants benefitted:-	30
Report:-	Mahatma Education Society's
	Pillai HOC College of Arts, Science and Commerce, Rasayani
	Report on Meraki: A Poem Writing Competition
	Literary Association in collaboration with Internal Quality Assurance Cell (IQAC) of Pillai HOC College of Arts, Science and Commerce, Rasayani (PHCASC), organised Meraki: A Poem Writing Competition on March 13, 2021 for the students of PHCASC. Theme: HOPE. The poems were evaluated by the institute assigned evaluators, Priyesh Keekan Raghvan Sir (for English), Salma Sayyad Ma'am (for Hindi) and Pallavi Patil Ma'am (for Marathi) at Institute level on the basis of parameters namely, Relevance to the theme(50%), Creativity/Style and Originality (30%), Coherence of form and structure (harmony of words, presentation) (10%) and Clarity of imagery and language (10%). The competition inspired the participants to gain

	substantial experience, showcase skills, analyze and evaluoutcomes and uncover personal aptitude.	uate
Photos:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani (Accredited by NAC) Literary Association in collaboration with Internal Quality Assurance Cell (IQAC) organises MERAKI: A Poem Writing Competition THEME- HOPE Starts on: March 10, 2021 Ends on: March 13, 2021 Date of Result Declaration: March 17, 2021	
Winners(if any):-		

Name of the event :-	Report on Heartfulness Essay Event 2020
	Topic - Poverty is not Just a Lack of Money
Conducted by:-	Literary Association in collaboration with Internal Quality
	Assurance Cell (IQAC) Organized by Shri Ram Chandra Mission, United Nations
	Information Centre for India and Bhutan & The Heartfulness
Date:-	Education Trust
	October 10, 2020
Venue/ Online Platform:-	https://heartfulness.org/education/essay-event/
Activity Falls under Criterion/Criteria:-	Criterion VII
	Ashvini Satve
Convenor:-	
Co-Convenor: - (if any)	Linu George
Number of participants benefitted:-	27
Report:-	Mahatma Education Society's
	Pillai HOC College of Arts, Science and Commerce, Rasayani
	Report on Heartfulness Essay Event 2020
	Literary Association in collaboration with Internal Quality Assurance Cell (IQAC) of Pillai HOC College of Arts, Science and Commerce, Rasayani (PHCASC) had invited all the students of PHCASC to participate in HEARTFULNESS ESSAY EVENT 2020 organized by Shri Ram Chandra Mission, United Nations Information Centre for India and Bhutan & The Heartfulness Education Trust. The topic of the essay competition was Poverty is not Just a Lack of Money. The essays were evaluated by the institute assigned evaluators, Sujith Babu Sir and Swati Mishra Ma'am(for English), Salma
	Sayyad Ma'am (for Hindi) and Prathamesh Gokhale Sir (for Marathi) at Institute level on the basis of parameters namely, Introduction/Interpretation, Structure and flow, Language,

Creativity/Originality, Relevance, Research/attention to details,

Conclusion. The competition inspired the participants to gain substantial experience, showcase skills, analyze and evaluate outcomes and uncover personal aptitude.

Following were the students across all the streams who have secured their places of merit at the Institution level yesterday i.e. October 10, 2020. The selected essays had been sent to Dr. Rakhee Arora Ma'am (The District Coordinator) to represent the Institute at State and National Level.

Photos:-



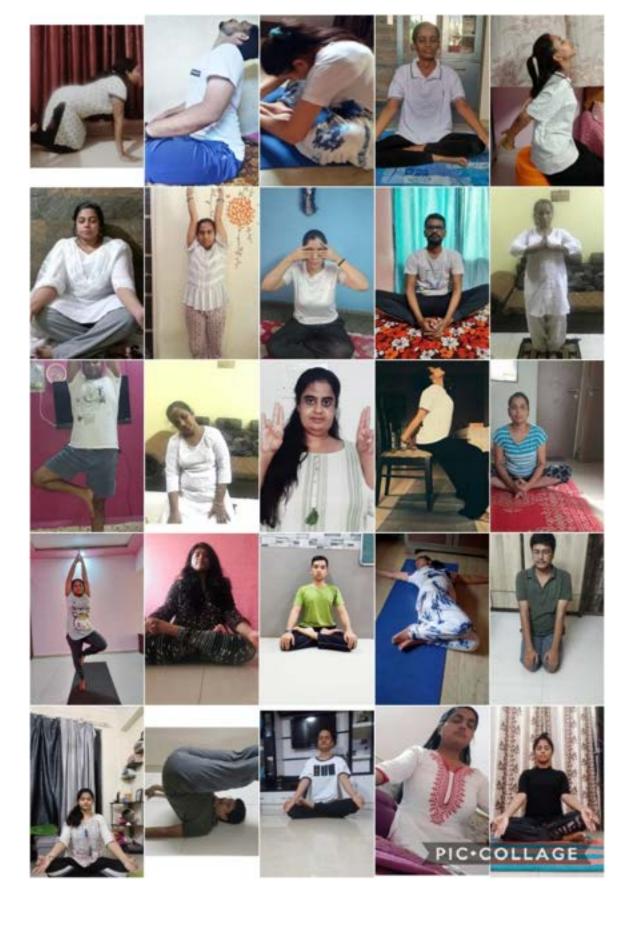
Winners(if any):-	Rankers in English: 1. Aarshi Rai(SYBMM) 2. Sarthak Shitole (TYBMM ADV.) 3. Hiba Irfan (SYBA) 4. Aarushi Chauhan(TYBMM ADV) 5. Akhila Sudarshan (FYBA) Rankers in Hindi: 1. Zubiya Bedekar (FYBCOM A & F) 2. Rinku Rathore (SYBMM) Rankers in Marathi: 1. Trupti Deshmukh (FYBCOM) 2. Muskan Shaikh (FYBCOM) 3. Sayali Patil (TYBMM JOURNALISM) 4. Manasvi Mhatre (FYBMMC) 5. Nikita Chafekar (FYBSC IT)

Mahatma Education Society's Pillai HOC College of Arts, Science & Commerce Rasayani Report on International Yoga Week, 2020-21

Yoga to the Rescue in this Lockdown

The restricted travel, increased sitting hours, extended exposure to screen, fear over the risk of infection, ceaseless negative news, are all adding to the growing anxiety. Confinements like these times can be really challenging. Therefore, to help us keep the anxiety at bay, one of our ancient life sciences, *Yoga and Meditation*, can come to rescue. Therefore, to mark and celebrate International Yoga Day on 21 June, 2020 and to commemorate the Golden Jubilee year of Mahatma Education Society, Women Development Cell in association with Soroptimist International Bombay Chembur, had organised a week-long Yoga and pranayama sessions for Holistic health and Wellness from 16 June to 21 June, 2020 for all the staff members of Pillai HOC College of Arts, Science & Commerce.

A team of three faculty members, who are ardent Yoga practitioners, recorded theme wise videos for every day of the week. The schedule included '10- Minute Morning Routine', 'Hasta Mudras', 'Yoga to Relieve Menstrual Cramps(only for female staff)', 'Chair Yoga', 'Yoga to Boost Immunity' & 'Pranayam for Stress Management'. The sessions of around sixty minutes each, were conducted every day on Gmeet where the recorded video by the organising team was played and the doubts pertaining to the same, were taken towards the end of the session. On the last day, which was International Yoga day, i.e. 21 June, 2020; all the staff members took #Yogachallenge where every staff member had to post a snap of any of the asanas taught during the week. The event was well received and was quite engaging and interactive. All the videos were later shared with everyone so that they could design a 20-min daily routine of Yoga and Pranayam for themselves based on their time, capacity and level.



	,
Name of the event :-	ONLINE WEBINAR "Mahatma Gandhi's basic education policy
	and its relevance in 21th century"
Conducted by:-	Institutional Social Responsibility and Internal Quality
	Assurance Cell
	Absurance den
Data	January 20, 2021
Date:-	January 30, 2021
Venue/ Online	Online
Platform:-	
Activity Falls under	Criterion VII
Criterion/Criteria:-	
'	
Convenor:	Mr. Rohan Yadav
	PIN ROHAN IAAAY
Co-Convenor: -	
(if any)	
	332
Name have a f	332
Number of	
participants	
benefitted:-	
Report:-	Mahatma Education Society's
	Pillai HOC College of Arts, Science and Commerce, Rasayani
	Report on WEBINAR "Mahatma Gandhi's basic education
	policy and its relevance in 21th century"
	Institutional Social Responsibility of Pillai HOC College of
	Arts, Science and Commerce, Rasayani in association with
	Internal Quality Assurance Cell organized webinar on
	"Mahatma Gandhi's basic education policy and its relevance in
	21 th century" on the occasion of Martyr's Day on January 30,
	2021 at 3.00 pm.
	The event started with a welcome note and introduction of
	resource person Mr. Prakash Maroti Meshram, Assistant
	Professor, (Department of History, University of Mumbai) by
	Mr. Rohan Yadav, Convenor of the event.
	E- Certificates have been issued to all those who participated
	in the event. A total of 332 participants attended this session .
	The session was ended with a vote of thanks by Mr. Priyesh
	Keekan and positive feedback from the students' and staff
	members.
1	

Winners(if any):-	NA

Mahatma Education Society's Pillai HOC College of Arts, Science & Commerce, Rasayani

Report on Distribution of essential food item packets to Mazgaon Village during pandemic Situation.

I would start by thanking each one of you here to make this event/activity possible. Institutional Social Responsibility of PHCASC was just a medium to





make your contribution reach the needy. The Unit distributed essential food items in packets to the tribal's of Majgoan village (Our adopted village) on May 9, 2020.





This was indeed the need of the hour amidst the COVID pandemic. Some of our NSS alumni volunteered to do this on our behalf. We could reach 120 tribal families and made the basics necessities of food like rice, dal, oil and spices available to them so that they don't starve. They were all indeed very thankful.

Name of the event :-	REPORT ON WEBINAR Basic Structure of Indian Constitution
Conducted by:-	Institutional Social Responsibility and Internal Quality Assurance Cell
Date:-	November 26, 2020.
Venue/ Online Platform:-	Online mode (Zoom)
Activity Falls under Criterion/Criteria:-	Criterion VII
Convenor:-	Mr. Rohan Yadav
Co-Convenor: - (if any)	
Number of participants benefitted:-	187
Report:-	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani REPORT ON ONLINE WEBINAR Basic Structure of Indian Constitution
	Institutional Social Responsibility in collaboration with Internal Quality Assurance Cell conducted online Webinar on "Basic Structure of Indian Constitution" on the occasion of Constitution Day which is celebrated on November 26, 2020.
	The resource person for the event was Adv. Abhiraj Das, BLSLL.B & LLM. The session was started with introduction of Resource person by Assistant professor Mr. Rohan Yadav, Convener of the event. A total of 187 students attended this webinar. The session was ended by vote of thanks by Assistant
	Professor Mr. Priyesh Keekan . E- Certificates have been issued to all those who participated in the event.
Winners(if any):-	NA

REPORT ON BLOOD DONATION CAMP

Date: - 23rdJanuary, 2021

Time:-10:00am to 3:00pm

Venue:-Khopoli

Organized By:- PHCASC NSS UNIT

The NSS Unit of Pillai HOC College of Arts, Science and Commerce in association with Rotaract Club of Khopoli organised Blood Donation Camp in Khopoli. The main objective behind the camp was to tell importance of blood donation to the people and how their one act of charity would save a life. The activity was started with speeches from the President of Rotaract Club Mr. Shreyas Jadhav and the NSS PO Ms. Kalavati Upadhyay. The camp observed donors of all age group from 18 year old student to 60 year old citizen amid the covid19 situation. The whole event was well organized by maintaining all social distancing norms. The camp received donation of 56 bottles. The event was ended by giving thanksgiving speech to the donors, doctors, medical staff and the organisers.









REPORT ON WORKSHOP OF INTERNATIONAL YOGA DAY 2020

Date:-21st June,2020

Time:-10:00a.m.to 11:00 a.m.

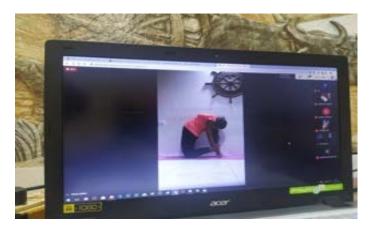
OrganizedBy:-PHCASCNSSUnit

TheNSSUnitofPillaiHOCCollegeofArts,ScienceandCommercehadorganized an online workshop on 'International Yoga Day' on 21st June,2020where different Asanas and Pranyama was taught by the Chief Guest and Expert Yoga Trainer Ms.Shriya Gururaj Chakot.The aim behind organising the workshop was to make people aware of theYoga and how they can implement it in their life for a better future. The Workshop was attended by the students of PHCASC and students of other colleges also.Even all the faculty members attended the workshop for getting knowledge about Yoga. The workshop was ended by giving vote of thanks to Ms.Shriya Gururaj Chakot.









2019-20

REPORT ON CELEBRATION OF NON VIOLENCE OBSERVANCE & MAHATMA GANDHI JAYANTI

Date:-2nd October,2019

Time:-12:30p.m.-3:30p.m.

Venue:-Karade

Organized by:-NSS Unit of PHCASC

The NSS Unit has organised rangoli competition on the theme Swatchh Bharat for 4th Std to 5th Std students and conducted best out of waste competition for 6th Std to 7th Std students to celebrate Non-violence and Mahatma Gandhi Jayanti . Many students showed us their talents like reciting poems, dance and singing. The competition was held for one hour. By organizing this competition we came to know how creative a student's mind can be. The celebration ended with announcement of prize winners which were felicitated by Principal.

TrackAct - Activity Tracker

Name of the event :-	Health Check Up Camp
Conduct ed by:-	INSTITUTIONAL SOCIAL RESPONSIBILITY (ISR) in collaboration with the Lion's Club of Navi Mumbai (Champions)
Date:-	20 th February, 2020
Venue:-	6th Floor of Arts, Science & Commerce Building Room No:- 602
Report:-	The Institutional Social Responsibility Cell in collaboration with the Lion's Club of Navi Mumbai (Champions) had organised a free Health Check Up Camp on 20 th February, 2020 at Pillai HOC College of Arts, Science & Commerce campus. In all around 15 Doctors were summoned from the prestigious Apollo Hospital, Vashi. The Health Check Up Camp was inaugurated through the auspicious hands of the Principal Dr. Lata Menon at 10:30 am. The teaching and non-teaching fraternity too joined their hands along with her to be the part of the noble cause.
	Hospital, Vashi. The Health Check Up Camp was inaugurated through the auspicious hands of the Principal Dr. Lata Menon at 10:30 am. The teaching and non-teaching fraternity too joined their hands along with her to be the

- 1. Height Weight BMI
- 2. B.P Check up
- 3. Random Blood Sugar (RBS)
- 4. Eye Check up
- 5. Lady Doctor Consultation
- 6. Bone Mass Density
- 7. Dentist

Around 193 number of participants were over- whelmingly been the part of this occasion. The volunteers from student community were of great help in maintaining discipline throughout the course of the activity.

The hospitality team managed to serve the delicious sumptuous food to the doctor guests, who were the important part of the whole programme.

By 3:30 pm the activity was over. It was indeed a very systematized activity conducted by Institutional Social Responsibility (ISR) for the sake of humanity.

Finally, to end with, the activity was worth a thousand gold and the programme was called off by a befitting vote of thanks by the convener; ISR; Prof Rohan Sudhakar Yadav.

Photos:-









Winners (if any):-	

REPORT ON AWARENESS SEMINAR ON ILL EFFECTS OF DRUGS ABUSE

Date:-29th August, 2019

Time:-10:00 am-2:00 pm

Venue:-Pillai Institute of Management and Research

Organised by:- Anti-Narcotics Cell of Navi Mumbai Police

The Anti-Narcotics Cell of Navi Mumbai Police conducted awareness seminar on ill effects of drugs abuse amongst college students on 29th August,2019. The awareness drive was assistance with Navi Colleges Association and NGO Asha Ki Kiran which runs a rehabilitation centre.

The awareness sessions was at Pillai Institute of Management and Research, New Panvel, with around 400 college students in attendance. Students of Pillai's Panvel, D D Vispute College, Barns College, Pillai HOC College of Arts, Science & Commerce-Rasayani, CKT College, K L C College took part in the awareness sessions. The students were made aware of how addictive and damaging narcotics can be and how difficult it was to break away from the habit in the seminar. During the awareness drives, panel discussion and lectures were held by officers from Navi Mumbai Anti Narcotics cell & NGO Ashan Ki Kiran, to explain the physical, psychological and legal hazards of Drugs abuse.

Officers said that the awareness campaigns were aimed at college students, slum dwellers and daily wage labourer, who are among the biggest consumer base of street drug peddlers.



14 O August 31 - September 6, 2019 VASHI TIMES

Cops don counseller's hat, warn students on dangers of drugs

Staff Reporter / Navi Mumbai THE Anni-Narcotics Cell of Navi Mumbai Police conducted awareness seminars about the ill effects of drug abuse amongst college students at Panyel on August 29.

The awareness drive was conducted in assistance with Navi Mumbai Colleges'

Panvel, D D Vispute College, Barns College, Pillai's HOC College - Rasayani, C K T College, K L C College took part in the awareness sessions.

"The students were made aware of how addictive and damaging narcotics can be, and how difficult it was to break away dents of drug peddling

During the awareness drives, panel discussions and lectures were held by officers from the Navi Mumbai Anti Narcotics Cell and members of NGO Asha Ki Kiran, to explain the physical, psychological and legal hazards of drug abuse.



Association and NGO Asha Ki Kiran which runs a rehabilitation centre.

"The awareness sessions was at Pillai Institute of Management and Research, New Panvel, with around 400 college students in attendance," said Anti-Narcotics Cell Senior Police Inspector Ravindra Budhwant.

Students of Pillai's College - New

from the habit," said he.

An ANC officer said that colleges were chosen as venues for the seminars after the local police and the Anti Narcotics Cell arrested several drug peddlers near educational institutions in the area.

The police have launched a sustained crackdown in the area over the last couple of years, after a rise was observed in inciAsha Ki Kiran President Bashir Qureshi, Pillai College NSS Prof. Shabab Rizvi, journalist Atul Shengokar and other dignitaries were present at the event.

Officers said that the awareness campaigns were aimed at college students, slum dwellers and daily wage labourer, who are among the biggest consumer base of street drug peddlers.

3Days Yoga Workshop Yog Vigyan Shivir

Pillai HOC College of Arts, Science and Commerce in collaboration with Patanjali Yogapeeth trust organised 3 days workshop on *Yoga* from 8th to 10th January, 2020 in at Rasayani campus for students and staff. The program was conducted at 9th floor Auditorium from 9:30 a.m. to 11:30 a.m. The workshop started by lighting up the lamp by Hon'ble Principal Dr. Lata Menon. She facilitated the chief yoga instructor Ram Palat Yadav and his team of 7 members.



(Lamp Lighting by Cheif Yoga Trainer)



(Falicitation of Yoga Team members by Principal Dr Lata Menon) Under the guidance of Mr. Ram Palat Yadav and team, students performed many *pranayams* and *asanas* like *Kapalbhati*, *Bhramari-pranayam*, *Surya namskar* and so forth. Mr. Ram Palat Yadav explained the benefits and importance of practicing these *Pranayams* and *Asanas*.



(Stretching and warm-up Exercizes)

The students were educated on the importance of Yoga. They were explained that yoga helps in maintaining not only physical and mental health but also lead to a healthy social life. The students were taught various *Aasanas* starting with warming up and stretching followed by the series of *Padmasana*, *Paschimottasans*, *Pawan Muktasana*, *Vajrasana*, *Dhanurasana*, *Chakrasana*, *Sarvangasana*, *Halasana*, *Bhujangasana*, and ending with *Shiavasana*.







(Students performing mudras and asanas)

After *Asanas* session students were also taught the *Pranayama*. At the end of the session Principal appealed the students to include yoga in their daily routine for its wholesome and salubrious effects on the mind, body and soul.





(Patanjali yoga team with Principal and Vice Principal)



(End of the workshop)

REPORT ON CELEBRATION ON 'NO TOBACCO DAY'

Date: 11th July, 2019 Time: 2:40p.m.-4:30p.m.

Venue: Pillai Hoc College of Arts, Science and Commerce & Mohpada Village

Organized By: PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts, Science & Commerce had taken lead role in organizing the observance of 'No Tobacco Day' on 11th July, 2019. The Nss Unit celebrated it by creating awareness and make the institution tobacco free. Pledge was taken by all the Nss Volunteers and all the students of other courses. The Nss volunteers had act a street play and went on rally on 'Say no to Tobacco' in Mohpada Village to create awareness in the village.











REPORT ON CELEBRATION OF INTERNATIONAL YOUTH DAY

Date: 11th August, 2018

Venue: Pillai Hoc College of Arts, Science and Commerce

Organized By: PHCASC NSS Unit

The NSS Unit celebrated International Youth Day on 11th August,2018 by organizing a workshop in collaboration with District AIDS prevention and control Unit (Alibagh).100 volunteers and 1 faculty member celebrated International Youth day aThe workshop started with the welcoming of the Chief Guest Counsellor Mr. Ashok Londhe and Mr. Vishal Ghumare.The main focus of workshop was to make awareness about AIDS and HIV to all the NSS volunteers. The Chief Guest Ashok Londhe share knowledge about HIV and AIDS and he also had interaction with the volunteers regarding AIDS. The workshop ended with the felicitation of the Chief Guest.





REPORT ON INTERNATIONAL YOGA DAY

Date:-21st June, 2019

Time:-2:30pm-14:30pm

Venue:-Pillai HOC College of Arts, Science & Commerce

Organized by:-NSS Unit of PHCASC

NSS Units of Pillai HOC College of Arts, Science & Commerce celebrated a festival of yoga and wellbeing on the occasion of the 5th International Day of Yoga on 21 June 2019, Friday with great enthusiasm. Almost 370 participants took part in that event. All the NSS Volunteers, teaching and non-teaching staff members of the institute, and students participated in the event. Participants of all age groups participated in the event with great enthusiasm. A yoga teacher, accompanied by 2 trained volunteers was there to conduct the yoga practice as per the directions received.

Following are the list of activities organized:

- 1. Common Yoga Practice
- 2. Seminar on "Yoga and its importance in our life"

1. Common Yoga Practice

All the participants, Volunteers and Yoga teachers assembled in the area at 2:00pm itself so as to ensure that the practice session is conducted in the most conducive manner even for the novice participant.

The Yoga session started exactly at 2:30 pm with Prayer, and systematic practice of different

"ASANAS" of standing, sitting and laying positions smoothly changing in succession under the instructions of Yoga teacher and supervision of trained Volunteers. During the course of "Yogabhyas", the Yoga teacher also narrated the usefulness of different "Asanas" as a precautionary measure, in curing many Diseases and the usefulness of Yoga in the overall well being of a human being. The entire "YOGABHYAS" lasted for an hour and ended at 3:30pm with a "Sanskrit Shloka".

2. Seminar on "Yoga and its importance in our life"

Organized a seminar on "Yoga and its importance in our life" in the Seminar hall to all the novice participants. For this seminar Principal attended as a resource person and addressed all the participants and explained the importance of Yoga and suggested them to practice under trained Yoga teachers. He suggested all the participants continue to practice Yoga for keeping their Body and mind in healthy, stress-free and cheerful condition.





3Days Yoga Workshop Yog Vigyan Shivir

Pillai HOC College of Arts, Science and Commerce in collaboration with Patanjali Yogapeeth trust organised 3 days workshop on *Yoga* from 8th to 10th January, 2020 in at Rasayani campus for students and staff. The program was conducted at 9th floor Auditorium from 9:30 a.m. to 11:30 a.m. The workshop started by lighting up the lamp by Hon'ble Principal Dr. Lata Menon. She facilitated the chief yoga instructor Ram Palat Yadav and his team of 7 members.



(Lamp Lighting by Cheif Yoga Trainer)



(Falicitation of Yoga Team members by Principal Dr Lata Menon)

Under the guidance of Mr. Ram Palat Yadav and team, students performed many *pranayams* and *asanas* like *Kapalbhati*, *Bhramari-pranayam*, *Surya namskar* and so forth. Mr. Ram Palat Yadav explained the benefits and importance of practicing these *Pranayams* and *Asanas*.

(Stretching and warm-up Exercises)

The students were educated on the importance of Yoga. They were explained that yoga helps in maintaining not only physical and mental health but also lead to a healthy social life. The students were taught various *Aasanas* starting

with warming up and stretching followed by the series of *Padmasana*, *Paschimottasans*, *Pawan Muktasana*, *Vajrasana*, *Dhanurasana*, *Chakrasana*, *Sarvangasana*, *Halasana*, *Bhujangasana*, and ending with *Shiavasana*.



(Students performing mudras and asanas)

After *Asanas* session students were also taught the *Pranayama*. At the end of the session Principal appealed the students to include yoga in their daily routine for its wholesome and salubrious effects on the mind, body and soul.





(Patanjali yoga team with Principal and Vice Principal)



(End of the workshop)

<u>TrackAct - Activity Tracker</u>

Name of the event	Quiz Contest - "Guess the Element"
Conducted by:-	Department of Chemistry
Date:-	23 rd December, 2019
Venue:-	Room no 501, 5 th floor
Report:-	The discovery of Periodic Table of chemical elements is one of the most significant achievements in science, capturing the essence not only of chemistry, but also of physics, medicine, earth sciences and biology.
	1869 is considered as the year of discovery of the Periodic System, and Dmitri Mendeleev was a major discoverer. 2019 will be the 150th anniversary of the Periodic Table of Chemical Elements and has therefore been proclaimed the "International Year of the Periodic Table of Chemical Elements (IYPT2019)" by the United Nations General Assembly and UNESCO.
	On an Occasion of 150 th Anniversary of Periodic Table, Department of Chemistry, PHCASC has organised a quiz Contest "Guess the Element" on 23 rd December, 2019.
	There were in total 12 teams consisting of 24 students from F.Y.B.Sc. ,S.Y.B.Sc. & T.Y.B.Sc. had participated in this contest. The aim of this event was to enhance the knowledge of periodic table and encourage the student's quest to search more on the various elements in the periodic table. The winning teams were awarded with certificates.

Photos:-









Winners:-

1st - S Shreekrishna Panchal, Ashish Prasad (TYBSc –Chemistry) 2nd - Tanvi Athawane , Divya Barmude (FYBSc) 3rd - Bhavika Salokhe , Sneha Kotambe(SYBSc)

<u>CASTrackAct - Activity Tracker</u>

Name of the event	Exhibition Competition on 'Environmental Concerns and Eco-friendly Measures'
Conduct ed by:-	IQAC
Date:-	July 05, 2019
Venue:-	7 th floor classrooms
Report:-	Pillai HOC College of Arts, Science & Commerce and IQAC (Internal Quality Assurance Cell) as a part of ISR (Institutional Social Responsibility) of our college organised an Exhibition Competition on the theme 'Environmental Concerns and Eco-friendly Measures' on Friday, 05 July, 2019 to commemorate and celebrate World Environment Day and World Population Day. It is the "People's day" to do something to take care of earth and the environment. This is really important to know the ways to protect the environment. Taking this very significant concept into account, students exhibited working models, projects, photographs, posters presentations or eco-friendly products which were in lines with the theme given.40 teams participated in the competition. The exhibits clearly pointed at the environmental degradation due to pollution, global warming and urbanisation. The competition generated interest and curiosity among students. They interacted with the participants to collect information of environmental problems in the world today and measures to be taken to control the issues. 'Save Earth', 'Control Pollution' and 'Eco-friendly Solutions' were the central themes of the exhibits. The competition was judged by three faculty members, Ms. Sindhuja Joshi, Mr. Priyesh. G. And Ms. Nirali Verma. They judged the competition on relevance of the topic, presentation and content of exhibits by each contestant. The purpose to create awareness of environmental issues and

	need of eco-friendly measures was served which was the primary need of
	the event.
Photos:-	FUAL PROPERTY AND A MARKET STATE OF THE PROPERTY AN
Winners	1. Ms. Aditi Kharat & Team - SY. I.T. Div. B - First Prize 2. Mr. Aman Rohra & Team - SV. R. M. S. Div. B - Second Prize
(if any):-	2. Mr. Aman Behra & Team - SY. B. M. S. Div. B - Second Prize 3. Ms. Renuka Kerapanur - TY. B. Com Third Prize

<u>TrackAct - Activity Tracker</u>

Name of the event :-	Zero Discrimination Day.
Conducted by:-	INSTITUTIONAL SOCIAL RESPONSIBILITY (ISR) in collaboration DATAR INSTITUTION.
Date:-	12th MARCH, 2020

Venue:-

Datar Institute, Kasalkhand Village, Rasayani

Report:-

The Institutional Social Responsibility Cell of PHCASC in collaboration with the DATAR Institution, Rasayani had organised a Zero Discrimination Day on 12th March, 2020 at DATAR Institution, Rasayani. In all around 19 volunteers and 3 faculty members from the Department of Arts, Commerce and Science of PHCASC participated in the activity. The day at the institution started by praying homage to lord Ganesha and followed by a Yoga session, to start it on a positive note. Once the flow was set, around six activities were conducted:

- 1. Throwball
- 2. Painting
- 3. Singing
- 4. Story telling
- 5. Colour Match Buckets
- 6. Musical Chair

To everybody's surprise the children (special children) were whole heartedly engrossed in the whole process of activities conducted by volunteers. We also distributed Chocolates as a token of love and affection to those children. Around 3:30pm, the activities were wound up and we all dispersed with the pleasant memories in our heart never to forget rest of our lives.

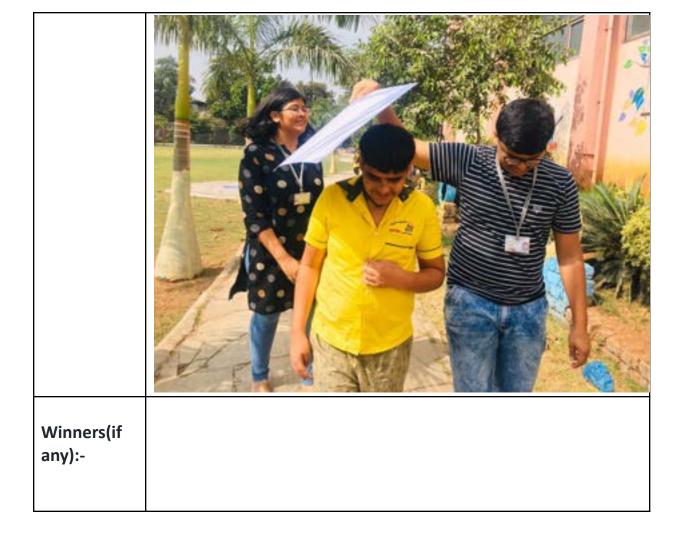
Finally, to end with, the programme was called off by a befitting vote of thanks by Mr. Rohan Sudhakar Yadav, Asst. Professor & Convener, ISR, PHCASC.

Photos:-









<u>TrackAct - Activity Tracker</u>

Name of the event :-	Rally on Social Awareness
Conducted by:-	Department of BCom(A&F)
Date:-	December 5, 2019
Venue:-	Mohpada, Raighad
Report:-	On 5 th Dec' 2019, Department of BCom(A&F) with the help of students conducted Social Awareness Activity. In this activity 30 students participated. Students conducted rally in Mohpada. Attractive posters were made by the students and slogans were sung by them.

Social issues such as:

Deforestation

Pollution

Plastic pollution

Were raised. Students also had one to one interaction with the locals to aware them about above issues.

Photos:-





2018-19

REPORT ON UNNAT BHARAT ABHIYAN SURVEY

(Issues related to livestock)

Date: - 11th November, 2018

Venue:- Devloli, Sawale, Gulsunde, and Karade Village

Organized by:-Pillai HOC College of Arts, Science & Commerce

The NSS Unit of Pillai HOC College of Arts, Science & Devloir, Rasayani had active participation in Unnat Bharat Abhiyan. 50 volunteers of NSS Unit and other students had done survey in different villages like Devloir, Sawale, Gulsunde and Karade. The survey was based on Issues related to livestock. All the NSS volunteers had done this project on Sundays. At the end of the project we came to know the various problems like lack of animal housing, feed scarcity, Deficiency of vaccines and vaccination set-up faced by the villagers.



REPORT ON UNNAT BHARAT ABHIYAN

Date:-December 29th, 2018

Time:-2:30 p.m.-6:30.p.m.

Venue:-Devloli Gram Sabha

Organised by:-PHCASC NSS Unit

.The NSS Unit of Pillai HOC College of Arts, science and Commerce, Rasayani had an active participation in Anti-Plastic Campaign under Unnat Bharat Abhiyan. The anti-plastic campaign has been formulated to build the capacity of Devloli communities about the various effects of plastic waste on their ecosystem under the banner of UBA. This project was developed due to the acclimatized usage and habitual inappropriate disposal of polythene bags and other plastic items by community dwellers in Gulsunde communities in and around.

Despite the sensitivity of the ecosystem Gulsunde and its inhabitants find themselves in, inappropriate waste disposal is a habit of the community. Upon visiting the village, plastic waste, especially used polythene bags, were found in and around houses in the community. The anti-plastic campaign and community capacity building event brought together 30 volunteers – a mix up of students (youth) and adults who have interest in environmental advocacy.

At this point, volunteers were equipped with all the knowledge they had spoken against the excessive use of plastics and proper disposal of its resulting waste.





REPORT ON SULABH SABKA HAQ

Date: 13th July,2018

Venue: Group Gram Panchayat Sawale

Organized: NSS Unit of PHCASC

The NSS Unit of Pillai HOC College of Arts, Science and Commerce with association with Group Gram Panchayat of Sawale had organized Sanitation Drive with 60 volunteers and 4 faculty members to raise awareness of proper hygiene and sanitation among the villagers. Teams of volunteers spread around the village with chanting slogans of sanitation and hygiene and also interacted with villagers about hygiene and sanitation and also discussed about pros and cons. The activity started with interaction with Gram Panchayat of Sawale and some officials from nearby companies. Officials of nearby companies inaugurated the toilets for the village.

We conclude this activity by facilitating them.



REPORT ON RURAL EDUCATION

Date:15th July,2018-25th February,2019(Every Saturday and Sunday)

Venue:Gulsundhe

Organized:Pillai HOC College of Arts, Science & Commerce

65 NSS volunteers and 2 faculty members had participated in Rural Education Program. With a mission to spark children's learning through education. Improving education is a critical area of investment and can be a game changer to achieve sustained economic growth by tap into its young workforce. Annual Status of Education Report (ASER) shows that even though the number of rural students attending schools is rising. Some of the major problems that plague the rural education system in India are related to both quality and access of teaching learning facilities and basic infrastructure. NSS Unit focuses on the learning. Our NSS Volunteers visit adopted village, Gulsundhe every Saturday and Sunday to teach English. child development into interactive learning environments through its exhibits and programs. The daily interactions and experiences you share with the children is how they learn about the world around them.





2017-18

Marathi Vangmay Mandal of Maharashtra Education Society's Pillai HOC College of Arts, Science and Commerce RasayaniOrganized an event on 27th February 2018. This day is celebrated as Marathi Bhasha Diwas. Students participated in this event enthusiastically.







