

Mahatma Education Society's  
Pillai HOC College of Arts, Science and Commerce, Rasayani  
(Accredited by NAAC & ISO 9001:2015 Certified)

## 3.4. QIM.

### Extension Activities

(FROM AY 2017-18 TO AY 2021-22)



*Lalaw*  
Principal  
Mahatma Education Society's  
Pillai's HOC College of Arts  
Science and Commerce  
HOC Educational Campus,  
Rasayani, Tal. Khalapur,  
Tal. Raigad, Pin - 410 287

**Mahatma Education Society's  
Pillai HOC College of Arts, Science and Commerce, Rasayani  
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## **3.4.1 QIM.**

**Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.**

**(FROM AY 2017-18 TO AY 2021-22)**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Gandhi Jayanti
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	October 6, 2021
<b>Venue/ Online Platform:-</b>	Parade village
<b>Activity Falls under Criterion/Criteria :-</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	HARDIK DAVE
<b>Number of participants</b>	08

**Report:-**

NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized activities of Gandhi Jayanti at Parade village Under the scheme **To be commemorated as the International Day of Nonviolence.** **Gandhi Jayanti** is an event celebrated in India to mark the birthday of [Mahatma Gandhi](#). It is celebrated annually on 2 October, and it is one of the three [national holidays of India](#). The [UN General Assembly](#) announced on 15 June 2007 that it adopted a resolution which declared that 2 October will be celebrated as the [International Day of Non-Violence](#). He is also known as the "Father of The Nation" and this title was given to him by NetajiSubhash Chandra Bose for his relentless struggles for independence.

This day is celebrated every year as Gandhi Jayanti all across India in the honour of Mahatma Gandhi, to commemorate his unparalleled contribution to the Indian Independence Movement. Gandhi Jayanti is observed as a national holiday in India. Mahatma Gandhi believed in the principle of non-violence and practised it throughout the freedom struggle of our country.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

**Photos:-**



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Literacy Day
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	September 9 , 2021
<b>Venue/ Online Platform:-</b>	B.Ed. Classroom
<b>Activity Falls under Criterion/Criteria: -</b>	Criterion 3
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	---
<b>Number of participants</b>	23

## Report:-

Under the scheme **Padhna Likhna Abhiyan** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a webinar on “Literacy Day” on 9<sup>th</sup> September, 2021.

September 8 was declared International Literacy Day by UNESCO in 1965. The aim of the day is to highlight the importance of literacy to individuals, communities and societies.

Learning to read and write is a crucial part of a child’s development. Reading and writing are essential skills for adults. Being literate means that people can understand and follow written instructions, find out information online or in books, write letters and emails, and use the dominant symbol systems of a culture. It also means that a child or adult is able to participate fully in their community.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-





Rasayani, Maharashtra, India  
HOC Colony Rd, HOC Colony, Rasayani,  
Maharashtra 410222, India  
Lat 18.894161 Long 73.176803  
09/09/21 12:39 PM

GPS Map Camera  
28.93° C  
11° N  
35.0  $\mu$ T



Rasayani, Maharashtra, India  
HOC Colony Rd, HOC Colony, Rasayani,  
Maharashtra 410222, India  
Lat 18.894592 Long 73.17682  
09/09/21 12:55 PM

GPS Map Camera  
28.93° C  
62° NE  
34.0  $\mu$ T



**Winners(if any):-**

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## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Beach Cleaning
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	November 13, 2021
<b>Venue/ Online Platform:-</b>	Varsoli Beach, Alibaug
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	HARDIK DAVE
<b>Number of participants</b>	15

## Report:-

Under the scheme **Swacch Bharat abhiyan Mission** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a Activity of Beach Cleaning at Varsoli Beach, Alibaug.

**Beach cleaning** is the process of removing solid litter, dense chemicals, and organic debris deposited on a beach or coastline by the tide, local visitors, or tourists. Humans pollute beaches with materials such as **plastic bottles and bags, plastic straws, , cigarette filters, , Surgical mask and many other items that often lead to environmental degradation.**

Cleaning the beach also **improves the coastal and ocean ecosystem by ensuring that none of the trash kills marine life or is toxic enough to disrupt the aquatic life cycle.** A beach clean-up is also an opportunity to gather new data about the state of our coasts and the types of trash that pollutes them.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Women's empowerment
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	October 13 , 2021
<b>Venue/ Online Platform:-</b>	Mazgaon Village
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik Dave
<b>Number of participants</b>	16

## Report:-

Under the **SWADHAR Greh scheme** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an Activity of women's empowerment on 13 October 2021 at Majhgaon village.

Women empowerment helps in boosting the status of women through literacy, education, training and awareness creation. Empowering women is essential to the health and social development of families, communities and countries.

Womens in our country always face many problems such as dowry, menstrual cycle problems, domestic violence and in health & hygiene. To make them aware about all these problems, our college had organized an awareness regarding all types of violence they face due to lack of education of these problems.

The NSS team of our college tried their best to make them aware of how to fight for their rights.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-



	
<b>Winners(if any):-</b>	--

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Hygiene awareness (sanitary pad)
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	October 13 , 2021
<b>Venue/ Online Platform:-</b>	Majhgaon Village
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik dave
<b>Number of participants</b>	16

## Report:-

Under the scheme **Pradhan Mantri Jan Arogya Yojana** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a Activity of hygiene awareness on 13 october 2021 at Majhgaon village.

Women face challenges at various levels. First, accessing sanitary products, underwear, etc. is a transactional challenge. There is the absence of safe, hygienic, and private spaces, such as separate toilets with a door that closes, for women to take care of their menstrual health. Water, toilets, disposal of menstrual products, all prove to be obstacles in women's menstrual health.

Many women in rural areas may also not have access to a toilet at home. Third is the culture and mindset which teaches women as well as men that menstruation should be hidden. Moreover, women's dignity and health are not a priority, for both men as well as women.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Essential distribution for flood affected people in Mahad.
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	August 14, 2021
<b>Venue/ Online Platform:-</b>	Mahad
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	HARDIK DAVE
<b>Number of participants</b>	05

## Report:-

Under the scheme **Aapda Mitra Scheme** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an Activity for Essential distribution for flood affected people in Mahad.

Mahad was among the regions worst-affected by the floods that ravaged western Maharashtra. At least 38 people have lost their lives and hundreds of people are now homeless as the record breaking rainfall in the surrounding area caused the worst natural disaster ever in Mahad. In this devastating situation, there is huge requirement of Packed food, milk, drinking water, medical kits, cloths, blankets, etc . This is the time we stand together in the name of humanity.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-





**Winners(if any):-**

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## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Children day
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	November 15 , 2021
<b>Venue/ Online Platform:-</b>	Mazgaon village
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	HARDIK DAVE
<b>Number of participants</b>	5

## Report:-

Under the scheme **To pay tribute to our former Prime Minister, Pandit Jawahar Lal Nehru** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an activity on “Children Day on 15<sup>th</sup> November, 2021 at Mazgaon village.

Pillai HOC College of Arts, Science and Commerce, witnessed a very beautiful celebration of this year's Children's Day. Children's Day is usually celebrated not in a very distinctive manner. But this year went very much differently for our college. The NSS team worked hard to fulfill their promise they made to themselves last year.

This year the activity went very well. We distributed samosa as snacks and crayon colours, children recited some poems in English as well as in Marathi and we taught them alphabets such as [ABCD].

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.s

## Photos:-





<b>Winners(if any):-</b>	

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Competition: 1) Fancy Dress & 2)Fit me Activity (video of fitness)
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	August 15, 2021
<b>Venue/ Online Platform:-</b>	Online (ZOOM Platform)
<b>Activity Falls under Criterion/Criteria: -</b>	Criterion 3
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Mr. Hardik Dave
<b>Number of participants</b>	150

### Report:-

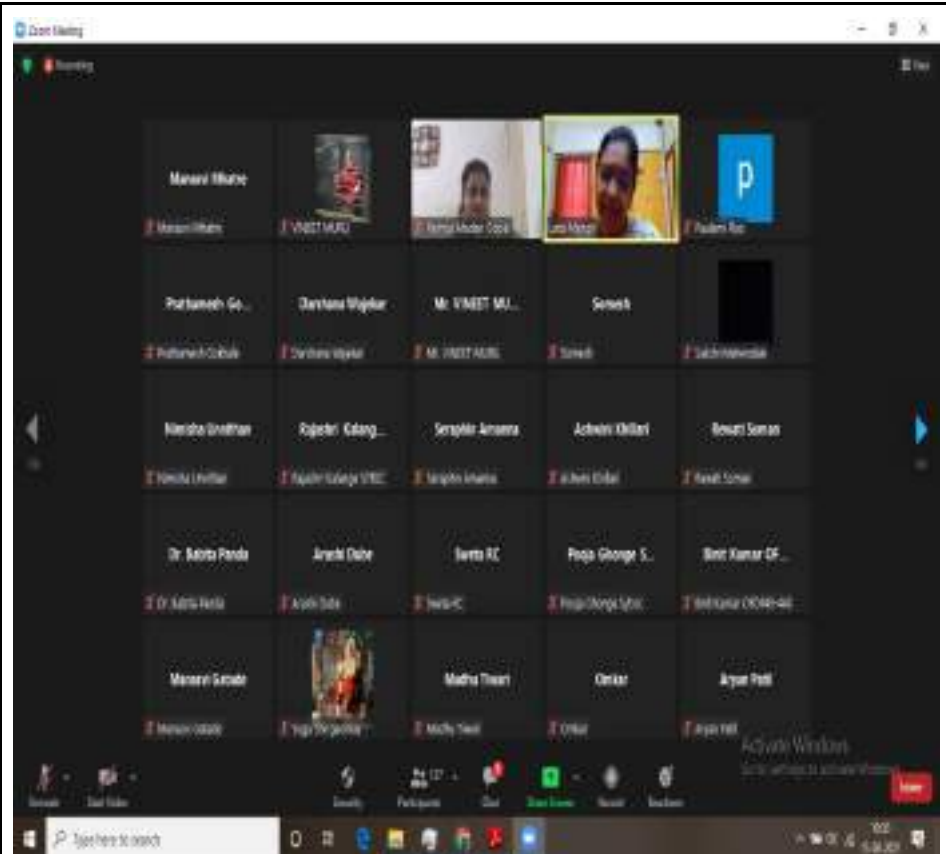
Under the scheme **To know the establishment of a free and independent Indian nation** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an online Competition on 1) Fancy Dress & 2) Fit me Activity (video of fitness) on 15<sup>th</sup> August, 2021 to celebrate the 75<sup>th</sup> year of India's Independence "Azadi ka Amrit Mahotsav".

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and strong support to organize such an event on an online platform to mark this momentous day. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

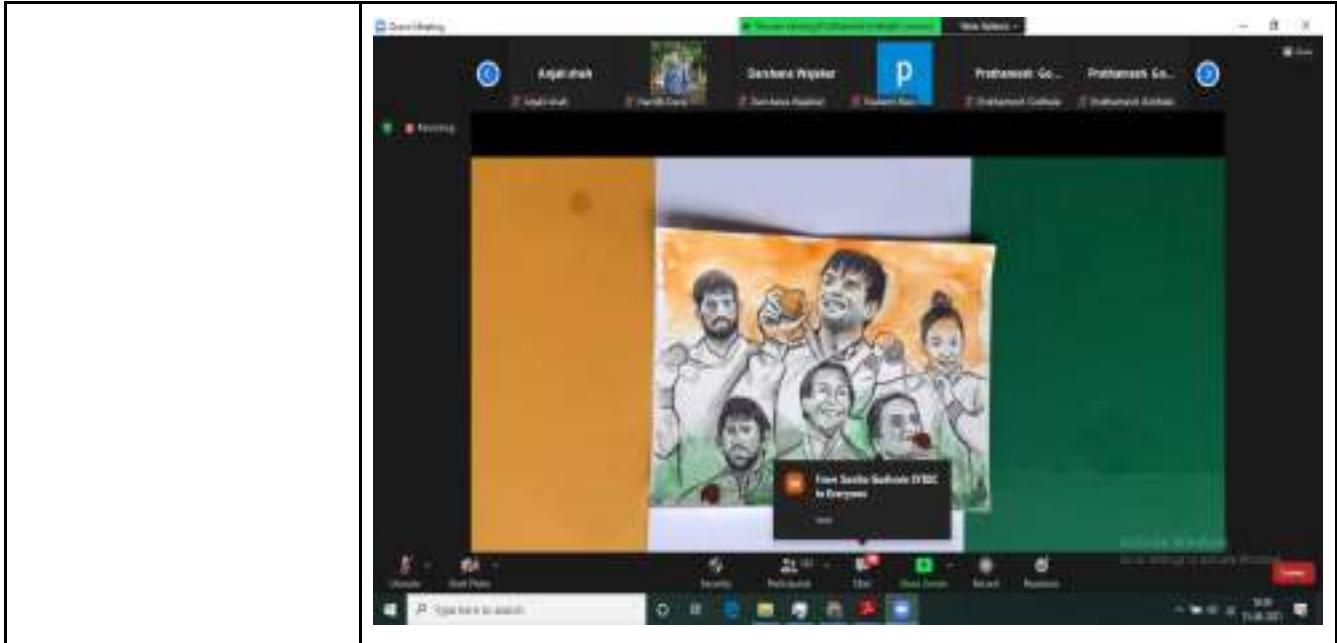
We would like to specially thank all our alumni, who contributed and participated to mark the special occasion, befitting to the theme of the event.

Total Registration for competition: 13

### Photos:-







**Winners(if any):-**

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## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Medical Camp
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	October 16, 2021
<b>Venue/ Online Platform:-</b>	Walmal village
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	
<b>Number of participants</b>	13

**Report:-**

Under the scheme **Pradhan Mantri Swasthya Suraksha Yojana** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a Medical Camp at Walmal village.

Free medical camps are set up with a sacred aim to bring awareness amongst the deprived population of the country who have no access to basic healthcare services or knowledge about the diseases they are suffering from.

The importance and objectives of the medical camp free medical advice, medicine to the unfortunate people and refer them for specialized treatment or surgery whenever it is required. These camps make sure people are getting the healthcare at the right time, and seeing the doctor early enough before a small health problem turns serious.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

**Photos:-**



	
<p><b>Winners(if any):-</b></p>	<p>--</p>

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Tree plantation
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	August 17, 2021
<b>Venue/ Online Platform:-</b>	Majgaon
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	HARDIK DAVE
<b>Number of participants</b>	08

## Report:-

Under the **'Vanmohotsav' Scheme** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized aActivity of Tree plantation at Majhgaon.

Tree plantation is good for the environment. Everyone knows that trees are the source of oxygen. They inhale carbon dioxide and exhale oxygen without which the survival of living beings is not possible on earth.The need for tree plantation has become even greater these days because of the growing pollution in the environment. Tree plantation involves transplanting tree seedlings to grow forests and spread greenery around.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-



## TrackAct - Activity Tracker

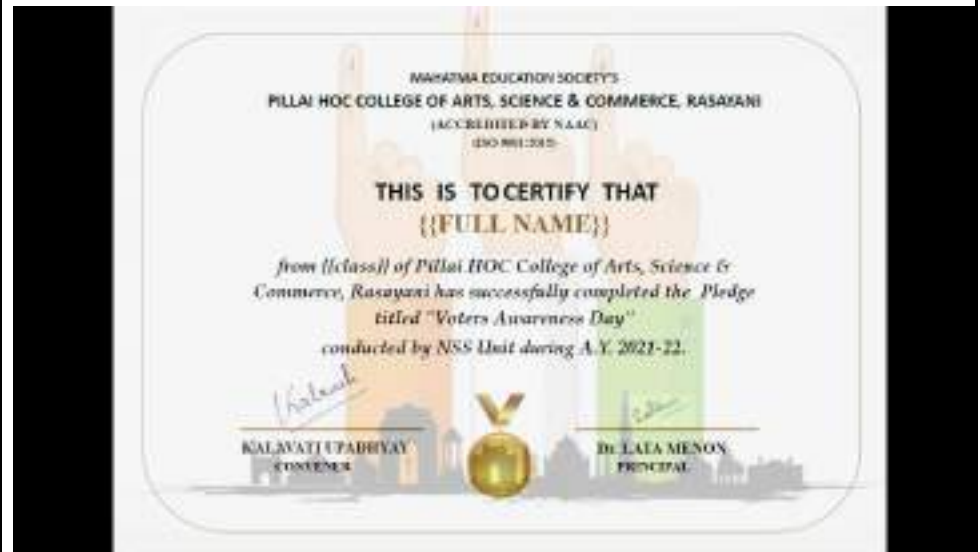
<b>Name of the event :-</b>	VOTER AWARENESS DAY
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	JAN 25, 2022
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria :-</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik Dave
<b>Number of participants</b>	145

**Report:-**

Under the scheme **Election Commission of India 'MyVote My right'** NSS unit of PHCASC celebrated Voter's day on 25th January 2022. The National Voters' Day has been celebrated on January 25 every year since 2011, all across the country to mark the foundation day of Election Commission of India, i.e. 25th January 1950. The main purpose of the NVD celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process by taking oath. 145 volunteers participate in this event.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

**Photos:-**





**Winners(if any):-**

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### TrackAct - Activity Tracker

<b>Name of the event :-</b>	Blanket Donation Drive
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	JAN 26, 2022
<b>Venue/ Online Platform:-</b>	Maazgoan
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik Dave
<b>Number of participants</b>	10

**Report:-**

Under the scheme **PM Garib Kalyan Anna Yojana** On a cold winter day, our NSS team came together to share warmth and compassion with those in need. A blanket donation drive was organized by NSS unit of PHCASC college ON 26 JAN, 2022. And distributed them on 26th January, 2022 to the needy people in our adopted village . This event was organized in physical mode by taking all the safety precautions for COVID-19. Some of our volunteers came to college and worked during this COVID times taking all the precautions and also our principal ma'am "Dr. Lata Menon" and our program officer "Prof. Kalavati upadhyay " along with NSS member Prof. Anita Rajput also guided and supported us. All the blankets were sanitized before distributing them to the needy. Due to it was occasion of 26 Jan, 2022 NSS unit organized some competition among the kids in tribal village like Rangoli Competition and Drawing Competition on the Theme on 26 Jan,2022. Kids participated with full enthusiasm and full energy. The winners were given prizes too.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

**Photos:-**





**Winners(if any):-**



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Vaccination Drive
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	October 27 , 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	HARDIK DAVE
<b>Number of participants</b>	5

## Report:-

Under the scheme **Har Ghar Dastak campaign** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an activity of “Vaccination drive” on 27<sup>th</sup> October, 2021.

Now that COVID-19 vaccines have reached billions of people worldwide, the evidence is overwhelming that no matter which one you take, the vaccines offer life-saving protection against a disease that has killed millions. The pandemic is far from over, and they are our best bet of staying safe.

Our college had arranged a vaccination drive for the students and all staff members of Pillai HOC College, Rasayani. Vaccination is one of our life saving medicine and works as a shield against the Corona Virus, to accelerate the vaccination process for the students and staffs of our college. The college had launched Mission Vaccination for All. The mission will not only help our college students and staffs to get quicker and easier access to the vaccines, it will also help create awareness by busting myths and misinformation.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-



<p><b>Winners(if any):-</b></p>	<p>--</p>

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Aids Awareness Day
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	December 02 , 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik dave
<b>Number of participants</b>	55

## Report:-

Under the **Red Ribbon Scheme** NSS unit in association with the Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized Aids Awareness day on December 02, 2021.

The NSS unit of PHCASC observed World AIDS Day to spread awareness regarding AIDS, call for an increased response to move towards and speak out against HIV stigma following the theme of World AIDS Day 2021, which is "End inequalities, End AIDS ". The NSS volunteers shared facts and medically accurate information about HIV and AIDS. All the student-teachers and faculty members wore red ribbons to raise awareness about AIDS. AIDS awareness slogans 'Let's Stop HIV Together', 'Open your eyes before AIDS closes them' etc resonated through the air. further it stated "we all should take constructive steps to eliminate chronic diseases for making our planet safe and spreading awareness about AIDS disease in communities is must, which our NSS unit volunteers are doing to a great extent." The event was organized by the Red Ribbon Club.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-





## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Ekta Diwas
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	31 October, 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik Dave
<b>Number of participants</b>	50

## Report:-

Under the **Ek Bharat Shreshtha Bharat Scheme** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an Activity on Ekta Diwas(**National Unity Day 2021 in India**) **The event had participation in large numbers, Students & teachers took** an oath to preserve the unity, integrity and security of the nation in the spirit of unification of the county. Thereafter students also engaged themselves in cultural activities by representing each state on the Themed: Unity in Diversity and life history and contribution of Sardar Vallabh Bhai Patel towards making of India.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Human Rights Day
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	December 11 , 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik dave
<b>Number of participants</b>	08

## Report:-

Under the scheme **commemorate the Universal Declaration of Human Rights - Equality** NSS unit in association with the Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an Activity on Human Rights day on December 11, 2021.

Human rights are the basic rights every human being is entitled to. Every year, Human Rights Day is celebrated across the world on December 10 'to commemorate the adoption of the Universal Declaration of Human Rights (UDHR)'. The theme for this year was 'Reducing inequalities and advancing human rights. Many volunteers participated enthusiastically in the activity. The activity was organised by the NSS Program Officer ,the overall supervision and guidance of NSS members at College campus. To sensitize and educate the NSS volunteers about the importance of human rights and the need to protect and promote them, NSS unit ask students to make signs based on equality and do awareness about reducing inequalities.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-





**Winners(if any):-**

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## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Orientation Programme NSS
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	December 06 , 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik dave
<b>Number of participants</b>	SY Students(126)

## Report:-

Under the **National Service Scheme** Day NSS unit in association with the Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized the NSS Orientation Programme on December 06, 2021.

The speaker for the day was Area Coordinator and PO of KLE college Prof. Neha Pandhare. The session was addressed for the NSS volunteers to understand the importance of NSS at the University level. The motto, logo and objective of NSS and the days to be celebrated by the NSS throughout the year was informed to all the NSS volunteers. They were given awareness on the importance of social service for the upliftment of society and in general for the building up of a better nation in future. They were informed about the Regular activities, Special camp and other voluntary services that can transform a society for overall well being. Volunteers were enrolled and team leaders were also selected from the volunteers.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and non-teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-





REPORT ON " REPORT ON ANTI PLASTIC BAN 2021"

<b>Name of the event :-</b>	<b>" REPORT ON ANTI PLASTIC BAN 2021"</b>
<b>Conducted by:-</b>	<b>NSS</b>
<b>Date:-</b>	6th July, 2021
<b>Venue/ Online Platform:-</b>	<b>Mhopada Market</b>
<b>Activity Falls under Criterion/Criteria:-</b>	<b>Criteria 3, Criteria 7</b>
<b>Convenor:-</b>	<b>Ms. Kalavati Upadhya</b>
<b>Co-Convenor: - (if any)</b>	
<b>Number of participants Registered:-</b>	<b>22</b>
<b>Report 250 words:-</b>	<p style="text-align: center;"><b>Distribution of Paper bag</b></p> <p>Under the scheme <b>awareness campaign on single-use plastics by Ministry of Environment</b> NSS committee of the college takes various initiatives to contribute to the community services. The use plastic articles especially plastic bags probe a serious threat to environment. Hence, The NSS unit of Pillai HOC college of Arts, science and commerce, Rasayani conducted a paper bag making and distribution drive on Tuesday, 6th of July 2021 under the guidance of the NSS Program officer Mrs. Kalavati Upadhya and NSS member Mr. Hardik Dave.</p> <p>Firstly we started it by orientation program, Kalavati Ma'am explained us about the activity and the importance of being a volunteer of NSS. Keeping in mind about the Pandemic situation we followed all the social distancing norms and lockdown strictures.</p> <p>The students had to make paper bags which were then distributed to all the locality vendors. Around 22 students participated in the session. We</p>

together made around 55 paper bags. The drive began at 11:30 am with the program officer Mrs. Kalavati Upadhya, the NSS member Mr. Hardik Dave. The students then proceeded towards the vendors.

The NSS volunteers while distributing the paper bags created awareness on the need to use such Eco-friendly bags. The students of the college also created awareness amongst the people about the harmful consequences of using plastic bags and also motivated them to use paper bags.

Thanks & Regards,  
**NSS Unit PHCASC**

**Photos:-**



**Winners(if any)/ Course Completed:-**

NA

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	KARGIL: A Tribute To Soldiers, A Message To Youth
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	July 26, 2021
<b>Venue/ Online Platform:-</b>	Zoom
<b>Activity Falls under Criterion/Criteria: -</b>	Criterion 7
<b>Convenor:-</b>	Ms.Kalavati Upadhyay (NSS) & Ms.Remaya Madangopal(IQAC)
<b>Co-Convenor: - (if any)</b>	Hardik Dave(NSS)
<b>Number of participants</b>	244

**Report:-**

**Mahatma Education Society's**

**Pillai HOC College of Arts, Science and Commerce ,  
Rasayani**

**REPORT ON KARGIL VIJAY DIWAS**

The following Report is based on the Webinar conducted by the IQAC and NSS unit of Pillai HOC College of Arts, Science and Commerce ,Rasayani under the scheme **In honour of the Army's successful mission on 26<sup>th</sup> July, 2021.**

We would like to express our gratitude towards our keynote speaker for webinar Col.Gaurav Chaturvedi (Retired Colonel -7<sup>th</sup> Battalion The Regiment Commission 1991).

**Kargil Vijay Diwas** is commemorated every 26th July in India, to observe India's victory over Pakistan in the War of 1999 for the liberation of sections of Kargil

District in Ladakh from Pakistanis on 26th of July. On this date, India successfully took command of the high outposts.

Kargil Vijay Diwas is celebrated on 26 July every year in honour of the Kargil War's Heroes. This day is celebrated in the Kargil-sector and the national capital, New Delhi, where the Prime Minister of India pays homage to the soldiers at Amar Jawan Jyoti at India Gate every year. Functions are also organized all over the country to commemorate the contributions of the armed forces.

We thank all the faculty members for their constant support to make this event successful. We also thank our Principal Dr Lata Menon Ma'am for her support and guidance. We would like to place on record our appreciation to our Vice-Principal.

Total Registration : 322

Photos:



ANTH RALPOT    Prabhakar G...    Remya Madan G...    Rishi

ANTH RALPOT    Prabhakar G...    Remya Madan G...    Rishi

TRAINING OF SOLDIERS

HOPE – LIKE TODAY COVID - THIS TOO SHALL PASS .

EMPATHY – TODAY WE NEED THIS MORE THAN EVER.

HUMOUR – COVID TIMES BE LIGHT ON LIFE.

FEAR OF UNKNOWN.

DRIVE AND DETERMINATION- BE STEEL WILLED.

ABOUT A SOLDIER

ANTH RALPOT    Prabhakar G...    Remya Madan G...    Rishi

ANTH RALPOT    Prabhakar G...    Remya Madan G...    Rishi

**The build-up**

Jammu & Kashmir

Skardu

Sachan

Parkromm Pass

Actual Ground Position Line

BATAIK

400 waiting to cross over

80-100

KAKSAR

200-250 in Moshkoh

KARGIL

BRASS 60-80

Khandang La

Leh

May 8 - Army patrol notices 9-10 infiltrators east of Bataik

May 7 - Pak artillery fires on Indian patrol

May 8 - Clash between troops and infiltrators

May 9 - Heavy Pakistani shelling damages ammo dump in Kargil

May 10-14 Infiltrators noticed in Drass, Kaksar & north of Moshkoh valley

May 14 - Pushing out operations begin

Line of Control (LoC)

National Highway-1A

Halper Pass

Poonch

Dras

Jammu

China

Estimate numbers of infiltrators



## TrackAct - Activity Tracker

<b>Name of the event:-</b>	<b>A Webinar on “Yoga for Well-being”</b>
<b>Conducted by:-</b>	Yoga and Meditation Committee in association with National Service Scheme (NSS), PHCASC
<b>Date:-</b>	Jun 21, 2021
<b>Venue/ Online Platform:-</b>	Zoom
<b>Activity Falls under Criterion/Criteria:-</b>	Criterion V
<b>Convenor:-</b>	Ms. Ravi Bari
<b>Co-Convenor: -</b>	Ms. Kalavati Upadhyay
<b>Number of participants benefitted:-</b>	52
<b>Report:-</b>	<p style="text-align: center;">Mahatma Education Society’s Pillai HOC College of Arts, Science and Commerce, Rasayani <b><u>Report on A Webinar on “Yoga for Well-being”</u></b></p> <p>On the occasion of International Yoga Day, <b>Yoga and meditation Committee</b> of Pillai HOC College of Arts, Science and Commerce College, Rasayani in association with National Service Scheme (NSS) had organized a <b>webinar on “Yoga for Well-Being”</b> for teaching and non-teaching staff on <b>Jun 21, 2021</b>, from 9.30 am-10.30 am under the <b>Ministry of Ayush Health Scheme</b> through online zoom platform.</p>

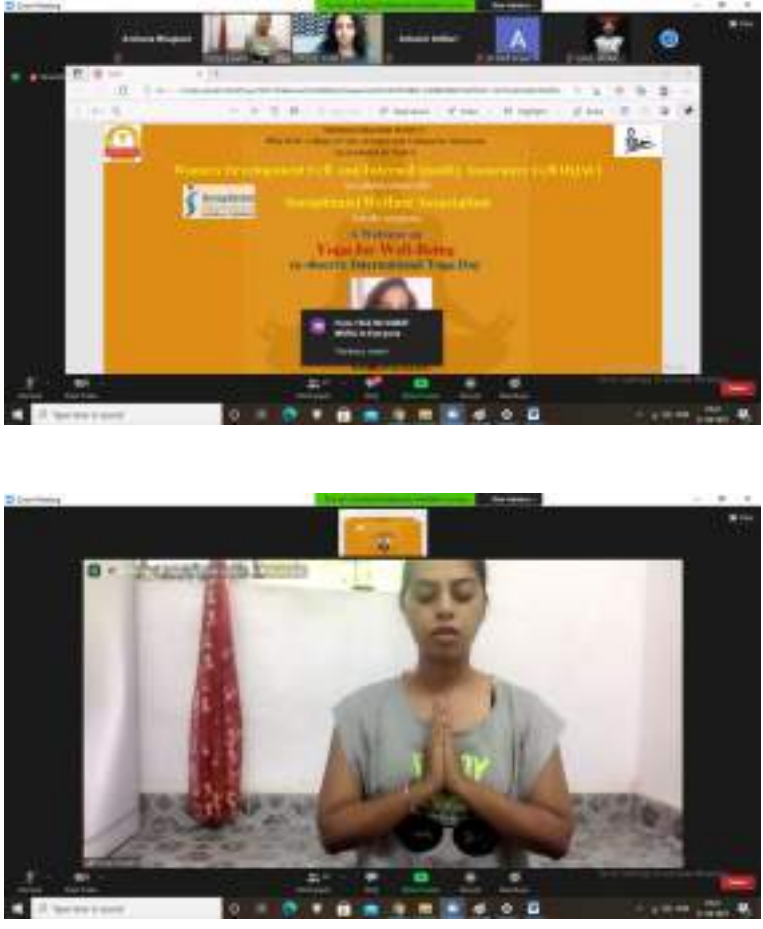
The event began with a welcome note and introduction of the resource person, Ms. Tisha Tripathi by Mr. Ravi Bari, a member of the Yoga Committee and NSS. The resource person explained the origin, importance, and precise way of yoga to balance life. She also explained the contrary implications of yoga. Various breathing techniques such as mudras and asanas were practised in the session. Anulom vilom, Suryabhedan, Chandrabhedan, and kapalbhati were covered in the breathing session. In the mudra session, chin mudra and chinmay mudra was practised by all the participants. Towards the end of the session, yogic breathing and om chanting were practised. E- Certificates were issued to all those who participated in the event. A total of 52 participants attended this event. The event ended with a vote of thanks by Ms. Arushi Dube and positive feedback from the staff members.

We owe a great deal of gratitude to Dr. Lata Menon, Principal, PHCASC for her constant support and guidance. We would like to place on record appreciation towards our Vice-Principal Mr.Binit Kumar.

Thanks & Regards,  
Yoga and Meditation Committee  
& national Service Scheme (NSS).

**Photos:-**



	
Winners(if any):-	NA

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Constitution Day
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	November 26, 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik Dave
<b>Number of participants</b>	All Students of institution Present that day

## Report:-

Under the scheme **commemorating the adoption of the Constitution of India** NSS unit in association with the Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized an Activity on Constitution Day. Constitution day is celebrated through NSS on 26/11/2021 in Pillai HOC College of Arts, Science and Commerce, Rasayani. The Preamble to the Constitution read out by CR of Each Class . All the students and staff followed the Preamble. Constitution Day (or Samvidhan Divas), also known as National Law Day, is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

## Photos:-





**Winners(if any):-**

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## TrackAct - Activity Tracker

<b>Name of the event :-</b>	26/11 A tribute to Marty's Day
<b>Conducted by:-</b>	NSS & IQAC
<b>Date:-</b>	November 26, 2021
<b>Venue/ Online Platform:-</b>	PHCASC
<b>Activity Falls under Criterion/Criteria: -</b>	III
<b>Convenor:-</b>	Ms. Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	Hardik Dave
<b>Number of participants</b>	All the students enrolled in our institution participated in this event Around 50 students

**Report:-**

Under the scheme **candle light march to honor and to remember all those people who were attacked** NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a Activity Tribute to Martyrs Day on 26 Nov attack

It has been 13 years since the terror attacks in Mumbai orchestrated by Lashkar-e-Taiba left 166 people dead and 238 injured. So to give a tribute to all the fighters who fought bravely and to everyone who lost their lives. We at PILLAI HOC COLLEGE OF ARTS SCIENCE AND COMMERCE hosted a candle light march to honor and to remember all those people who were attacked. Also everyone kept two minutes of silence for peace of people who lost their lives and families who lost their loved ones in the attack.

We thank our Principal, Dr. Lata Menon, our chief guest for the day, for inspirational words during the address, for her guidance to students and teaching staff. We are also grateful to our Vice Principal, Prof. Binit Kumar and to all our colleagues for their cooperation to make the event successful.

**Photos:-**





**Winners(if any):-**

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## TrackAct - Activity Tracker

<b>Name of the event :-</b>	DISTRIBUTION OF MASKS BY NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	5 <sup>th</sup> JULY, 2020
<b>Venue/ Online Platform:-</b>	Majgaon Village (Wadi)
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	100
<b>Report:-</b>	<b>Mahatma Education Society's</b>

**Pillai HOC College of Arts, Science and Commerce ,  
Rasayani**

**REPORT ON DISTRIBUTION OF MASKS BY NSS UNIT OF  
PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE**

The following Report is based on the activity conducted by the NSS unit of Pillai HOC College of Arts, Science and Commerce on 5<sup>th</sup> July, 2020 under the **Pradhan Mantri Garib KalyanYojana (PMGKY) scheme**

Life has completely changed for everybody with the outbreak of a global Pandemic Covid-19. The care and protection is the need of an hour. There are responsibilities towards our countrymen and we ought to discharge our duties more sincerely and with utmost responsibilities. The NSS unit of Pillai HOC College of Arts, Science and Commerce did the same to set an example for all to follow.

They distributed masks in their adopted village of Mangaon (Wadi). The number of masks distributed goes around 100 and not only they distributed the masks but also interacted with the localities. They created an awareness about the present situation and guided the villagers how to positively approach this difficult phase,

The live demonstration of face mask usage as well as its importance was also highlighted.

Thus, under the abled leadership of MsKalavati.U, The NSS Presiding Officer, the team managed to add one more feather to its cap.

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	SARVA SHIKSHAN ABHIYAAN AT PARADE VILLAGE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	8th February,2021
<b>Venue/ Online Platform:-</b>	Parade
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	20
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts, Science and Commerce took an initiative to teach the village children in their school under <b>SARVA SHIKSHAN ABHIYAAN</b> . The main objective behind this initiative was to give a message that "education does not stop in any situation" because children are the most important part of our society who would make a difference in the future. The volunteers interacted for 1hr with the children and told them about success stories of

famous personalities and how to deal with challenges in life. The activity ended with children showing their talents like singing and reciting to the volunteers and giving homework to the children so that the children would practice it themselves. From their enthusiasm volunteers learnt that "education is the movement from darkness to light".

**Photos:-**



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	ROAD SAFETY
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	11th February,2021
<b>Venue/ Online Platform:-</b>	Mohopada, Rasayani
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	20
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts, Science and Commerce did a street play on "Road Safety" at Mohopada market. under the <b>Traffic safety campaign</b> The main objective behind the street play was to create awareness among people regarding traffic rules and road safety. The NSS volunteers shouted slogans like "veg awara jeevan sawara". The street play observed an audience of all age groups from school children to senior citizens. The content of street play covered all topics from "importance of traffic signals" to "drink and driving". The street play ended with volunteers telling importance of road safety to audience and by taking pledge regarding "to follow traffic rules" with the regional traffic police.

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	BEACH CLEANING DRIVE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	13th February,2021
<b>Venue/ Online Platform:-</b>	Varsoli Beach,Alibaug
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	20
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts, Science and Commerce organized 'Beach Cleaning Drive' on 23rd October,2019 at Varsoli Beach Alibaug.under the <b>Swach bharat mission</b> . The main objective behind the 'Beach Cleaning Drive' was to collect the plastic waste which was thrown by the tourists ans plastic thrown out from the sea. All Volunteers were divided into teams and spread all around the beach with disposable bags and collected many types of plastic waste. They collected 53 bags of waste from all over the beach. By collecting waste, volunteers realized that they have made a change in the beach by cleaning it. The Drive was ended with

collecting all waste near the garbage bin and leaving behind a clean beach.

**Photos:-**



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	NEW YEAR CELEBRATION AT MAZGAON VILLAGE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	17th January,2021
<b>Venue/ Online Platform:-</b>	Mazgaon
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	25
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts,Science and Commerce organised Corona awareness drive in the village.under the <b>To welcome the new begining and let go of previous year.</b> The program was started with awareness speeches by the NSS leader Mr.Harshal Sawant and NSS Programme Officer Ms.Kalavati Upadhyay. The NSS Volunteers also conducted a drawing competition and Yoga session for children, where the drawing competition was named "Paint your Imagination" where the children portrayed their imagination on papers with best colours. The Yoga Asanas were taught by NSS Leaders Mr.Raghavendra Deulgaonkar and Mr.Ved Mhatre, which helped the children refresh their mind with their body.

The program was ended with distributing soaps to villagers and kites to small children, which will also give the children motivation to fly high like kites.

**Photos:-**



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	CLOTHES DISTRIBUTION DRIVE AT PARADE VILLAGE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	20th January,2021
<b>Venue/ Online Platform:-</b>	Parade
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	25
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts, Science and Commerce organised a clothes distribution drive under <b>PM Garib Kalyan Anna Yojana</b> in the village. The clothes distributed among the villagers were collected by volunteers from their friends and from their neighbourhood. The main objective behind the donation drive is "that many among India's poor and underprivileged lack adequate clothing and to give an underprivileged person a pair of clothes is as good as dressing him/her with self-respect". So, the PHCASC NSS Unit took this step to give self respect by providing clothes to 200 families of village in which all the families co-operated in a good way which also kept the volunteers motivated throughout the drive. The drive was ended with giving chocolates to children of the village. The

villagers were so happy and gave blessings to the whole NSS team and the volunteers learnt that "happiness doesn't result from what we get but from what we give".

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	CLOTHES DISTRIBUTION DRIVE AT MAZGAON VILLAGE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	22nd January,2021
<b>Venue/ Online Platform:-</b>	MAZGAON
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	20
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts,Science and Commerce organised clothes distribution drive under <b>PM Garib Kalyan Anna Yojana</b> in the village. The clothes distributed among the villagers were collected by volunteers from their friends and from their neighbourhood. The main objective behind the donation drive is "that many among India's poor and underprivileged lack adequate clothing and to give an underprivileged person a pair of clothes is as good as dressing him/her with self-respect". So, the PHCASC NSS Unit took this step to give self respect by providing clothes to 100 families of village in which all the families co-operated in a good way which also kept the volunteers motivated throughout the drive. The

drive was ended with giving chocolates to children of the village. The villagers were so happy and gave blessings to the whole NSS team and the volunteers learnt that "happiness doesn't result from what we get but from what we give"

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	PLAY AND LEARN AT PARADE VILLAGE
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	22nd January,2021
<b>Venue/ Online Platform:-</b>	Parade
<b>Activity Falls under Criterion/Criteria:-</b>	
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of participants benefitted:-</b>	10
<b>Report:-</b>	The NSS Unit of Pillai HOC College of Arts, Science and Commerce took an initiative to play and learn with village children in their school. under the <b>Sarv Siksha Abhiyan</b> . The main objective behind this initiative was to understand what things go on in these young minds and to also teach them about cleanliness. While interacting Volunteers got to know that there are our future IPS officers and Chief Ministers among the children. The volunteers interacted for 1hr with the children and taught them about cleanliness, hygiene and ethics. The volunteers also told them about success stories of famous personalities and how to deal with challenges in life. The

activity ended with students showing their talents like dancing and reciting poems to the volunteers.

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	BLOOD DONATION CAMP
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	23rd January, 2021
<b>Venue/ Online Platform:-</b>	Khopoli
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	56
<b>Report:-</b>	<p>The NSS Unit of Pillai HOC College of Arts, Science and Commerce in association with Rotaract Club of Khopoli organised Blood Donation Camp in Khopoli. under <b>Ministry of Youth affair and Sports/ Yuva nehru kendra</b> The main objective behind the camp was to tell importance of blood donation to the people and how their one act of charity would save a life. The activity was started with speeches from the President of Rotaract Club Mr. Shreyas Jadhav and the NSS PO Ms. Kalavati Upadhyay. The camp observed donors of all age group from 18 year old student to 60 year old citizen amid the covid19 situation. The whole event was well organized by maintaining all social distancing norms. The camp received donation</p>

of 56 bottles. The event was ended by giving thanksgiving speech to the donors, doctors, medical staff and the organisers.

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	PARAKRAM DIWAS
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	23rd January, 2021
<b>Venue/ Online Platform:-</b>	Khopoli
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	56
<b>Report:-</b>	<p>Every year on 23rd January our country celebrates the birth anniversary of the great freedom fighter Netaji Subhash Chandra Bose. This year in 2021, Government of India has decided to celebrate the birthday of Netaji Subhash Chandra Bose as 'Parakram Diwas' every year under the banner of <b>Ek Bharat Shreshtha Bharat Scheme</b>. In order to honour and remember Netaji's indomitable spirit and selfless service to the nation the NSS Unit of Pillai HOC College of Arts, Science and Commerce organised a prayer meet at Mazgaon Village. The prayer meet included the children of the village who were told about the role of Netaji in India's freedom by the volunteers. The children also sang patriotic songs with volunteers and also the children kept flowers in front Netaji's picture. The meet was ended by singing National Anthem</p>

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	MARTYRS DAY
<b>Conducted by:-</b>	NSS UNIT OF PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE IN ASSOCIATION WITH IQAC OF PHCASC
<b>Date:-</b>	30th January,2021
<b>Venue/ Online Platform:-</b>	Mazgaon
<b>Activity Falls under Criterion/Criteria:-</b>	3 and 7
<b>Convenor:-</b>	Ms Kalavati Upadhyay
<b>Co-Convenor: - (if any)</b>	--
<b>Number of NSS Volunteers</b>	20
<b>Report:-</b>	<p>Every year on 30th January our country celebrates "Martyrs Day" in the memory of Mahatma Gandhi and also to honour our brave martyrs who have laid down their lives for the country. In order to honour our martyrs and to remember our "Father of Nation", the NSS Unit of Pillai HOC College of Arts, Science and Commerce organised a prayer meet and conducted parade at Mazgaon village <b>to commemorate the sacrifices given by freedom fighters</b>. The Parade included the children of village and they were also told about the role of "Mahatma Gandhi in India's freedom and the martyrs who sacrificed their lives in different terrorist attacks such as "Kargil War" and "Handwara Attack". The volunteers gave deep information to the children about Martyrs such as Kargil Hero "Cap.Vikram Batra" and "Constable Tukaram Ombale" of 26/11</p>

attack. The children observed 2 mins silence in the memory of those who sacrificed their lives for our motherland. They also sung patriotic songs with volunteers and the meet was ended by singing National Anthem.

**Photos:-**



**Winners(if any):-**

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Awareness Programme Awareness on Sanitization and Hygiene at Majgaon village of Raigarh District.
<b>Conducted by:-</b>	UNDER THE BANNER NATIONAL SERVICE SCHEME (NSS)
<b>Date:-</b>	1, october 2020
<b>Venue/ Online Platform:-</b>	Adopted Village – Majgoan Zilla parishad School
<b>Activity Falls under Criterion/Criteria:-</b>	Criterion 3
<b>Convenor:-</b>	Ms.Kalavati upadhyay
<b>Co-Convenor: - (if any)</b>	Mr Hardik Dave
<b>Number of participants benefitted:-</b>	30 villagers
<b>Report:-</b>	NSS Unit of Pillai HOC College of Arts, Science and Commerce, Rasayani organized an awareness programme on Sanitization and Hygiene under the Ministry of Ayush and health scheme . NSS Team consisting of one faculty member, Ms Kalavati Upadhyay, reached the village along with 4 student volunteers of NSS.

Video from my gov site was screened before villagers and student volunteers made them aware about the importance of cleanliness.

During the entire event every participant was wearing mask and followed the social distancing norms.

Event concluded at 3 pm.

The whole event was very informative for villagers and it helped villagers to clear many doubts about Sanitization and Hygiene.

**Photos:-**



	
<b>Winners(if any):-</b>	

## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Awareness drive on Donate Blood and Save Life
<b>Conducted by:-</b>	Youth Red Cross Society, Institutional Social Responsibility Cell & NSS Unit
<b>Date:-</b>	April 26, 2021 to May 2, 2021
<b>Venue/ Online Platform:-</b>	Social Media Platforms Whatsapp/Instagram/twitter
<b>Activity Falls under Criterion/Criteria:-</b>	Criterion 3
<b>Convenor:-</b>	Ravi Bari
<b>Co-Convenor: - (if any)</b>	Kalavati Upadhyay
<b>Number of participants benefitted:-</b>	All the students and Faculty members shared the banner to raise awareness.(500 aprox)
<b>Report:-</b>	Youth Red Cross Society conducted an awareness campaign on Blood Donation Drive taking into consideration the importance of blood donation during this Coronavirus pandemic situation, where there is a less inclination on the part of people to donate blood. At this hour of crisis, one needs to

	<p>remind oneself the importance of solidarity and generosity. A small gesture like donating blood can make a big difference to the life of people.</p> <p>As of May 1, 2021 onwards, all citizens who fall under the age group of 18-45 years were to be vaccinated and as per the rule, a vaccinated person cannot donate blood for at least 2 months. This may create a major crisis in blood banks as the majority of blood donors are in the age group of 18-45 years. Thus to avoid this situation, this drive was initiated to urge the citizens to donate blood before getting covid vaccine shot.</p> <p>In all around 46 people had registered for the donation drive.</p> <p>We thank our student participants for their overwhelming responses and active participation.</p>
<b>Photos:-</b>	



CHATS

STATUS

CALLS



**Nidhina Anand Fybcom PHCASC**  
Today, 2:43 pm



**Yojana Patil Fybcom**  
Today, 2:41 pm



**Jagruti Kondilkar Fybcom PHCASC**  
Today, 2:40 pm



**Sagar Patwari Fybcom PHCASC**  
Today, 2:39 pm



**Abhishek Pandey Fybcom PHCASC**  
Today, 2:36 pm



**Vrushali Pawar Fybcom PHCASC**  
Today, 2:36 pm



**Shruti Kurangale Fybcom PHCASC 2**  
Today, 2:34 pm



**Babita Panda PHCASC**  
Today, 2:30 pm



**Vineet Murli Sir Phcacs**  
Today, 2:23 pm



**Sunil Shedge Educare Tution**  
Today, 2:08 pm





CHATS 80

STATUS

CALLS

Viewed updates



DEULGAONKAR RAGHVENDRA GOPA...  
1 minute ago



Kalavati Upadhyay Ma'am(Pillai)  
5 minutes ago



Yoga For Unity  
5 minutes ago



YRC Manya Sandha  
6 minutes ago



MST-ATKT22Aprl WAGH YASH ANANT  
39 minutes ago



Sweta Makwana JHC  
51 minutes ago



Gagh Gauri FyBSc 2020-21  
58 minutes ago



Shaunak Jhc  
Today, 12:28 pm



Sagar Salunkhe JHC  
Today, 12:22 pm



## Viewed updates



**Tushar Baf**

Just now



**Utkarsh**

Just now



**Shubh Bms**

16 minutes ago



**Dishant**

17 minutes ago



**Manya SyBms**

38 minutes ago



**Shivanshu Tripathi**

41 minutes ago



**Julie**

42 minutes ago



**Santy**

Today, 12:08 PM



# WhatsApp



CHATS 66

STATUS

CALLS



**Niha Tyba**

Just now



**Chandan Fybcom**

Just now



**Pushkar SYBCOM**

1 minute ago



**Roshan Tyit**

19 minutes ago



**Ravi Hoc**

22 minutes ago



**Saurabh FYBMM**

24 minutes ago



**Devendra Jadhav Tybcom**

26 minutes ago



**Nikhil Tybmm**

27 minutes ago



Uria





CHATS 88

STATUS

CALLS



YRC Akanksha Shridhar Golsangi  
35 minutes ago



+91 93261 19471  
Today, 3:30 pm



Chirayu Student Sybcom  
Today, 2:32 pm



NSS Ayushi Student  
Today, 2:26 pm



Vinit Sir(Pillai)  
Today, 2:25 pm



Yoga For Unity  
Today, 1:51 pm



DEULGAONKAR RAGHVENDRA GOPA...  
Today, 1:34 pm



Yoga For Unity  
Today, 1:30 pm



YRC Manya Sandha  
Today, 1:30 pm





**P.H.C.A.S.C.**

+91 97631 88602, Archana, Arus...



For further details contact:  
Mr. Sagar Gaikwad  
[9833376766](tel:9833376766)  
Email Id: [sagar.gaikwad@vsit.edu.in](mailto:sagar.gaikwad@vsit.edu.in)

8:41 am

Greetings!!

Youth Red Cross Society, Institutional Social Responsibility Cell and NSS unit of Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani has taken responsibility to spread awareness among youth to come forward and donate the life saving fluid BLOOD!

We all know that from May 1, 2021 India will enter in third phase of vaccination and as per the rule a vaccinated person can not donate blood for atleast two months. This may create a major crisis in blood banks because the majority of blood donors are in 18-45 age group. Hence we request every citizen to donate blood before getting the vaccine shots.

We request all students and faculty members to spread this message and flyer on whatsapp status, and social media accounts to make this awareness drive successful.

Thanks and Regards,  
Youth Red Cross Society, ISR Cell & NSS Unit,  
PHCASC.

1:15 pm ✓✓



1 page • PDF

1:15 pm ✓✓



Type a message



## TrackAct - Activity Tracker

<b>Name of the event :-</b>	Two Wheels One Life
<b>Conducted by:-</b>	A joint initiative by United Way Mumbai and NSS Cell, University of Mumbai under the aegis of UNITED FOR ROAD SAFETY
<b>Date:-</b>	Jan 2,2021 to Feb 10, 2021
<b>Venue/ Online Platform:-</b>	online
<b>Activity Falls under Criterion/Criteria :-</b>	Criterion 3
<b>Convenor:-</b>	Mr Ravi Bari
<b>Co-Convenor: - (if any)</b>	Ms Kalavati Upadhyay
<b>Number of participants benefitted:-</b>	7

<b>Report:-</b>	<p>Road Safety Event was conducted by United Way Mumbai in collaboration with NSS team of PHCASC. The event conducted between Jan 2,2021 to Feb 10, 2021.</p> <p>Various competitions was held under this initiatives like Paper Presentation (in which Trupti Subhash Deshmukh and Muskan Rafik Shaikh from FYBCOM participated and received prizes), Debate Competition (in which <b>Apurva Gole from Sy BSc-CS and Amrish Singh from FYBMS participated and received certificate</b>), Short film making (in which <b>Ankita Panpatil from TyBSc-IT participated and received certificate</b>),</p>
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	<p>Poster Making (in which <b>Manasvi Mhatre from FyBMM and Saloni Pawar from FyBCom participated and received certificate</b>).</p> <p><b>We thank our Principal Dr.Lata Menon and Vice Principal Prof. Binit Kumar for her constant guidance and support.</b></p>
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<b>Date:-</b>	Jan 2,2021 to Fed 10, 2021
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<b>Activity Falls under Criterion/Criteria:-</b>	Criterion 3
<b>Convenor:-</b>	Mr Ravi Bari
<b>Co-Convenor: - (if any)</b>	Ms Kalavati Upadhyay
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Poster Making (in which **Manasvi Mhatre from FyBMM and Saloni Pawar from FyBCom** participated and received certificate).

**We thank our Principal Dr.Lata Menon and Vice Principal Prof. Binit Kumar for her constant guidance and support.**

**Photos:-**



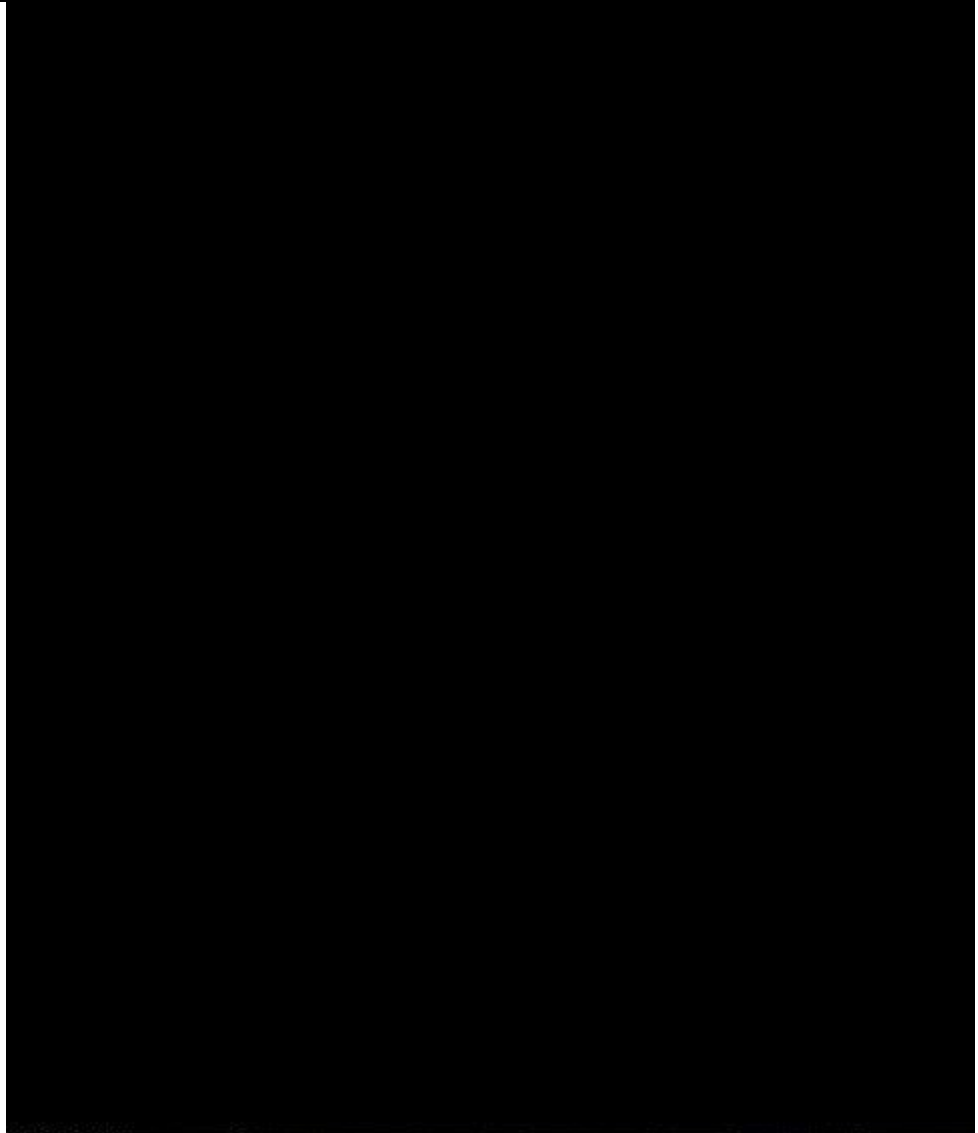
**Winners(if any):-**

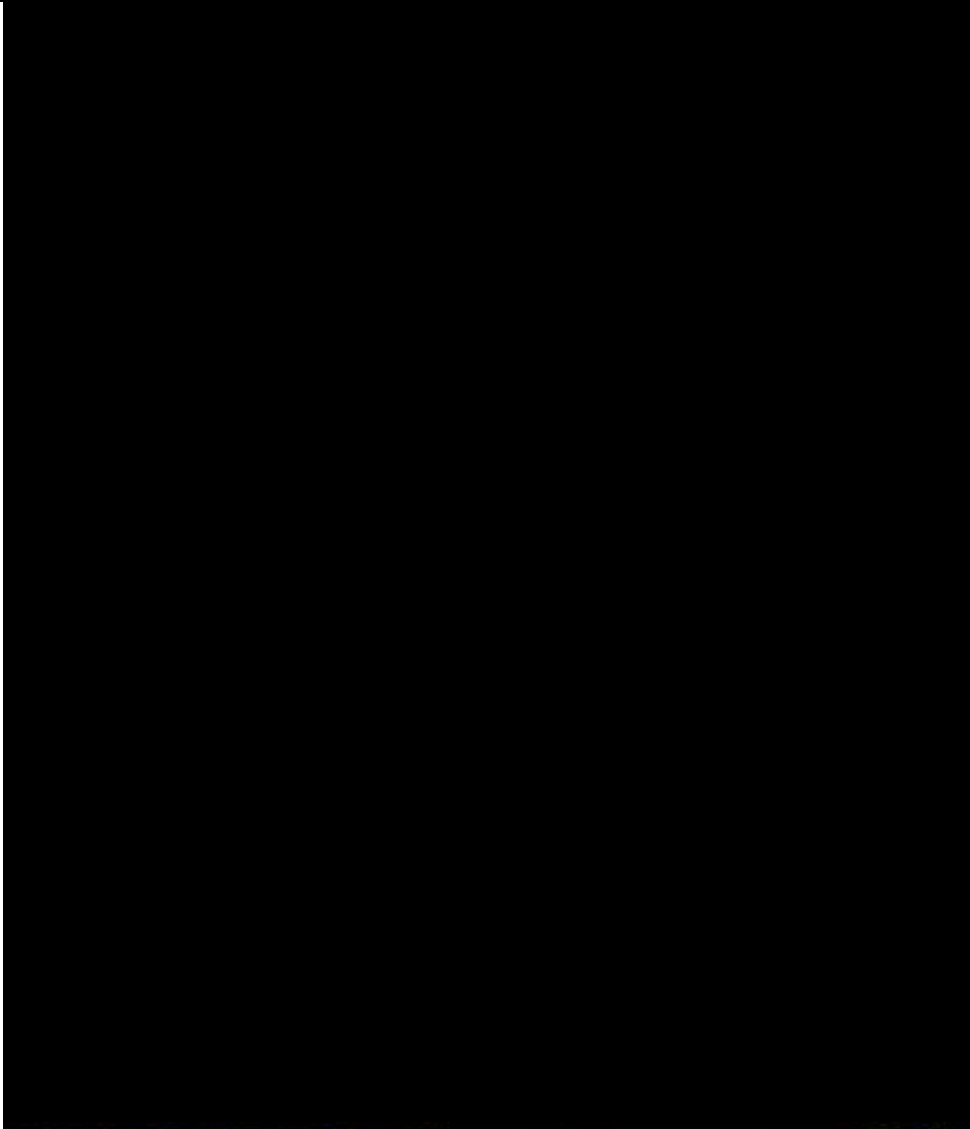
## TrackAct - Activity Tracker

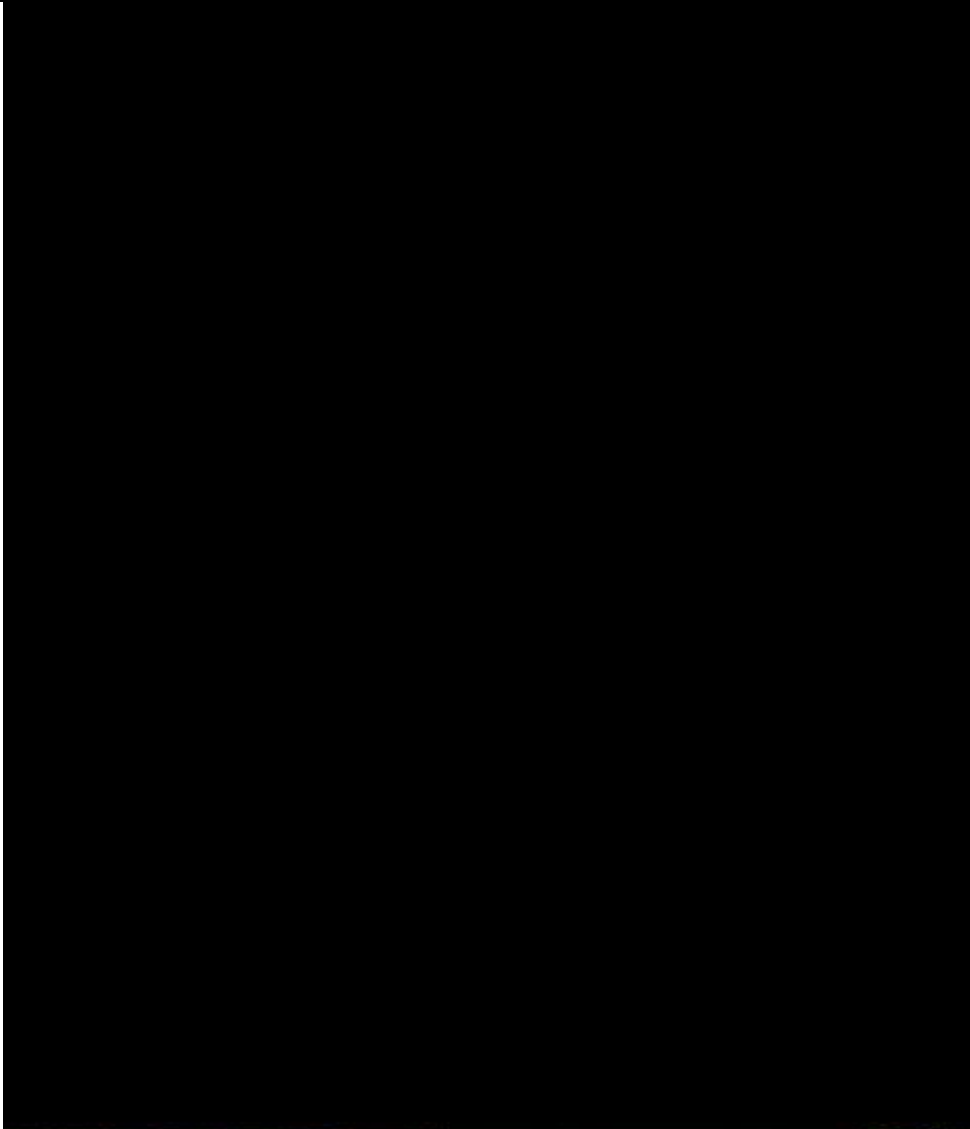
<b>Name of the event :-</b>	Tree Plantation
<b>Conducted by:-</b>	NSS UNIT OF PHCASC
<b>Date:-</b>	July 07,2020
<b>Venue/ Online Platform:-</b>	BY STAYING AT HOME ( VIDEO )
<b>Activity Falls under Criterion/Criteria:-</b>	Criterion 3 and 7
<b>Convenor:-</b>	Ms.Kalavati upadhyay
<b>Co-Convenor: - (if any)</b>	Mr. hardik dave
<b>Number of participants benefitted:-</b>	55
<b>Report:-</b>	Every year NSS unit of PHCASC CELEBRATES TREE plantation week by planting about 500 plantation adopted villages with the help of students volunteers ans

	<p>NSS Members under '<b>Vanmohotsav</b>'.<b>Scheme</b>. This year due to Covid-19 pandemic situation and keeping the health safety in mind, our team could not go villages for the tree plantation activity but even in this situation our student took an initiative to plant at least one tree at home and in their neighbourhood tree plantation observed from 1<sup>st</sup> week july to 7<sup>th</sup> july every year</p>
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Photos:-







**Winners(if any):-**





## पिल्लईच्या विद्यार्थ्यांकडून पोषण आहाराचा संदेश

पदयात्रा रॅलीतून केला प्रचार



खालापूर : राष्ट्रीय सेवा योजनाच्या माध्यमातून पिल्लई कॉलेज मोहपाडा येथील शेंकडी विद्यार्थी ग्रामीण भागात जावून स्वच्छतेच्या समवेत पोषण आहाराचा संदेश देण्यासाठी पदयात्रा रॅली काढण्यात आली. या समवेत प्लास्टिक पिशवी वापरणे बंद करून कापडी पिशवी वापरण्यास सांगितले. यावेळी त्यांनी पटनाट्याच्या माध्यमातून आपला संदेश जनतेपर्यंत पोहचविले.

राष्ट्रीय पोषण आहारविषयी त्यांनी उत्तम प्रकारे मार्गदर्शन करून ग्रामस्थांमध्ये जनजागृती निर्माण केली. त्याचबरोबर लहान मुलांची काळजी घेणे, त्याचबरोबर गरिदरपणांमध्ये काय करायला हवे यांचे महत्व पटवून सांगितले. गेले अनेक दिवस शाळेतील तरुणवर्ग विविध गावांमध्ये जावून जनतेमध्ये आरोग्य विषयी माहिती सांगत आहेत.

Navarashtra Raigarh Plus Edition  
25 Sep, 2019 Page No. 2

## Cops don counsellor's hat, warn students on dangers of drugs

Staff Reporter / Navi Mumbai  
THE Anti-Narcotics Cell of Navi Mumbai Police conducted awareness seminars about the ill effects of drug abuse amongst college students at Panvel on August 29. The awareness drive was conducted in assistance with Navi Mumbai Colleges'

Panvel, D D Vignote College, Ram College, Pili's HOC College - Raayam, C K T College, K L C College took part in the awareness sessions. "The students were made aware of how addictive and damaging narcotics can be, and how difficult it was to break away

denis of drug peddling. During the awareness drives, panel discussions and lectures were held by officers from the Navi Mumbai Anti-Narcotics Cell and members of NGO Asha Ki Kiran, to explain the physical, psychological and legal hazards of drug abuse.



Association and NGO Asha Ki Kiran which runs a rehabilitation centre. "The awareness sessions was at Pili's Institute of Management and Research, New Panvel, with around 400 college students in attendance," said Anti-Narcotics Cell Senior Police Inspector Ravindra Budhwant. Students of Pili's College - New

from the habit," said he. An ANC officer said that colleges were chosen as venues for the seminars after the local police and the Anti-Narcotics Cell arrested several drug peddlers near educational institutions in the area. The police have launched a sustained crackdown in the area over the last couple of years, after a rise was observed in inci-

Asha Ki Kiran President Bashir Qureshi, Pili's College NSS Prof. Shahab Rishi, journalist Anil Shengokar and other dignitaries were present at the event. Officers said that the awareness campaigns were aimed at college students, slum dwellers and daily wage labourer, who are among the biggest consumer base of street drug peddlers.

# पिल्लई कॉलेजच्या विद्यार्थ्यांची ग्रामीण भागात पद यात्रा

रॅली काढून दिला पोषण आहाराचा संदेश

► **कर्नाळा :** कवशिनाथ जाधव राष्ट्रीय सेवा योजनाच्या माध्यमातून पिल्लई कॉलेज मोहपाडा येथील शेंकडी विद्यार्थी ग्रामीण भागात जावून स्वच्छतेच्या समवेत पोषण आहार वा संदेश देण्यासाठी पद यात्रा रॅली काढण्यात आली. या समवेत प्लास्टिक पिशवी वापरणे बंद करून कापडी पिशवी वापरण्यास सांगितले. यावेळी त्यांनी पटनाट्याच्या माध्यमातून आपला संदेश जनतेपर्यंत पोहचविले. राष्ट्रीय पोषण आहाराचा संदेश देण्यासाठी पदयात्रा रॅली काढण्यात आली. या समवेत प्लास्टिक पिशवी वापरणे बंद करून कापडी पिशवी वापरण्यास सांगितले. यावेळी त्यांनी पटनाट्याच्या माध्यमातून आपला संदेश जनतेपर्यंत पोहचविले.

येणे, त्याच बरोबर गरिदर पणांमध्ये काय करायला हवे, याचे महत्व पटवून सांगितले.

गेले अनेक दिवस शाळेतील तरुण वर्ग विविध गावांमध्ये जावून जनतेमध्ये आरोग्य विषयी माहिती सांगत आहेत. त्याचबरोबर लहान मुलांची काळजी घेणे, त्याचबरोबर गरिदरपणांमध्ये काय करायला हवे यांचे महत्व पटवून सांगितले. गेले अनेक दिवस शाळेतील तरुणवर्ग विविध गावांमध्ये जावून जनतेमध्ये आरोग्य विषयी माहिती सांगत आहेत.



सौतेलस केवळे

विद्यार्थ्यांचा मार्गदर्शन करायला येऊन यांच्या कडून होत असून प्रोफेस अशिकास महाराजे करण कादु, शिवाजी विवेक, लडिक दवे, रवि धारी, आच्युती बडकण, मंगल

मिश्रा, रोहित खाटे, पुला गदप, सुपाली सुर्वे, चोपन म्हाडकेकर, अशिकास शिवाजी, रोहित कर्वळे, शिवाजी जाधव अदि रक्त शोकाचो विद्यार्थी ह्या रॅलीत सहभागी होणे.

उद्योगांच्या अगत्या क्षेत्रावर अजय कदम यांचे वरिष्ठ सपोर्ट्समनसह सहकार्य घेऊन अंमली पदार्थ विरोधी जनजागृतीसाठी पुढाकार घ्यावा. अंमली पदार्थांविषयी जागृती वाढवणे, कनिष्ठ शिबिरांत सौ. सुधीर, नरेंद्र उपस्थित होते.

# दैनिक लोकदृष्टी

## महाविद्यालयीन विद्यार्थ्यांनी अंमली पदार्थ विरोधी जनजागृतीसाठी पुढाकार घ्यावा!

स.पो.आयुक्त अजय कदम यांचे आवाहन



नवी मुंबई (प्रतिनिधी)- महाविद्यालयीन विद्यार्थ्यांनी घातक अंमली पदार्थांमधून स्वतःला दूर ठेवून आपले अग्रगण्य सुद्ध, शिळेनी व सद्गुण उंचावे तसेच समाजात अंमली पदार्थ विरोधी जनजागृती करण्यासाठी पुढाकार घ्यावा असे आवाहन नवी मुंबई मुन्हेशाखेचे सहाय्यक पोलिस आयुक्त अजय कदम यांनी केले. नवी मुंबईचे पोलिस आयुक्त व मुन्हेशाखेचे पोलिस

अजय कदम यांनी पोलिस निरीक्षक राहुल कुलकर्णी, सहाय्यक अजय कदम यांनी पोलिस निरीक्षक सुधीर कांतेंज, ब्रॉन्स कांतेंज, पिन्नाई कांतेंज, एच.एस.एस.चे प्रचार्य शंकाय शिंदे व इतर मान्यवरांसह अंमली पदार्थ विरोधी जनजागृतीसाठी पुढाकार घ्यावा असे आवाहन नवी मुंबई मुन्हेशाखेचे सहाय्यक पोलिस आयुक्त अजय कदम यांनी केले.

अंमली पदार्थांच्या खरेदी करताना सहाय्यक

अजय कदम हे बोलत होते. या कार्यक्रमाप्रसंगी पिन्नाई कांतेंज, ब्रॉन्स कांतेंज, पिन्नाई कांतेंज एच.एस.एस.चे प्रचार्य शंकाय शिंदे व इतर मान्यवरांसह अंमली पदार्थ विरोधी जनजागृतीसाठी पुढाकार घ्यावा असे आवाहन नवी मुंबई मुन्हेशाखेचे सहाय्यक पोलिस आयुक्त अजय कदम यांनी केले.

# यकाळ

## तरुणांनो, मानसिक शक्ती वाढवा

सहाय्यक पोलिस आयुक्त अजय कदम यांचा सल्ला

नवी मुंबई, ता. १० - अजय कदम यांनी पोलिस निरीक्षक राहुल कुलकर्णी, सहाय्यक अजय कदम यांनी पोलिस निरीक्षक सुधीर कांतेंज, ब्रॉन्स कांतेंज, पिन्नाई कांतेंज, एच.एस.एस.चे प्रचार्य शंकाय शिंदे व इतर मान्यवरांसह अंमली पदार्थ विरोधी जनजागृतीसाठी पुढाकार घ्यावा असे आवाहन नवी मुंबई मुन्हेशाखेचे सहाय्यक पोलिस आयुक्त अजय कदम यांनी केले.

अजय कदम यांनी पोलिस निरीक्षक राहुल कुलकर्णी, सहाय्यक अजय कदम यांनी पोलिस निरीक्षक सुधीर कांतेंज, ब्रॉन्स कांतेंज, पिन्नाई कांतेंज, एच.एस.एस.चे प्रचार्य शंकाय शिंदे व इतर मान्यवरांसह अंमली पदार्थ विरोधी जनजागृतीसाठी पुढाकार घ्यावा असे आवाहन नवी मुंबई मुन्हेशाखेचे सहाय्यक पोलिस आयुक्त अजय कदम यांनी केले.



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# NSS Report On Tree Plantation

Pillai HOC College of Arts, Science and Commerce, Rasayani successfully completed The event of "Tree Plantation" under 'Vanmohotsav' Scheme and National Service Scheme (NSS) every year on 7<sup>th</sup> July, 2019 which is celebrated as "Agri day" by Group Gram Panchayat of adopted villages. Group Gram Panchayat of adopted villages undertook the campaign of "Green Village". Every man needs oxygen for life and trees are the foremost source of oxygen as well. They help to reduce the level of Carbon Dioxide.

As we all know that the whole world is facing the problem of global warming and to recover from such problems planting the trees has become one of the most important aspects of today's aspects.

The event commenced with the welcoming and felicitation of the chief guest. Mr. Gopinath Jadhav, Sarpanch, Mr. Harish Bande, Sarpanch of Gulsundhe and Mazgaon introduced the chief guest honorable Mr. Ashish Patil, Indian Forest Ranger and then everyone pledged to plant, care and conserve trees.

Through the speech, the Chief Guest addressed our students and faculties to not only plant the trees but also to save and guard the trees. He also shared his experiences with volunteers on how to get success through the NSS and develop the extracurricular skill for daily life.

All the inspirational words of guests and Sarpanch helped to inculcate the feeling of responsibility within each of the people present for the event. The speech of the chief guest was followed by the actual event of planting the seedlings. First tree was planted by Mr. Ashish Patil in our adopted villages and then our NSS volunteers planted the trees. Total tree planted by all others including guests, teachers and volunteers is more than 1575 in the last three years.

The educational and social goal of NSS implies that besides gaining; understanding of concepts like social structure, power, community etc. occurring in real life situations. The goal of NSS is also to improve educational approaches in solving community problems. Its purpose is to help the community to recognize its needs and to assist mobilization of recourse to meet these needs.





## Mahatma Education Society's

### Pillai HOC College of Arts, Science and Commerce , Rasayani

#### Report on Trail-A-Thon

It didn't take long for the enthusiastic trail-a-thonners to kick the Monday-blues and run for 'Generation Equality on a cool, refreshing Monday morning at 7.00 am. The trail included a tri-series- 5 km run, rock climbing and hurdle race. The marathon was a qualifier where 10 students and 10 teachers qualified. The other two rounds witnessed cut-throat competition and three winners emerged with very thin line differences.

The entire series of events witnessed participation of around 180 students and 43 faculty members



## REPORT ON ANTI PLASTIC

**Date: September 21, 2019**

**Time: 2:30 PM**

Plastic pollution is a huge environmental and health issue as it harms us in more than one way such as it clogs drains, causes visual pollution and proves fatal for stray animals. So with “Beat Plastic Pollution” United Nation (UN) and **Awareness Campaign on Single-Use Plastics by Ministry of Environment** is encouraging worldwide awareness and action for the protection of our environment from plastic pollution. NSS Unit has taken an initiative of “Plastic Free Cleanliness Drive” in the adopted village Karade,Rasayani.

With the aim of creating Plastic Free Environment, NSS Unit has fixed following objectives under the “Plastic Free Cleanliness Drive”.To create awareness among the people on the hazards of single use of plastic and to motivate them towards the use paper or fabric (Cotton or Jute) bags. To create a plastic free environment at the adopted Village Karade.The Plastic Free Cleanliness Drive was started on with the “Awareness Campaign and Door to door Collection of Plastic Waste” at the adopted village Karade.

Beat the plastic drive program in the Gulsunde village was organized by the NSS unit. Alarmed by increasing environment threat posed by plastic. 79 volunteers participated in the program and distributed cloth bags in the houses, shopkeepers and vendors of the Gulsunde village. This event was conducted to create awareness about the causes of using plastic bags and to make people know to use cloth bags instead of plastic bags. The volunteers aware people about the causes of using plastic bags and told people to use cloth bags instead of plastic bags.



## REPORT ON AWARENESS ON DIGITALIZATION AND CASHLESS ECONOMY

The **Digital India programme** is a flagship programme of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy on 24 October 2019. Government of India has taken measures to promote a cashless economy through digital payments. In the view of this our NSS students were able to collect the information regarding awareness and use of ATM and cashless transactions during a survey of Mopada village. During the survey our NSS student explained to the people of different families about various methods of cashless transactions such as pre-paid cards, debit cards etc. We have also organized a special awareness programme in the evening for villagers on Cashless/Digital India. In this programme we have sensitized the villagers to access and use electronic payment systems. Our NSS programme officer had explained the importance of digital payment, advantages of it and different modes of digital payment and services.



## **REPORT ON AWARENESS SEMINAR ON ILL EFFECTS OF DRUGS ABUSE**

Date:-29<sup>th</sup> August, 2019

Time:-10:00 am-2:00 pm

Venue:-Pillai Institute of Management and Research

Organised by:- Anti-Narcotics Cell of Navi Mumbai Police

The Anti-Narcotics Cell of Navi Mumbai Police conducted an awareness seminar on ill effects of drug abuse amongst college students on 29<sup>th</sup> August, 2019 under the **Scheme for prevention of Alcoholism and substance abuse**. The awareness drive was assisted with Navi Colleges Association and NGO Asha Ki Kiran which runs a rehabilitation centre.

The awareness session was at Pillai Institute of Management and Research, New Panvel, with around 400 college students in attendance. Students of Pillai's Panvel, D D Vispute College, Barns College, Pillai HOC College of Arts, Science & Commerce-Rasayani, CKT College, K L C College took part in the awareness sessions. The students were made aware of how addictive and damaging narcotics can be and how difficult it was to break away from the habit in the seminar. During the awareness drives, panel discussion and lectures were held by officers from Navi Mumbai Anti Narcotics cell & NGO Ashan Ki Kiran, to explain the physical, psychological and legal hazards of drug abuse.

Officers said that the awareness campaigns were aimed at college students, slum dwellers and daily wage labourers, who are among the biggest consumer base of street drug peddlers.

14 • August 31 - September 6, 2019 VASHI TIMES

## Cops don counsellor's hat, warn students on dangers of drugs

Staff Reporter / Navi Mumbai

THE Anti-Narcotics Cell of Navi Mumbai Police conducted awareness seminars about the ill effects of drug abuse amongst college students at Panvel on August 29.

The awareness drive was conducted in assistance with Navi Mumbai Colleges'

Panvel, D D Vjspate College, Bams College, Pillai's HOC College - Rasayani, C K T College, K L C College took part in the awareness sessions.

"The students were made aware of how addictive and damaging narcotics can be, and how difficult it was to break away

from the habit of drug peddling.

During the awareness drives, panel discussions and lectures were held by officers from the Navi Mumbai Anti Narcotics Cell and members of NGO Asha Ki Kiran, to explain the physical, psychological and legal hazards of drug abuse.



Association and NGO Asha Ki Kiran which runs a rehabilitation centre.

"The awareness sessions was at Pillai Institute of Management and Research, New Panvel, with around 400 college students in attendance," said Anti-Narcotics Cell Senior Police Inspector Ravindra Budhwani.

Students of Pillai's College - New

from the habit," said he.

An ANC officer said that colleges were chosen as venues for the seminars after the local police and the Anti Narcotics Cell arrested several drug peddlers near educational institutions in the area.

The police have launched a sustained crackdown in the area over the last couple of years, after a rise was observed in incr-

Asha Ki Kiran President Bashir Qureshi, Pillai College NSS Prof. Shahab Rizvi, journalist Anil Shengokar and other dignitaries were present at the event.

Officers said that the awareness campaigns were aimed at college students, slum dwellers and daily wage labourer, who are among the biggest consumer base of street drug peddlers.

## REPORT ON BEACH CLEANING DRIVE

Date: 23rd October, 2019

Time: - 1:00 p.m. to 2:30 p.m.

Venue: - Varsoli Beach, Alibaug

Organized By: - PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts, Science and Commerce had organized 'Beach Cleaning Drive' under the banner **Swachh Bharat Abhiyan Mission** on 23rd October, 2019. The aim behind the 'Beach Cleaning Drive' was to remove the plastic waste ~~which is~~ thrown by people and thrown out from the sea. Teams of volunteers spread all around the beach with disposable bags and collected many types of plastic waste. ~~The~~ Drive ended with giving the waste to the dumping van and meeting with the beach cleaning ~~staff~~ and leaving behind a clean beach.



## REPORT ON BLOOD DONATION CAMP

Date:- 19th November,2019

Time:- 10:00 a.m to 4:30 p.m

Venue:- Pillai HOC College of Arts,Science and Commerce

Organised By:- PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts,Science and Commerce had organised 'BLOOD DONATION CAMP' on 19th September,2019 under banner of **Ministry of Youth affair and Sports and "Nehru Yuva Kendra "**.The Camp was dedicated to raising awareness regarding the importance of blood in everyone's life and especially for the people who are in need of blood.The Pillai HOC College of event observed this event by involving people of 18 years of age to 50 years of age. The Event ended with giving certificates to the donors and giving the donors feeling of hero because,"If You're a blood donor,you're a hero to someone somewhere,who received your gracious gift of life."



## REPORT ON CELEBRATION BIRTH ANNIVERSARY OF DR.APJ ABDUL KALAM

Date:- 16th October,2019

Time:-12:00pm to 3:00pm

Venue:-Mazgaon

Organized By:- PHCASC NSS UNIT



The NSS Unit of Pillai HOC College of Arts, Science and Commerce has organised drawing competitions for 3rd Std to 5th Std students and conducted reading sessions for the students of 6th Std and 7th Std to celebrate the Birth Anniversary of Dr.APJ Abdul Kalam **to commemorated as World Students' Day**. Many students also showed us their talents like dancing and reciting poems. By organising these competitions we came to know how creative a

student's mind can be. The drawing competition was for half an hour. The drawing competition ended with the announcement of two winners who were later were felicitated by their Principal.

# **REPORT ON CELEBRATION OF INTERNATIONAL YOUTH DAY**

**Date:** 12th August, 2019

**Venue:** Pillai Hoc College of Arts, Science and Commerce

**Organized By:** PHCASC NSS Unit

The NSS Unit celebrated International Youth Day on 12th August, 2019 by organizing a workshop in collaboration with District AIDS prevention and control Unit (Alibagh) and **Ministry of Youth affair and Sports and "**

**Nehru Yuva Kendra "** 100 volunteers and 1 faculty member celebrated

International Youth day. The workshop started with the welcoming of the Chief Guest Counsellor Mr. Ashok Londhe and Mr. Vishal Ghumare. The main focus of workshop was to make awareness about AIDS and HIV to all the NSS volunteers.

The Chief Guest Ashok Londhe shared knowledge about HIV and AIDS and he also had interaction with the volunteers regarding AIDS. The workshop ended with the felicitation of the Chief Guest.



## REPORT ON CELEBRATION OF NON VIOLENCE OBSERVANCE & MAHATMA GANDHI JAYANTI

Date:-2nd October,2019

Time:-12:30p.m.-3:30p.m.

Venue:-Karade

Organized by:-NSS Unit of PHCASC

The NSS Unit has organised rangoli competition on the theme Swachh Bharat for 4th Std to 5th Std students and conducted best out of waste competition for 6th Std to 7th Std students to celebrate Non-violence and Mahatma Gandhi Jayanti under the campaign **Communal Harmony Campaign Week** . Many students showed us their talents like reciting poems, dancing and singing. The competition was held for one hour. By organizing this competition we came to know how creative a student's mind can be.The celebration ended with announcement of prize winners which were felicitated by the Principal.



# REPORT ON CELEBRATION OF WORLD ENVIRONMENT DAY AND WORLD POPULATION DAY

**Date:** 5<sup>th</sup> June, 2019

**Time:** 2:40p.m.-4:30p.m.

**Venue:** Pillai Hoc College of Arts, Science and Commerce

**Organized By:** PHCASC NSS Unit

Environment is everything that determines the life of us, the human being on this earth. World environment day is celebrated on 5<sup>th</sup> June every year declared by the UN General Assembly in 1972. The main aim of observing this day is to change attitudes towards the environment and advocate partnership between each human being and society to ensure a safe future.

The NSS Unit of Pillai HOC College of Arts, Science & Commerce had organized Awareness on Environment on the theme 'Environmental Concerns and Eco-friendly Measures' on Friday, 05 June, 2019 to celebrate World Environment Day and World Population Day with view of **Towards a Greener and Cleaner India.**

The event saw young enthusiastic participants from different courses putting up 50 participatory exhibits and explaining to the villagers how to protect the environment . The programme was inaugurated by Prof. Binit Kumar, Vice Principal of Pillai HOC College of Arts, science and Commerce. The judges applauded the students for their novel ideas which would help the world to become a much better place to live in. At the end best three were declared the winners of the exhibition Competition by the respective judges.





## **REPORT ON CELEBRATION ON KARGIL VIJAY DIWAS**

**Date:** 26<sup>th</sup> July, 2019

**Time:** 2:40p.m.-3:30p.m.

**Venue:** Pillai Hoc College of Arts, Science and Commerce, Rasayani

**Organized By:** PHCASC NSS Unit

Kargil vijay divas, named after the success of operation Vijay on this day, 26 July 1999, India successfully took command of the high outposts which had been lost to Pakistan intruders. The kargil war was fought for more than 60 days, ended on 26 July and resulted in the loss of life on both sides, India and Pakistan. With the regain possessions of kargil, kargil Vijay diwas is celebrated on 26 July every year in honor of the kargil war's heroes.

The NSS Unit of Pillai Hoc College of Arts, Science and Commerce College, celebrated Kargil Vijay Diwas to mark the 20th anniversary of India's victory over Pakistan in the 1999 war. The 'Kargil Vijay Divas' on July 26 is being celebrated **In honour of the Army's successful mission** in a grand manner by the students and faculties of Pillai HOC College of Arts, Science and Commerce. The program started with floral tribute and candle march was paid to martyrs by all faculty members and NSS volunteers. The student of TYBAF Divya Badalkar dedicated a song for all the martyrs of our nation. A small documentary was shown to the students about Kargil War. Sayali Patil student of SYBMM had given speech and she in her speech quoted that "Today is the day to pay homage to the valiant soldiers who sacrificed their lives during the 60 day conflict between India and Pakistan to save the territorial integrity of the nation". The event culminated with the recital of the National Anthem.





## REPORT ON CELEBRATION ON ‘NO TOBACCO DAY’

**Date:** 11<sup>th</sup> July, 2019

**Time:** 2:40p.m.-4:30p.m.

**Venue:** Pillai Hoc College of Arts, Science and Commerce & Mohpada Village

**Organized By:** PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts, Science & Commerce had taken the lead role in organizing the observance of ‘No Tobacco Day’ on 11<sup>th</sup> July, 2019 under the banner of **Scheme for Prevention of Alcoholism And Substance (Drugs) Abuse**. The Nss Unit celebrated it by creating awareness and making the institution tobacco free. Pledge was taken by all the Nss Volunteers and all the students of other courses. The Nss volunteers had acted in a street play and went on rally on ‘Say no to Tobacco’ in Mohpada Village to create awareness in the village.









## REPORT ON DIWALI SERVE HUMANITY

Date :- 1st November,2019

Time:- 4:30p.m to 6:30p.m

Venue:- Shantivan Old-Age Home,Panvel

Organized By:- PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts,Science and Commerce made visit to 'Shantivan Old-Age Home' to celebrate Diwali with the elderly people with the view **Ek Bharat Shreshtha Bharat Scheme**.The NSS volunteers interacted with everyone and also discussed on their hobbies and current affairs.They also entertained them by singing songs, dancing and reciting poems, there were many people who sang their favourite devotional songs which entertained volunteers a lot. NSS Unit celebrated Diwali with them by lighting up diyas and by distributing snacks and sweets to them. The Activity was ended by giving shawls and sarees to them during this festive season and thank you speech by NSS Co-ordinator Kalavati Ma'am. They were all so happy and gave blessings to the whole NSS team.From their enthusiasm we learnt that 'Happiness needs no age,it just needs people'.





## REPORT ON EKTA DIVAS

Date :- 31st October,2019

Time :- 4:30p.m to 6:00p.m

Venue :- Gulsunde Village

Organized By :- PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts,Science and Commerce had organized activities like Drawing and Running Race between village children to celebrate the birth anniversary of 'Sardar Vallabhbhai Patel' under the banner of **Ek Bharat Shreshtha Bharat Scheme**.The main motive of Ekta Divas is to 'provide an opportunity to maintain the inherent strength of our nation to face the threats which are to the unity of the country'.The NSS Volunteers told the importance of Ekta Divas to the villagers and gave prizes to the children who participated in the activities. The activity was ended by giving sweets to children and villagers and by taking the blessings of the villagers.



## **REPORT ON FIT INDIA MOVEMENT**

Date:- 29<sup>th</sup> August,2019

Time:- 2:30pm-3:30pm

Venue:- Pillai Campus,Panvel

Organized by:- MHRD (University of Mumbai)

Fit India Movement -2019 Program is organized by **MHRD** (University of Mumbai) in a very grand manner followed by NSS Unit of Pillai organized on Fit India Movement on 29-08-2019 to create awareness to HOC College of Arts,Science & Commerce,Rasayani. A Rally was our student who is the future of our country to be physically and mentally fit. Students gave Slogans like 1) Forever Fit,Forever Strong, 2) Fight for Fitness, 3) Healthy mind in a healthy body, 4) Don't stop till you drop! 5) Live life, Love Fitness etc. to be physically fit. 50 NSS Volunteers had participated in FIT INDIA MOVEMENT. There is a proverb ; "Healthy body has a healthy Mind". As we have observed that we are getting more and more busy in our daily life. We hardly have time to exercise or we hardly walk around even 500 meter in a single day. On the occasion of Fit India Movement all the NSS Volunteers of PHCASC had taken fitness pledge.

## **“PLEDGE”**



## **“PLEDGE”**

**I Promise to myself that I will devote time for physical activity and sports every day and I will encourage my family members and neighbours to be physically fit and make India a fit Nation.**

## REPORT ON INDEPENDANCE DAY CELEBRATION

**Date:** 15<sup>th</sup> August,2019

**Time:** 7:00a.m-8:30a.m.

**Venue:** Pillai Hoc College of Arts, Science and Commerce

**Organized By:** PHCASC NSS Unit

The Republic Day was celebrated by the NSS unit of PHCASC **with the establishment of a free and independent Indian nation.** on 15-08-2019 and the chief guest hoisted the National Flag and gave an address to the students about the importance of democracy and the responsibilities of students in the National building. In his message, the Chief Guest asked all to live a corruption free life through the sharing of rich experiences and examples of people and societies. After the singing of the National Anthem, all the staff and students took the India Pledge.

The NSS volunteers, led by Divya sang the song of Liberation, honoring the freedom of the country and group dance was performed. With vote of thanks and sweet distribution, the program came to an end at 8.30 am.



## **REPORT ON INTERNATIONAL YOGA DAY**

Date:-21<sup>st</sup> June, 2019

Time:-2:30pm-3:30pm

Venue:-Pillai HOC College of Arts, Science & Commerce

Organized by:-NSS Unit of PHCASC

NSS Units of Pillai HOC College of Arts, Science & Commerce celebrated a festival of yoga and wellbeing on the occasion of the 5th International Day of Yoga on 21 June 2019, under the banner of **Ministry of Ayush Health Scheme** Friday with great enthusiasm. Almost 370 participants took part in that event. All the NSS Volunteers, teaching and non-teaching staff members of the institute, and students participated in the event. Participants of all age groups participated in the event with great enthusiasm. A yoga teacher, accompanied by 2 trained volunteers was there to conduct the yoga practice as per the directions received.

Following are the list of activities organized:

1. Common Yoga Practice
2. Seminar on “Yoga and its importance in our life”

### **1. Common Yoga Practice**

All the participants, Volunteers and Yoga teachers assembled in the area at 2:00pm itself so as to ensure that the practice session is conducted in the most conducive manner even for the novice participant.

The Yoga session started exactly at 2:30 pm with Prayer, and systematic practice of different “ASANAS ” of standing, sitting and laying positions smoothly changing in succession under the instructions of Yoga teacher and supervision of trained Volunteers. During the course of “Yogabhyas”, the Yoga teacher also narrated the usefulness of different “Asanas” as a precautionary measure, in curing many Diseases and the usefulness of Yoga in the overall well being of a human being. The entire “YOGABHYAS” lasted for an hour and ended at 3:30pm with a “Sanskrit Shloka”.

## 2. Seminar on “Yoga and its importance in our life”

Organized a seminar on “Yoga and its importance in our life” in the Seminar hall to all the novice participants. For this seminar the Principal attended as a resource person and addressed all the participants and explained the importance of Yoga and suggested they practice under trained Yoga teachers. He suggested all the participants continue to practice Yoga for keeping their Body and mind in healthy, stress-free and cheerful condition.



## REPORT ON NSS DAY CELEBRATION

Date:-24th September, 2019

Time:-2:30p.m.-4:30p.m.

Venue:-Pillai HOC College of Arts, Science & Commerce

Organized by:-NSS Unit of PHCASC

On the occasion of NSS Day,24th September,2019 and **National Service scheme**,Nss Unit of Pillai HOC College of Arts, Science & Commerce organized a series of social events for enthusiastic Nss volunteers to come forward and contribute for well-being. There were two events: Cleanliness Drive and Hygiene and Sanitation Rally.

The celebration began with Cleanliness Drive. Around 100 volunteers and 2 faculty members had participated in cleaning dusting. In a systematic manner all the students were divided into groups and allotted a separate area in the college campus with sufficient brooms, dustbin bags and dustbins. A neat and cleaned atmosphere was created within one hour.

The Hygiene and Sanitation rally was followed by NSS volunteers. With strong appealing slogans and an effective message on hygiene and sanitation, the rally took one complete round of the college campus waking up every mind and making them aware about the very necessary information about hygiene and sanitation.

The day concluded with the pledge and NSS Song.





## REPORT ON ONE DAY CAMP OF SWACHH BHARAT SUMMER INTERNSHIP

**Date:** 10<sup>th</sup> August-11<sup>th</sup> August, 2019

**Time:** 12:00p.m.-03:00p.m.

**Venue:** Chinchmaal, Chowk and Gulsundhe, Rasayani

**Organized By:** PHCASC NSS Unit



NSS unit of the college organized its one day camp of Swachh Bharat Summer Internship under the banner of **SWACHH BHARAT Mission** on 10<sup>th</sup> August to 11<sup>th</sup> August, 2019 at its adopted villages Chinchmaal, Chowk and Gulsundhe, Rasayani. Volunteers of NSS unit participated in this Swachh Bharat Summer Internship. 50 NSS volunteers participated in the camp. The volunteers along with officers started from PHCASC College at 3:00p.m. and travelled to the work site by bus. After reaching to the adopted villages the volunteers were divided into 5 groups for the Internship. The camp included activities like Street plays and Rallies on Waste Management, Rural Education, Women Empowerment, Swachh Bharat, Tree

plantation, Health and Hygiene and anti-plastic. Volunteers also made models on Swachh Bharat and also explained to villagers about it. Volunteers had interaction with villagers regarding health issues, women empowerment, Education and Anti-Plastic which helped to know the volunteers, what problems are faced by the villagers, and how it can be solved. The teams left the village at 12:00 P.M in the afternoon. All the NSS volunteers participated enthusiastically.











## **REPORT ON PLAY AND LEARN**

Date:- 28<sup>th</sup> -29<sup>th</sup> September,2019

Time:- Saturday and Sunday 2:30 pm - 4:30 pm

Venue:- Gulsundhe

Organized by:- NSS Unit

With a mission **Sarv Shikshan Abhiyan** to spark children's learning through play. While recognizing that children learn in many ways, the NSS Unit focuses on the learning that occurs through child-centered play. Play may seem simple, yet it is profound to a child's development. Play makes learning something that happens naturally and joyfully, when a child laughs and wonders, explores and imagines. Our NSS Volunteers visit an adopted village, Gulsundhe every Saturday and Sunday to teach English through play and child development into interactive learning environments through its exhibits and programs. The daily interactions and experiences you share with the children is how they learn about the world around them. Play is a powerful and important activity. It has a natural and positive influence on children's social, physical, emotional and cognitive development. The best learning happens when children play. It is important to let your children play every day. A play-based learning environment encourages talking, reading, thinking and writing. Through this, your child sees literacy and numeracy as part of their everyday experience.

Play along with them and you will be amazed at what you can learn together!



## REPORT ON POSHAN ABHIYAN CAMP

Date:-21st September-22nd September,2019

Time:-12:00p.m.-10:00a.m.

Venue:-Mazgaon

Organized by:-NSS Unit

NSS unit of the college organized its one day camp on Poshan Abhiyan under flagship programme of **Poshan Abhiyan** on 21st September to 22nd September, 2019 at its adopted village Mazgaon,Rasayani.50 volunteers had participated in Poshan Abhiyan Camp. The volunteers along with officers started from PHCASC College at 12:00p.m. and travelled to the work site by bus .After reaching to the adopted villages the volunteers were divided into 5 groups. The camp included activities like Street plays and Rallies on health, physical fit, diet and nutrition. Volunteers had interaction with villagers regarding health issues,diet,physical fitness and nutrition which helped to know the volunteers, what problems are faced by the villagers, and how it can be solved. The teams left the village at 10:00a.m. in the morning. All the NSS volunteers participated enthusiastically.



## REPORT ON SELECTION OF SRD/NRD CAMP

Date: - 9th August, 2019 & 13th September-16th September, 2019

Venue:-Aurangabad and Indapur

Organized By: - NSS Department of University of Mumbai

SRD / NRD district level selections a program organized by the National Service Scheme, University of Mumbai and Univeristy of Pune, **Under Minsitry of Culture with aim to identify traditional creativity among the students** On 9th August 2019, at G.M Vedak College. This event encourages the youth to participate enthusiastically and get a chance to participate in the Republic Day Parade at India Gate. In the camp, around 35 NSS boys' volunteers participated from the Raigad district. A volunteer, Jay Raval, a BAF-3rd year student from our institute attended SRD / NRD district level selections Camp. He had qualified at the district level of SRD/NRD Camp. He had attended State level selection of SRD /NRD Camp from 13th September to 16th September, 2019 at Aurangabad. The evaluation was done based on the performance of Drill, Personal Interview, Extra Talents and overall discipline.



## **REPORT ON TREKKING TO SINHAGAD FORT**

Date:- 24th July, 2019

Time:- 8:00a.m.

Venue:- Sinhagad Fort, Pune

Organized By:- NSS UNIT

The NSS unit of Pillai HOC Arts, Science and Commerce collaborated with Nature's Club and organized Trekking to Sinhagad Fort, Pune **It is undertaken with the specific purpose of exploring and preserving the scenery.** As we reached there we started our Trekking at 11:00 am in the morning to enjoy the prechty breeze and astounding scenery. One of the NSS faculty members, Mr.Priyesh Keekan had shared the history of the Fort. We started our trek from the base village Thoptewadi at 12:00p.m. We explored the points such as Pune Darwaza, Kalyan Darwaza, Tanaji Memorial, Lokmanya Tilak Wada and Tofkhana. As part of Swachh Abhiyan Nss volunteers took initiative in cleaning fort surroundings. We ended our trek with interaction with the tribal people and recognized the circumstances they face.





## **REPORT ON TREE PLANTATION**

Date:-10<sup>th</sup> August, 2019

Time:-10:30am-12:30 pm

Venue:-Gulsunde Village

Organized by:-NSS Unit of PHCASC

On 10<sup>th</sup> August, 2019, Pillai HOC College of Arts, Science and Commerce, Rasayani successfully completed an event of Tree Plantation under the **National Service Scheme** at Gulsundhe Village. Trees are the foremost source for producing oxygen in the environment, they help to reduce the level of CO<sub>2</sub>. As we all know that the whole world is facing the problem of global warming and to recover from such problems planting the trees is becoming one of the most important aspects today. It was attended by NSS Programme Officer, NSS Members and more than 50 student volunteers. Under the Guidance of Prof. Kalavati Upadhyay, NSS Program Officer, NSS volunteers planted more than 50 trees .The students also placed bricks as barricades and each student took the responsibility to nourish and maintain the allocated plant. Eventually, the ground attained a glorious look.



## **REPORT ON UNNAT BHARAT ABHIYAN**

Date:-November 29<sup>th</sup>, 2019

Time:-2:30 p.m.-6:30.p.m.

Venue:-Devloli Gram Sabha

Organised by:-PHCASC NSS Unit

**Unnat Bharat Abhiyan** is inspired by transformational change in rural development processes by leveraging knowledge to help build the architecture of an Inclusive India. The NSS Unit of Pillai HOC College of Arts, science and Commerce, Rasayani had an active participation in Anti-Plastic Campaign under Unnat Bharat Abhiyan. The anti-plastic campaign has been formulated to build the capacity of Devloli communities about the various effects of plastic waste on their ecosystem. This project was developed due to the acclimatized usage and habitual inappropriate disposal of polythene bags and other plastic items by community dwellers in Devloli communities in and around.

Despite the sensitivity of the ecosystem Devloli and its inhabitants find themselves in, inappropriate waste disposal is a habit of the community. Upon visiting the village, plastic waste, especially used polythene bags, were found in and around houses in the community. The anti-plastic campaign and community capacity building event brought together 30 volunteers – a mix up of students (youth) and adults who have interest in environmental advocacy. At 2:30 pm, volunteers gathered at the Devloli Gram Sabha where they were educated on the ecological function of ecosystems and environment.

At this point, volunteers were equipped with all the knowledge they had spoken against the excessive use of plastics and proper disposal of its resulting waste.

NSS Unit of Pillai HOC College of Arts, Science and Commerce concerns:

- The community has one open dustbin and which is not being emptied frequently. During our campaign, the dustbin was full – open to flies and other insects – and about 50 meters away from the shore.
- Most adults in the community mentioned that the government should ban the production and importation of unnecessary plastic products.
- Gari sellers and most women also pleaded that we provide them with jute bags which will serve as market and shopping bags for them in place of the polythene



## REPORT ON WORKSHOP ON MAHITI DOOT

**Date:** 24th August, 2019

**Time:** 10:30am-12:15p.m.

**Venue:** Pillai Hoc College of Arts, Science and Commerce

**Organized By:** PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts, Science & Commerce organized a workshop on Mahiti Doot under the banner of **pradhan mantri gram in digital saksharta abhiyan** on 24<sup>th</sup> August, 2019. The workshop started with the welcoming of Chief Guest Prasaan Gordse sir and Mayuresh Thombre sir. The main aim of the workshop was to focus awareness about the government scheme to the volunteers. The Chief Guest helped the volunteers learn how to use the “Mahiti Doot” App and also shared knowledge and experience about government schemes to NSS Volunteers. The workshop ended with the felicitation of the Chief Guest and vote of thanks.









## REPORT ON ROAD SAFETY AWARENESS

Date:-30<sup>th</sup> November, 2019

Time:-8:00am-10:00am

Venue:-Pillai HOC College of Arts, Science and Commerce, Rasayani

Organized:-NSS Unit of PHCASC

A public awareness rally for road safety was organized on 30<sup>th</sup> November, 2019 Saturday by National Service Scheme (NSS) and **Traffic safety campaign** students of Pillai HOC College of Arts, Science and Commerce. The motive behind organizing the rally was to develop the student as a national power, to make them think about development, in which road safety plays an important role. The Objective of the rally was to bring the students to provide road safety information to all the people. The rally started from Pillai HOC College of Arts, Science and Commerce. At the rally, the students were walking along saying slogans. The students shouted out slogans about road safety. It was not only about two wheelers but also for the drivers who drive four wheelers. The student spread awareness about “NO HORN” not to keep high cars lights on highways and more during the rally.





## REPORT ON AIDS DAY

Date:-1<sup>st</sup> December,2019

Time:-10:00am-12:00pm

Venue:-Mazgaon

Organized by:-NSS Unit of Pillai HOC College of Arts,Science and Commerce

The NSS Unit of Pillai HOC College of Arts, Science and Commerce,Rasayani and **Red Ribbon Scheme** celebrated AIDS Day at Mazgaon on 1<sup>st</sup> December,2019 . World AIDS Day, observed annually on December 1st, is dedicated to raising awareness about the AIDS pandemic caused by the spread of HIV infection. This year, the theme is closing the gap in HIV prevention and treatment.The NSS volunteers had an awareness campaign about AIDS at the adopted village-Mazgaon.Volunteers had went for rally on AIDS in the street and lanes of the village.Volunteer also created awareness and prevention of AIDS.



## **REPORT ON AWARENESS ON GENDER SENSITIZATION ON OCCASION DIWALI CELEBRATION**

Date: 30th October, 2019

Time: 4:00 p.m. to 6:00 p.m.

Venue: Wasambewadi

Organized by: NSS Unit of PHCASC

The NSS Unit of Pillai HOC Arts, Science and Commerce had celebrated “APNO WALI DIWALI “ and **Beti Bachao Beti Padhao Scheme** with tribal kids and also made awareness of gender sensitization in association with the Rotaract Club. It is an event over gender sensitivity, the modification of behaviour, the rising awareness of gender equality concerns and one to one interaction done with tribal kids about equality. They also arranged and played games with them. The NSS volunteers also entertain them by singing songs, reciting poems, dance and an act. The volunteers celebrated Diwali by lighting up Diyas and by distributing snacks and sweets to them. The activity ended with giving gifts to the children. From this we learnt Happiness cannot be measured.





## **The day to be remembered... 26/11**

It has been 13 years since the terror attacks in Mumbai orchestrated by Lashkar-e-Taiba left 166 people dead and 238 injured. So to give a tribute to all the fighters who fought bravely n to everyone who lost their lives we at PILLAI HOC COLLEGE OF ARTS SCIENCE AND COMMERCE hosted a candle light march to honour and to remember all those people who were attacked Under mission to remember the people on 26/11/2019 .Also everyone kept two minutes silence for peace of people who lost their lives and families who lost their loved ones in the attack.



## Tree Plantation

NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized Activity of Tree plantation at Devloli on 15 July, 2018 under the mission of '**Vanmohotsav**' Scheme. Tree plantation is good for the environment. Everyone knows that trees are the source of oxygen. The need for tree plantation has become even greater these days because of the growing pollution in the environment. The Volunteers took initiative to plant sapling, they plant around 78 saplings in the village.



## REPORT ON BLOOD DONATION CAMP

Date:- 23 August 2018

Time:-10 am to 3 pm

Venue:-PHCASC

Organized By:- PHCASC NSS UNIT

The NSS Unit of Pillai HOC College of Arts, Science and Commerce in collaboration with Rotaract Club of Patalgangai, organised a Blood Donation Camp under the mission of **Ministry of Youth affair and Sports**. The main objective behind the camp was to educate the people regarding the importance of blood donation, and how their one act of charity would save a life. The activity began with speeches from the President of Rotaract Club Mr. Shreyas Jadhav and the NSS PO Ms. Kalavati Upadhyay. The camp observed donors of all age groups from 18-year-old students to 60-year-old citizens amid the difficulties situation. The whole event was well organized by maintaining all social distancing norms. The camp received a donation of 556 bottles. The event ended with a vote of thanks to all the donors, doctors, medical staff and organizers for their commendable effort.



## REPORT ON DIWALI SERVE HUMANITY

Date :- 1st November,2018

Venue:- Shantivan Old-Age Home,Panvel

Organized By:- PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts,Science and Commerce made visit to 'Shantivan Old-Age Home' to celebrate Diwali with the elderly people under the mission of **Ek Bharat Shreshtha Bharat Scheme**. Around 55 Volunteers and 4 faculty members had participated in Diwali Celebration at Shantiwan. NSS volunteers interacted with all the residents of this old age home and also discussed about their hobbies and current life in Shantivan.The Activity was ended by offering shawls to them on this festive season and a thanks giving speech by NSS Co-ordinator Kalavati Ma'am. All the people from Shantivan were felt grateful and delighted with the initiative taken by our NSS students. It was a wonderful experience to spend some quality time in the company of this people and all our students could develop a sense of responsibility and social bonding through this practice.



## REPORT ON NO TOBACCO DAY

DATE :- 11<sup>th</sup> July 2018

VENUE :- Pillai HOC College of Arts, Science and Commerce

ORGANIZED BY :- PHCASC NSS UNIT

The NSS unit of Pillai HOC college of Arts, Science and Commerce actively conducted pledge on NO TOBACCO DAY as Directed by the government of Maharashtra. In the premises of Pillai Hoc college of Arts, Science and Commerce. The pledge was conducted on 11<sup>th</sup> July 2018. Overall 700 students along with 20 faculty members actively participated welcoming the idea of creating a healthy environment opposing the consumption of tobacco in any forms. Rally was conducted in Mohopada village along with slogan like "TAMBAKU CHA SEVAN CANCER LA AMANTRAN", and "TAMBAKU HATAO, JEEVAN BACHAO"





## REPORT ON PLAY AND LEARN(PADHO AUR BADHO)

Date :- 24<sup>th</sup> July,2018

Time:- Saturday and Sunday

Venue:- Group Gram Panchayat ,Gulsundhe

Organized by:- NSS Unit

With a mission of **Sarv Siksha Abhiyan** to spark children learning through play. While recognizing that children learn in many ways, the NSS Unit focuses on the learning that occurs through child- centered play. Play may seem simple, yet it is profound to a child development which makes learning joyfully and naturally.

Our 210 NSS Volunteers along with college students and with 2 teachers visit adopted village, Gulsundhe every Saturday and Sunday to teach English through play and child development into interactive learning environment through its exhibits and programs. The daily interactions and experiences you share with the children is how they learn about the world around them. Play is a powerful and important activity. It has a natural and positive influence on children social, physical, emotional and cognitive development. The best learning happens when children play. It is important to let your children play every day. A play-based learning with Yoga encourages talking, reading, thinking and writing. Through this, your child sees literacy and numeracy as part of their everyday experience.

Play along with them and you will be amazed at what you can learn together.





## REPORT ON Youth DAY and AIDS AWARENESS WORKSHOP

Date:- 28th February, 2018

Time:- 11a.m to 12p.m

Venue:- PHCASC Conclave 1

Organised By:- PHCASC NSS Unit

The NSS Unit of Pillai HOC College of Arts, Science and Commerce had organised 'AIDS Awareness Workshop through E-Learning' along with **Red Ribbon Scheme**. The lecture on Aids Awareness was given by Neelam Lawand Ma'am of 'Maharashtra State Aids Awareness Society'. The Workshop was attended by our Principal Dr.Lata Menon and Head of Red Ribbon Club Mr. Ashok and our PO Prof.Kalvati Upadhyay. The NSS Volunteers learnt many reasons ,symptoms and steps to cure AIDS and were told to spread it to their friends and family. Volunteers also understood the AIDS medical centre and health care across the Maharashtra.



## REPORT ON ANTI PLASTIC on September 15, 2018

Plastic pollution is a huge environment and health issues as it harms us in more than one way such as it clogs drains, causes visual pollution and proves fatal for stray animals. So with “**Awareness Campaign on Single-Use Plastics by Ministry of Environment**” United Nation (UN) is encouraging worldwide awareness and action for the protection of our environment from plastic pollution. NSS Unit has taken an initiative of “Plastic Free Cleanliness Drive” in Mohapada Market,Rasayani.

With the aim of creating Plastic Free Environment, NSS Unit has fixed following objectives under the “Plastic Free Cleanliness Drive”.To create awareness among the people on the hazards of single use of plastic and to motivate them towards the use paper or fabric (Cotton or Jute) bags.To create a plastic free environment at the adopted Village Mohadapad





## REPORT ON AWARENESS ON DIGITALIZATION AND CASHLESS ECONOMY

The **Digital India programme** is a flagship programme of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy. The activity took place Jan 15, 2019. Government of India has taken measures to promote a cashless economy through digital payments. In the view of this our NSS students were able to collect the information regarding awareness and use of ATM and cashless transactions during a survey of Mopada village. During the survey our NSS student explained to the people of different families about various methods of cashless transactions such as pre-paid cards, debit cards etc.



## REPORT ON BEACH CLEAN UP DRIVE

**Date:** December 13, 2018

**Time:** 11:00 am-1:30 pm

**Venue:** Alibagh Beach, Alibagh

**Organized By:** PHCASC NSS Unit



### Objectives:

- i. To encourage our students to take an active role in the preservation and cleaning up of the beach
- ii. To help maintain beaches clean and trash free

PHCASC NSS Volunteers participated in a mega clean up drive under ' **Swatch Bharat Abhiyan Mission**. At 11:00 am NSS Volunteers assembled at the Alibagh Beach. The gloves and masks were distributed. The volunteers proceeded to the beach and there they were provided the cleaning materials like a bin bags and tubs. The students were assigned spots to be cleaned. They picked garbage of all kinds and later segregated them and transferred them onto tractors carrying wet and dry waste. The cleanliness drive went on up to 1:30 pm



## REPORT ON CELEBRATION ON KARGIL VIJAY DIWAS

**Date:** 26<sup>th</sup> July, 2018

**Time:** 3:30p.m.

**Venue:** Pillai Hoc College of Arts, Science and Commerce,  
Rasayani

**Organized By:** PHCASC NSS Unit

**In honour of the Army's successful mission** named after the success of **operation Vijay** on this day, 26 July 1999 Kargil vijay Diwas is celebrated. India successfully took command of the high outposts which had been lost to Pakistan intruders. The kargil war was fought for more than 60 days, ended on 26 July and resulted in the loss of life on both sides, India and Pakistan. With the regain possessions of kargil, kargil Vijay diwas is celebrated on 26 July every year in honor of the kargil war's heroes.

The NSS Unit of Pillai Hoc College of Arts, Science and Commerce College, celebrated Kargil Vijay Diwas The 'Kargil Vijay Divas' on July 26 is being celebrated in a grand manner by the students and faculties of Pillai HOC College of Arts, Science and Commerce. The program started with floral tribute and candle march was paid to martyrs by all faculty members and NSS volunteers. A small documentary was shown to the students about Kargil War.” The event culminated with the recital of the National Anthem.







## REPORT ON Cloth Bag Distribution Activity

Beat the plastic drive program in the Gulsunde village and Mohopada village was organized by the NSS unit on 20<sup>th</sup> September, 2018 under the mission of "To Beat the pollution" Stop using of plastic Bag. 26 volunteers participated in the program and distributed cloth bags in the houses, shopkeepers and vendors of the Gulsunde village and Mohopada village. This event was conducted to create awareness about the causes of using plastic bags and to make people know to use cloth bags instead of plastic bags. The volunteers aware people about the causes of using plastic bags and told people to use cloth bags instead of plastic bags.



## REPORT ON CONSTITUTION DAY

**Date:** November 26<sup>th</sup>, 2018

**Time:** 3:00 pm-4:30 pm

**Venue:** Conclave 1(Architecture building)

**Organized By:** PHCASC NSS Unit

Constitution Day also known as “Samvidhan Divas” to **Commemorates the Adoption of the Constitution of India.** is celebrated in India on 26th November since 2018. On this day in 1949, Constituent Assembly of India adopted the Constitution of India which later came into effect on 26th January, 1950. Previously this day was celebrated as “Law Day”.

The NSS Unit of Pillai HOC College of Arts, Science and Commerce have celebrated the Constitution Day. MS. Shruthi Gite read the Preamble of the Constitution of India. Dr. Mathew Sir has recalled us about the 26/11 Attack which was November 26 and 27, 2008 proved to be fateful days for Mumbai as eight places of India’s financial capital were attacked by terrorists. Dr. Chelapa Lingam Sir welcomed Dr. K.M.Vasudevan Pillai Sir to address for Constitution Day. Dr. K.M.Vasudevan Pillai Sir in his address threw light on the significance of celebrating the Constitution Day. The programme ended with Vote of Thanks delivered by Dr. Jayant Sahasrabudha.

### Celebration of Constitution Day





## REPORT ON INDEPENDENCE DAY

DATE:-15TH AUGUST,2018

TIME:-7:30A.M.-9:00A.M.

VENUE:-PILLAI HOC COLLEGE OF ARTS, SCIENCE AND COMMERCE

NSS Unit of Pillai HOC College of Arts, Science And Commerce has celebrated Independence Day on 15<sup>th</sup> August,2018 to **know the establishment of a free and independent Indian nation**.The NSS volunteers perform dance on patriotic song and sung song "yeh mere watan ke logo". The flag hosting was initially done by Principal Dr. Lata Menon.The Speech was given by Ketaki Nikam from T.Y.B.M.S on "Azad Bharat".The program ended by giving refreshment to all the NSS Volunteers.



**Mahatma Education Society's  
Pillai HOC College of Arts, Science & Commerce,  
Rasayani**

**Report of the Medical Check Up Camp Organised by PHCASC in  
association with Lion's Club**

The NSS unit of PHCASC in collaboration with the Lion's Club of Navi Mumbai (Champions) had organised a free Health Check Up Camp on 24<sup>th</sup> February, 2018 at Pillai HOC College of Arts, Science & Commerce campus under "**Pradhan Mantri Swasthya Suraksha Yojana**

In all around 10 Doctors were summoned from the prestigious Apollo Hospital, Vashi. The Health Check Up Camp was inaugurated by Dr. Lata Menon, Principal, PHCASC at 10:30 am. The teaching and non-teaching fraternity too joined their hands to be the part of the noble cause.

The agenda of the Check up included the list of the following facilities:-

1. Height Weight BMI
2. B.P Check up
3. Random Blood Sugar (RBS)
4. Eye Check up
5. Lady Doctor Consultation
6. Bone Mass Density
7. Dentist

Around 150 participants were part of this occasion. The volunteers from student community were of great help in maintaining discipline throughout the course of the activity. The activity culminated by 2:30 pm.



## REPORT ON NSS DAY ORIENTATION PROGRAMME

An Orientation Programme for NSS Volunteers has been organized on NSS Day under **National Service Scheme**, September 24, 2018. The programme was inaugurated by Honorable Chief Guest Dr. Pramod Pabrekar. . The programme was started with lighting the lamp before the statue of Maa Saraswati by the dignitaries. Enlightening the volunteers about the motto, functioning, and various activities of the National Service Scheme was the main objective of organizing the Orientation programme. For the year 2017-18, 50 volunteers joined the national service scheme. The association congratulated the students for their good response. The programme was also celebrated as foundation day of NSS UNIT, PHCASC.

Dr Pramod Pabrekar was chief guest on the NSS programme. He motivated the students by his words and congratulated them for choosing NSS. He said that through NSS one can develop the personality and group behavior, simple living and dignity of labour.



## REPORT: DISTRIBUTION OF SANITARY PADS IN SAWALE AND DEVLOLI VILLAGE

DATE: 2 October 2018

VENUE: SAWALE AND DEVLOLI

ORGANIZED BY : PHCASC NSS UNIT

The unit of Pillai HOC College of Arts, Science and Commerce conducted activity on distribution and awareness of sanitary pads under scheme **Ministry of Ayush and health scheme**. The total number of NSS volunteers was 60 including 4 faculty members. The NSS volunteers also interacted with the female villagers on account of hygiene and personal care. Dr. Shivam Dube shared their views on nutritious food and health during their menstrual cycle. Such activities were conducted at Sawale and Devloli.





## REPORT ON SULABH SABKA HAQ

Date: 02 October, 2018

Venue: Group Gram Panchayat Devololi

Organized: NSS Unit of PHCASC

The NSS Unit of Pillai HOC College of Arts, Science and Commerce with association with Group Gram Panchayat of Devololi had organized Sanitation Drive Under '**Har Ghar Sauchalay Yojana**' with 60 volunteers and 4 faculty members to raise awareness of proper hygiene and sanitation among the villagers. Teams of volunteers spread around the village with chanting slogans of sanitation and hygiene and also interacted with villagers about hygiene and sanitation and also discussed about pros and cons. The activity started with interaction with Gram Panchayat of Devololi and some officials from nearby companies. Officials of nearby companies inaugurated the toilets for the village.

We conclude this activity by facilitating them.



## REPORT ON UNNAT BHARAT ABHIYAN

Date:-December 29<sup>th</sup>, 2018

Time:-2:30 p.m.-6:30.p.m.

Venue:-Majgoan Gram Sabha

Organised by:-PHCASC NSS Unit

.The NSS Unit of Pillai HOC College of Arts, science and Commerce,Rasayani had an active participation in Anti-Plastic Campaign under **Unnat Bharat Abhiyan**. The anti-plastic campaign has been formulated to build the capacity of Majgoan communities about the various effects of plastic waste on their ecosystem under the banner of UBA. This project was developed due to the acclimatized usage and habitual inappropriate disposal of polythene bags and other plastic items by community dwellers in Majgoan communities in and around.

Despite the sensitivity of the ecosystem Majgoan and its inhabitants find themselves in, inappropriate waste disposal is a habit of the community. Upon visiting the village, plastic waste, especially used polythene bags, were found in and around houses in the community. The anti-plastic campaign and community capacity building event brought together 30 volunteers – a mix up of students (youth) and adults who have interest in environmental advocacy.

At this point, volunteers were equipped with all the knowledge they had spoken against the excessive use of plastics and proper disposal of its resulting waste.





**Mahatma Education Society's**  
**Pillai HOC College of Arts, Science and Commerce**  
**Rasayani**

**Report on Disposal of Waste**

**Under the Government of Maharashtra Environment Department Scheme** Waste accumulation affects the environment as hazardous substances, increases toxicity and ways in which the waste reticulates in air and water, causing serious harm to humans and other life. Apart from solid natural waste, there are other types of man-made wastes that are more hazardous to the environment. Cell phone made of lead, mercury and plastic and so many millions of them get thrown as garbage. As the problem of waste accumulation reaches threatening proportions, a worldwide effort is on to control waste and to manage it. Many countries and individual towns are making an effort in their own way to manage waste. Realising the importance to address this issue, a seminar was organised on “Disposal of Waste - Negative Implications on Environment and Remedial Measures”. The invited speaker was Mr. Ganesh Kadu, founder and Chairperson, Shree Siddhivinayak Social Sanstha, Raigad who has initiated ‘zero garbage campaign’ under the NGO he runs. Pillai HOC college of Arts, Science and Commerce help the above programme on 19 August, 2018

Mr. Kadu pointed out the importance on segregation of wastes which is the primary step in waste management. He explained the difference between wet and dry waste, rather degradable and non-degradable wastes and their impacts on environment. The seminar generated great interest among the students. The discussion after the session was active and response of the students were very evident. Many students expressed their willingness to participate in his project on waste management and even planned a street play based on this issue to create awareness among the people. The seminar was interesting, educative and thought-provoking and the students clearly benefitted from the event.



## Reports on Martyr's Day

Date :- 30 January,2019

Time:- 2.40 pm onwards

Venue:- College Ground

Organized by:- NSS Unit

NSS unit of Pillai HOC College of Arts, Science and Commerce Rasayani, Raigarh had organised Martyr's day on 30th January 2018 to **commemorate the sacrifices given by freedom fighters**. Group of 43 students along with two faculty members of Pillai H O C College of Arts Science and Commerce planted trees in the memory of those who lost their life in the name of country and also Speech was given by Volunteers. The aim of this event was to spread awareness about India's integrity and to spread brotherhood in the society.



## **REPORT ON AWARENESS ON GENDER SENSITIZATION ON OCCASION DIWALI CELEBRATION**

Date: 7th November, 2018

Venue: Wasambewadi

Organized by: NSS Unit of PHCASC

56 NSS volunteers and 4 faculty members of Pillai HOC Arts, Science and Commerce had celebrated “APNO WALI DIWALI “with mission **Beti Bachao Beti Padhao Scheme** with tribal kids and also made awareness of gender sensitization in association of Rotaract Club .It precise over gender sensitivity, the modification of behaviour the rising awareness of gender equality concern and one to one interaction done with tribal kids about equality. They also arranged and had played games with them. The NSS volunteer also entertains them by singing song, reciting poem, dance and an act. The volunteers celebrated Diwali by lighting up Diyas and by distributing snacks and sweets to them. The activity ended with by giving gifts to the children. From this we learnt Happiness cannot be measured.



## REPORT ON UNNAT BHARAT ABHIYAN SURVEY

(Issues related to livestock)

Date:- 11<sup>th</sup> November, 2018

Venue:- Devlooli, Sawale, Gulsunde, and Karade Village

Organized by:-Pillai HOC College of Arts, Science & Commerce

The NSS Unit of Pillai HOC College of Arts, Science & Commerce, Rasayani had active participation in **Unnat Bharat Abhiyan**. 50 volunteers of NSS Unit and other students had done survey in different villages like Devlooli, Sawale, Gulsunde and Karade. The survey was based on Issues related to livestock. All the NSS volunteers had done this project on Sundays. At the end of the project we came to know the various problems like lack of animal housing, feed scarcity, Deficiency of vaccines and vaccination set-up faced by the villagers.



**MAHATMA EDUCATION SOCIETY'S  
PILLAI HOC COLLEGE OF ARTS, SCIENCE & COMMERCE**

**Report on Apta Railway station**

**Swachh Bharat Abhiyan**- Cleanliness Drive was conducted by Pillai HOC College of Arts, Science & Commerce. It is a campaign by the Government of India to clean the streets, roads and the infrastructure of the country's statutory cities & towns.

Swachh Bharat Abhiyan (Clean India Movement) was held on 15 Feb 2018 by the PHCASC in association with NSS. Around 36 students participated in this drive. The main aim of this campaign was to focus on sanitation & maintain hygienic environment. The location of the Cleanliness Drive was Apta railway station . Students picked up the broom, cleaned the platform, piled up the garbage and contributed to Clean India Movement. They spread the social message of keeping the surrounding clean by painting the message on wall.

The cleanliness drive ended by cleaning the surrounding.



## **Yoga Day-(June 21, 2017)**

Under the **Ministry of Ayush Health Scheme** International Yoga Day was celebrated on 21<sup>st</sup> June, 2017 to bring peace, harmony and happiness to every soul in Pillai HOC College of Arts, Science and Commerce. Yoga embodies unity of mind and body. Different yoga postures like Vrikshanana, Uttanasana, Trikonasana, Bhadrasana, Bhujangasana were demonstrated by the instructor Mr. Diwakar Wadhkar. Finally yoga day ended with Pranayama and meditation.



## **Tree Plantation Day (July 18, 2017)**

Under the '**Van Mahotsav**' Scheme to create social awareness about the importance of 'Conservation of Trees', the NSS Unit of our college, like every year, organised a Tree Plantation drill in wasamebe wadi, shinde wadi and vayeghan July 18, 2017.

The students were enthusiastic about the event. The volunteers along with the Programme officer planted around 458 saplings. The programme ended on an inspirational note where the spirit of mankind was all prevalent.



## **NSS Day- ( September 24, 2017)**

In an attempt to celebrate the foundation day of NSS Unit of University, we celebrate NSS Day under the scheme **National Service Scheme Day** in our college on September 24, 2017. We conducted a short programme on the day with our unit of 50 Volunteers. The event opened with Flag Hoisting in the Campus premises. The programme ended on a pledge on keeping the principle of NSS **“Not Me, But You”** ever alive.



## **LITERACY DAY (September 8,2017)**

NSS unit in association with Internal Quality Assurance cell (IQAC) of Pillai HOC college of Arts, Science and Commerce, Rasayani had organized a webinar on “Literacy Day” on 8<sup>th</sup> September, 2017 under the scheme of **Padhna Likhna Abhiyan**.

September 8 was declared International Literacy Day by UNESCO in 1965. The aim of the day is to highlight the importance of literacy to individuals, communities and societies.



## **Campus Cleaning ( September 16,2017)**

The NSS unit of our college conducted a campus cleaning programme on Cleanliness Drive under the **Nehru Yuva Kendra Scheme** event held on September 16, 2017. All the NSS Volunteers were engaged in this cleaning programme. The NSS Programme officer Ms. Kalavati Upadhyay divided the NSS Volunteers into several groups. Each group member was allocated with a particular area for cleaning. Three groups were asked to collect all the stones from the ground separately in different sacs. The renewable such as dry leaves, twigs, papers etc and non-renewable wastes such as carry bags, plastic items etc. were collected separately.



## **Play and learn (September 30,2017)**

With a mission of **Sarv Siksha Abhiyan** to spark children learning through play. While recognizing that children learn in many ways, the NSS Unit focuses on the learning that occurs through child- centered play. Play may seem simple, yet it is profound to a child's development which makes learning joyful and natural.

Our 210 NSS Volunteers along with college students and 2 teachers visit adopted village Gulsundhe every Saturday and Sunday to teach English through play and child development into an interactive learning environment through its exhibits and programs. The daily interactions and experiences you share with the children is how they learn about the world around them. Play is a powerful and important activity. It has a natural and positive influence on children's social, physical, emotional and cognitive development. The best learning happens when children play. It is important to let your children play every day. A play-based learning with Yoga encourages talking, reading, thinking and writing. Through this, your child sees literacy and numeracy as part of their everyday experience.

Play along with them and you will be amazed at what you can learn together.



### **Swachh Bharat Mission-( October 02, 2017)**

This event was held on October 2, 2017 under the scheme **Swachh Bharat Abhiyan Mission**. It was an activity for the volunteers of **NSS**. The unit went to Mohopada , wasamewadi ,shinde wadi and cleaned the local areas and made the place tidy and created awareness about the cleanliness. The volunteers explain the importance of cleanliness to local people in Mohopada.



### **Diwali Serve Humanity- (October 18,2017)**

Under the scheme **Ek Bharat Shreshtha Bharat Scheme** the NSS Unit of Pillai HOC College of Arts,Science and Commerce made a visit to 'Shantivan Old-Age Home' to celebrate Diwali with the elderly people. Around 55 Volunteers and 4 faculty members had participated in the Diwali Celebration at Shantiwan. NSS volunteers interacted with all the residents of this old age home and also discussed about their hobbies and current life in Shantivan. The Activity was ended by offering shawls to them on this festive season and a thanks giving speech by NSS Co-ordinator Kalavati Ma'am. All the people from Shantivan were grateful and delighted with the initiative taken by our NSS students. It was a wonderful experience to spend some quality time in the company of these people and all our students could develop a sense of responsibility and social bonding through this practice.



## **Children's Day-( November 14, 2017)**

The NSS unit of Pillai HOC College of Arts, Science and Commerce celebrated **Children's Day** in the best way possible under the scheme **to pay tribute to our former Prime Minister, Pandit Jawahar Lal Nehru**. The NSS students spread happiness by distributing books, pencils, coloured pencils and other stationery items among the children of Wasambe Wadi.





## **CELEBRATION OF WORLD ENVIRONMENT DAY & WORLD POPULATION DAY (July 05, 2017)**

Under the scheme **Towards a Greener and Cleaner India** The NSS Unit of Pillai HOC College of Arts, Science & Commerce had organized an Exhibition Competition on the theme 'Environmental Concerns and Eco-friendly Measures' on Friday, 05 July, 2017 to celebrate World Environment Day and World Population Day. The event saw young enthusiastic participants from different courses putting up 50 participatory exhibits of innovative working models, posters, photographs and eco-friendly products. The programme was inaugurated by Prof. Kalavati upadhyay, PO of Pillai HOC College of Arts, science and Commerce. The judges applauded the students for their novel ideas which would help the world to become a much better place to live in. At the end best three were declared the winners of the exhibition Competition by the respective judges.



## **Constitution Day-( November 26, 2017)**

Constitution Day was celebrated on November 26, 2017 in the college campus under the scheme **commemorating the adoption of the Constitution of India**. It was a day when special lectures were conducted for the students by Mr. R.B Patil, Management Representative, Pillai HOC International School and Prof. Swati Mishra. There were 65 students from B.com/B.M.S./ CS/IT, who attended the lecture. They were given a brief study of the Indian constitution on that day.

### **Lecture by Mr. R.B. Patil and Prof. Swati Mishra**



## **Blood Donation Day-( August 26, 2017)**

The NSS unit of Pillai HOC College of Arts, Science and Commerce in association with The Rotary Club of Patalganga conducted a **Blood Donation Camp** in the college premises on 26<sup>th</sup> August 2017 under the scheme **Ministry of Youth affair and Sports** . Around 45 volunteers and staff donated blood . The slogan for the Blood Donation Camp was '**Give Blood, Give Life**'.





## Activity based on Adopted Village

( Saturday/ Sunday)

Under the scheme **Ministry of Youth affairs and Sports** this activity is conducted on all the weekends. It is an activity for the volunteers of NSS. They Visit a nearby village, Wasambe Wadi and teach the children there. Children from all age groups attend the activities. The volunteers teach them drawing, craft and English. They are also given lessons on personal hygiene.







## **AIDS Day-( December 01, 2017)**

NSS unit of Pillai HOC College of Arts, Science and Commerce conducted 'AIDS Awareness Rally' on December 01, 2017 under the scheme **Red Ribbon Scheme**. Around 45 volunteers holding banners, posters and slogans proceeded to various regions of HOC colony and main street of Mohopada to propagate awareness on AIDS, other related information, education and preventive measures.



**Rally on AIDS Day**





## **Community Service Day-( January 23, 2017)**

Under the scheme to **celebrate the togetherness among all** the NSS unit of Pillai HOC College of Arts, Science and Commerce conducted an event '**Community Service**' on January 23, 2017 in which the NSS volunteers and staff interacted with the students of 'Vanvasi Kalyan Ashram' and conducted art and craft work sessions, cultural activities and games. Volunteers and staff arrange games like musical chairs, passing the ball and songs sung by all staff . The day ended with full of energy and excitement.



## **WORKSHOP ON THALASSEMIA- (January 20,2018)**

Thalassemia is an incurable disease. Only awareness may help us to protect ourselves from this curse of the society. Therefore the National Service Scheme PHCASC,Rasayani College Unit organized a Thalassemia Awareness Workshop in PHCASC College in association with the Thalassemia Unit of Lion Club of Navi Mumbai under the scheme of the **Ministry of Ayush**, on 20th january, 2018. Usha Talwar Ma'am gave the welcome address and discussed some important points about Thalassemia especially . Then Usha Talwar Ma'am discussed and analysed the cause of Thalassemia and drew the measures for prevention of

Thalassemia. So as the workshop ended students had a small discussion session with Usha Ma'am.

